



# ASTMAGA QARSHI DORILARNI QABUL QILISH SHAKLI

Sog'liqni saqlash provayderlaridan dori-darmonga buyurtma berish shakli | Maktab sog'liqni saqlash idorasi | 2026-2027-o'quv yili  
Shaklni maktab hamshirasi/maktab qoshidagi sog'liqni saqlash markaziga qaytaring. 1-iyundan keyin topshirilgan shakllar yangi o'quv yili uchun ularni qayta ishlashni kechiktirishi mumkin.

O'quvchining familiyasi: \_\_\_\_\_ Ismi: \_\_\_\_\_ O'rta initials: \_\_\_\_\_ Tug'ilgan sanasi: \_\_\_\_\_  
Jinsi:  Erkak  Ayol OSIS #: \_\_\_\_\_ Sinfi: \_\_\_\_\_ Sinfi: \_\_\_\_\_ Ta'lim boshqarmasi okrugi: \_\_\_\_\_  
Maktab (ATS DBN / nomini, manzilini va tumanini ko'rsating): \_\_\_\_\_

## HEALTH CARE PRACTITIONERS COMPLETE BELOW

**Diagnosis**  Asthma  Other: \_\_\_\_\_  
**Severity** (see NAEPP Guidelines)  Intermittent  Mild Persistent  Moderate Persistent  Severe Persistent  Unknown  
**Control** (see NAEPP Guidelines)  Well Controlled  Not Controlled / Poorly Controlled  Unknown

### Student Asthma Risk Assessment Questionnaire (Y = Yes, N = No, U = Unknown)

Y  N  U | History of life-threatening asthma (loss of consciousness, hypoxic seizure, or intubation)  
 Y  N  U | History of asthma-related PICU admissions (ever)  
 Y  N  U | Received oral steroids within past 12 months \_\_\_\_\_ times last: \_\_\_\_\_  
 Y  N  U | History of asthma-related ER visits within past 12 months \_\_\_\_\_ times last: \_\_\_\_\_  
 Y  N  U | History of asthma-related hospitalizations within past 12 months \_\_\_\_\_ times last: \_\_\_\_\_  
 Y  N  U | History of food allergy or eczema, specify: \_\_\_\_\_  
 Y  N  U | Excessive Short Acting Beta Agonist (SABA) use (daily or > 2 times a week)? \_\_\_\_\_

### Home Medications (include over the counter) None

Reliever:  Albuterol  Budesonide/formoterol  Other: \_\_\_\_\_  
 Controller:  Albuterol  Budesonide/formoterol  Other: \_\_\_\_\_  
 Other: \_\_\_\_\_

### Student Skill Level (select the most appropriate option):

Nurse-Dependent Student: nurse must administer  
 Supervised Student: student self-administers, under adult supervision  
 Independent Student: student is self-carry/self-administer  
 I attest student demonstrated ability to self-administer the prescribed medication effectively during school, field trips, and school sponsored events.  
Practitioner's Initials: \_\_\_\_\_

### Quick Relief In-School Medication

• **Emergency Plan: If in Respiratory Distress: call 911 and give albuterol 6 puffs: may repeat Q 20 minutes until EMS arrives!**  
• **Individual spacers are provided by the school. Schools will only provide Albuterol MDI and Fluticasone 110 ucg**  
 **Standard Albuterol Order: 2 puffs Q4 prn cough, wheezing, difficulty breathing, chest tightness or shortness of breath.**  
Monitor for 20 mins or until symptom-free. If not symptom-free within 20 mins may repeat ONCE.

**Pre-exercise:**  Albuterol  Budesonide/formoterol  
Dose: \_\_\_\_\_ puffs/ \_\_\_\_\_ AMP  15-20 mins before exercise  PRN \_\_\_\_\_

**URI Symptoms/Recent Asthma Flare:**  Albuterol  Budesonide/formoterol  
Dose: \_\_\_\_\_ puffs/ \_\_\_\_\_ AMP q \_\_\_\_\_ hrs prn symptoms for \_\_\_\_\_ days or as per PCP's Special Instructions/Other Orders below

**Other Anti-inflammatory Reliever Medication instead of Standard Albuterol Order: SMART/MART (ginasthma.org): Administer medication for respiratory symptoms: cough, wheezing, difficulty breathing, chest tightness, or shortness of breath; if not symptom-free in 20 minutes, may repeat ONCE. The Standard Albuterol Order will be implemented if medication prescribed below is unavailable.**

Budesonide/formoterol (provided by parent): Strength: \_\_\_\_\_ Dose:  1 puff  2 puffs every 4 hours PRN respiratory symptoms

Albuterol with ICS: Albuterol: 2 puffs plus Fluticasone 110 mcg \_\_\_\_\_ puffs every 4 hours PRN respiratory symptoms.

