

GRADE NINE HIV PREVENTION EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	What is HIV?	▪ Learning about the characteristics of HIV and AIDS. ▪ Learning how HIV can be transmitted, both sexually and other than through sex.
2	Our Rights to HIV Testing, Prevention and Care <i>*Opt-Out Prevention Lesson</i>	▪ Learning about the effects of HIV on different communities. ▪ Learning about PrEP. ▪ Learning about teens' rights related to HIV.
3	Making Decisions for HIV	▪ Learning about the importance of decision making. ▪ Demonstrating how to use a four-step decision model.
4	Consent: Yes Means Yes, No Means No	▪ Learning about communicating with a partner. ▪ Demonstrating how to clearly talk about sexual consent.
5	Condom Confidence <i>*Opt-Out Prevention Lesson</i>	▪ Learning about condoms. ▪ Demonstrating how to correctly use condoms. ▪ Learning where young people can access condoms for free or very low cost.
6	What If You Were in Charge?	▪ Understanding how the HIV epidemic was handled by the government and healthcare systems. ▪ Learning about HIV policies in NYC. ▪ Identifying other policies that could support access to HIV information, prevention, testing, and treatment.

GRADE TEN HIV PREVENTION EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	Affirmative Consent	▪ Learning about affirmative consent. ▪ Understanding when a person does and does not have consent to do something. ▪ Communicating with a partner about consent, sexual boundaries, and safer sex.
2	HIV Transmission: What We Do vs. Who We Are <i>*Opt-Out Prevention Lesson</i>	▪ Understanding the difference between behavior and identity when it comes to HIV risk. ▪ Learning what puts a person at risk for HIV and how to reduce the risk.
3	Connecting Oppressions: HIV Criminalization	▪ Reviewing how HIV can be transmitted. ▪ Learning how laws and bans related to HIV played a role in the HIV epidemic. ▪ Analyzing the impact of laws related to HIV.
4	Getting Tested for HIV: What You Need to Know	▪ Learning about how HIV affects a CD4 cell. ▪ Learning about the “window period.” ▪ Learning about HIV testing and treatment options in NYC. ▪ Learning about minors’ rights related to HIV testing and treatment in NYC.
5	HIV Testing and Prevention in NYC <i>*Opt-Out Prevention Lesson</i>	▪ Identifying places in NYC where teens can go for HIV prevention methods, testing, and treatment.
6	Finding and Accessing Sexual Health Care	▪ Learning about common sexual health care services. ▪ Learning how to make an appointment for sexual health care. ▪ Identifying sexual health care providers.

GRADE ELEVEN HIV PREVENTION EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	Talking About Affirmative Consent	▪ Learning about consent. ▪ Demonstrating how to ask for consent.
2	There Are Lots of Ways to Reduce the Risk <i>*Opt-Out Prevention Lesson</i>	▪ Understanding the types of sex that have no, lower, or high risk for HIV. ▪ Analyzing what influences a person's choice to have sex.
3	Your Personal Sexual Health Care	▪ Learning about the ways human bodies are the same and different. ▪ Learning about a sexual health care management plan.
4	HIV and STI Testing 101: Getting Tested, Knowing Your Rights	▪ Learning about getting a HIV or STI test. ▪ Learning about minors' rights related to STI/HIV testing. ▪ Identifying resources related to HIV testing for minors.
5	Clinic Characteristics: Finding a Youth-Friendly Provider	▪ Learning about youth-friendly clinics. ▪ Assessing personal priorities in finding a health care provider.
6	Emergency Sexual Health Care: What to Do If... <i>*Opt-Out Prevention Lesson</i>	▪ Learning about common sexual health emergencies. ▪ Identifying trusted resources that can be used in sexual health emergencies.

GRADE TWELVE HIV PREVENTION EDUCATION

Lesson #	Lesson Title	Concept and Skill Focus
1	NYC HIV Advocacy Champions	▪ Learning what it means to be an advocate. ▪ Identifying advocates and events from the HIV epidemic in NYC. ▪ Identifying ways to be an advocate.
2	Health Care Practices for a Lifetime <i>*Opt-Out Prevention Lesson</i>	▪ Learning how stereotypes and discrimination can create barriers to sexual health care. ▪ Learning about HIV health care practices. ▪ Identifying ways to access quality sexual health care, regardless of their identity.
3	Your Sexual Health Rights as a Minor in NYC <i>*Opt-Out Prevention Lesson</i>	▪ Learning why it's important for young people to have access to sexual health care services. ▪ Identifying sexual health care services for young people in NYC. ▪ Learning about LGBTQ rights to health care.
4	Condom Proficiency <i>*Opt-Out Prevention Lesson</i>	▪ Demonstrating how to use external and internal condoms. ▪ Learning about common mistakes in using or storing condoms ▪ Identifying where young people can get condoms in NYC.
5	Communication with Partners <i>*Opt-Out Prevention Lesson</i>	▪ Practicing skills for active listening. ▪ Identifying skills for conflict management. ▪ Learning why conflict management skills are important to have in relationships.
6	Respect = Care <i>*Opt-Out Prevention Lesson</i>	▪ Learning about ways a person can show respect for their partner and their sexual health. ▪ Creating conversation starters for talking about sexual health care with a partner.