

GRADE SIX HIV EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	Taking Care of Our Changing Bodies	▪ Learning why HIV education is important. ▪ Learning how HIV can be transmitted. ▪ Finding health information from a trusted website.
2	HIV: Minimizing Risk	▪ Learning ways to reduce the risk of HIV transmission. ▪ Deciding if situations are risky. ▪ Creating a message about HIV prevention.
3	Assertive Communication	▪ Learning ways to clearly communicate with others. ▪ Practicing how to speak to others in a clear way.
4	Respecting Boundaries and Asking for Consent	▪ Defining consent. ▪ Demonstrating how to respect boundaries.
5	Challenging Gender Stereotypes	▪ Defining stereotypes. ▪ Learning how stereotypes can influence people.

GRADE SEVEN HIV EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	Understanding Attraction	▪ Learning the benefits of being unique. ▪ Learning how friends and family can influence beliefs about attraction.
2	Respecting Personal Boundaries	▪ Learning what boundaries are. ▪ Practicing how to speak clearly about boundaries.
3	Sexual Harassment Hurts	▪ Learning the rights and responsibilities of students. ▪ Using decision making steps to respond to sexual harassment.
4	HIV: The Power of Prevention <i>*Opt-Out Prevention Lesson</i>	▪ Learning how abstinence, condoms, medicine, and testing prevent HIV transmission. ▪ Learning how to review a resource to determine if it has accurate information about HIV.
5	Advocacy in Action: How Our History Can Shape Our Future	▪ Learning how advocacy improved HIV prevention and education. ▪ Practicing how to advocate for changes to improve the health of kids in New York.
6	HIV: A Virus Doesn't Define a Person	▪ Learning the impact of stigma on people living with HIV. ▪ Understanding the influences that shape beliefs.

GRADE EIGHT HIV EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	The Building Blocks of Healthy Relationships	▪ Learning how to improve relationships. ▪ Making a goal to improve relationships.
2	Repairing Harm in Relationships	▪ Learning how a relationship can be unhealthy. ▪ Communicating needs and wants. ▪ Repairing harm in a relationship.
3	Understanding Sexual Assault, Sexual Abuse, and Dating Violence	▪ Learning signs of sexual assault, sexual abuse, and dating violence. ▪ Helping a friend who is experiencing violence.
4	Making Choices to Prevent Pregnancy, HIV, and Other STIs <i>*Opt-Out Prevention Lesson</i>	▪ Learning how condoms can prevent HIV transmission and prevent pregnancy. ▪ Learning the value of abstinence. ▪ Making decisions when there are barriers to condom use.
5	Access to Trusted Care and Testing <i>*Opt-Out Prevention Lesson</i>	▪ Learning what youth-friendly sexual health services are. ▪ Locating local resources.
6	Respect for All in Middle School	▪ Learning school policies and programs that promote a safe and respectful environment. ▪ Promoting safety and respect for all students.