Albuterol \_\_\_\_\_ puffs + ICS (provided by parent) Name: \_\_\_\_\_  
Strength: \_\_\_\_\_ Dose \_\_\_\_\_ puffs every 4 hours PRN respiratory symptoms

Albuterol or other Quick-Relief Medication: Name: \_\_\_\_\_  
Strength: \_\_\_\_\_ Dose \_\_\_\_\_ puffs/AMP: \_\_\_\_\_ every \_\_\_\_\_ hours PRN respiratory symptoms

### Special Instructions/Other Orders: \_\_\_\_\_

### Controller Medications for In-School Administration (Recommended for Persistent Asthma, per NAEPP Guidelines)

**Stock Fluticasone 110 mcg will be used if prescribed medication below is not available.**

Fluticasone [Only Fluticasone® 110 mcg MDI is provided by school for shared usage]  Stock  Parent Provided

Standing Daily Dose: \_\_\_\_\_ puff(s)  one OR  two time(s) a day Time: \_\_\_\_\_ AM and \_\_\_\_\_ PM

Budesonide/formoterol (provided by parent). Standing Daily Dose: \_\_\_\_\_ puff(s)  one OR  two time(s) a day Time: \_\_\_\_\_ AM and \_\_\_\_\_ PM

Special Instructions: \_\_\_\_\_

Other ICS (provided by parent) Standing Daily Dose: Name: \_\_\_\_\_  
Strength \_\_\_\_\_ Dose \_\_\_\_\_ Route \_\_\_\_\_ Frequency:  one OR  two time(s) a day Time: \_\_\_\_\_ AM and \_\_\_\_\_ PM

### Health Care Practitioner

Last Name (Print): \_\_\_\_\_ First Name (Print): \_\_\_\_\_ Please check one:  MD  DO  NP  PA

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ NYS License # (Required): \_\_\_\_\_ NPI #: \_\_\_\_\_

Completed by Emergency Department Medical Practitioner:  Yes  No (ED Medical Practitioners will not be contacted by OSH/SBHC Staff)

Address: \_\_\_\_\_ Email address: \_\_\_\_\_

Telephone: \_\_\_\_\_ FAX: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**CDC and AAP strongly recommend annual influenza vaccination for all children diagnosed with asthma.**

SHAKLLARNI REZIDENT TO'LDIRISHI MUMKIN EMAS  
SHIFOKORGA OID TO'LIQ BO'LMAGAN AXBOROT DORI-DARMONGA BUYURTMA BERISHNI KECHIKTIRADI

Tahrir 2/26  
OTA-ONALAR 2-BETDA IMZOLASHI LOZIM

## ASTMAGA QARSHI DORILARNI QABUL QILISH SHAKLI

Astmaga oid sog'liqni saqlash provayderlaridan dori-darmonga buyurtma berish | Maktab sog'liqni saqlash idorasi | 2026–2027-o'quv yili  
Shaklni maktab hamshirasi/maktab qoshidagi sog'liqni saqlash markaziga qaytaring. 1-iyundan keyin topshirilgan shakllar yangi o'quv yili uchun ularni qayta ishlashni kechiktirishi mumkin.

### OTA-ONA/VASIY: O'QIDIM, TO'LDIRDIM VA IMZO CHEKDIM. IMZO CHEKISH ORQALI MEN QUYIDAGILARGA ROZILIK BILDIRAMAN:

- Farzandimning shifokorining ko'rsatmalariga muvofiq maktabda farzandimga dorilarni saqlash va tarqatishga rozilik beraman. Shuningdek, men farzandimning dorilari uchun zarur bo'lgan har qanday jihozlarni maktabda saqlash va ishlatilishiga
- Men quyidagilarni tushunaman:
  - Men farzandimning dorilari va jihozlarini, jumladan, albuterol bo'lmagan ingalyatorlarini maktab hamshirasi/maktabdagi sog'liqni saqlash markazi (SBHC) provayderiga taqdim etishim kerak.
  - Maktabda beriladigan barcha retsept va retseptsiz dorilar yangi, ochilmagan va asl qadog'ida bo'lishi kerak. Farzandim maktab kunlarida foydalanishi uchun maktabni joriy, muddati o'tmagan dorilar bilan ta'minlayman.**
    - Retsept bo'yicha dori qadog'i yoki flakoni dorixonaning **asl** yorlig'iga ega bo'lishi kerak. Yorliqda quyidagilar ko'rsatilishi kerak: 1) farzandimning ismi, 2) dorixon nomi va telefon raqami, 3) farzandim shifokorining ismi, 4) sana, 5) qayta to'ldirish soni, 6) dori nomi, 7) dozasi, 8) dorini qachon qabul qilish kerakligi, 9) dorini qanday qabul qilish kerakligi va 10) boshqa ko'rsatmalar.
  - Farzandimning shifokori bilan maslahatlashganimni tasdiqlayman va agar farzandimda astma dorilari bo'lmasa, maktab sog'liqni saqlash boshqarmasi (OSH) farzandimni dori bilan ta'minlashga rozilik beraman.
  - Farzandimning dorilari yoki sog'liqni saqlash provayderi ko'rsatmalaridagi har qanday o'zgarishlar haqida maktab hamshirasi/shifokorini **darhol** xabardor qilishim kerak
  - OSH va uning farzandimga yuqoridagi tibbiy xizmatlarni ko'rsatishda ishtirok etgan xodimlari ushbu shakldagi ma'lumotlarning to'g'riligiga tayanadi
  - Ushbu dorilarni qabul qilish uchun ruxsatnoma shaklini (MAF) imzolash orqali men OSH farzandimga tibbiy xizmatlar ko'rsatishga ruxsat beraman. Ushbu xizmatlar OSH sog'liqni saqlash amaliyot shifokori yoki hamshira tomonidan klinik baholash yoki fizik tekshiruvni o'z ichiga olishi mumkin, lekin ular bilan cheklanmaydi.
  - Ushbu MAF bo'yicha dorilarga ko'rsatma berish muddati farzandimning o'quv yilining oxirida tugaydi, yozgi sessiyani o'z ichiga olishi mumkin yoki men maktab hamshirasi/SBHC provayderiga yangi MAF ni berganimda tugaydi, bu qaysi holat birinchi bo'lishiga bog'liq.
  - Ushbu dori qabulining amal qilish muddati tugagach, men farzandimning maktab hamshirasi/SBHC provayderiga farzandimning birlamchi tibbiy yordam shifokori tomonidan yozilgan yangi dorilarga ruxsat berish shaklini taqdim etaman. Agar bu bajarilmasa, men maktab hamshirasi/SBHC ga farzandimni OSH provayderi tekshirishini istamasligim haqida xat bermagunimcha, farzandimni OSH provayderi tekshirishi mumkin. OSH provayderi mening farzandimning astma belgilari va buyurilgan astma dorilariga javobini baholashi mumkin. OSH provayderi dori qabuli o'zgarimasligi yoki o'zgartirilishi kerakligi haqida qaror qabul qilishi mumkin. Mening farzandim OSH orqali sog'liqni saqlash xizmatlarini olishda davom etishi uchun OSH provayderi yangi MAFni to'ldirishi mumkin. Mening shifokorim yoki OSH provayderim kelajakdagi astma MAFlarini to'ldirish uchun mening imzoyimga muhtoj emas. Agar OSH sog'liqni saqlash mutaxassisi farzandim uchun yangi MAF chiqarsa, u men va farzandimning sog'liqni saqlash mutaxassisiga xabar berishga harakat qiladi.
  - Ushbu shakl mening roziligim va ushbu shaklda tasvirlangan qandil astmani davolash xizmatlarini olishga bo'lgan so'rovimni tashkil etadi va uni to'g'ridan-to'g'ri maktabga topshirish mumkin. Bu OSH tomonidan so'ralgan xizmatlarga rozilik hisoblanmaydi. Agar OSH ushbu xizmatlarni taqdim etishga rozi bo'lsa, farzandim Bo'lim 504 yashash rejasiga muhtoj bo'lishi mumkin. Ushbu reja maktab tomonidan tuziladi.
  - Farzandimga g'amxo'rlik yoki davolanishni ta'minlash uchun OSH farzandimning sog'lig'i, dorilari yoki davolanishi haqida zarur deb hisoblagan boshqa ma'lumotlarni olishi mumkin. OSH bu ma'lumotni farzandimga tibbiy yordam ko'rsatgan har qanday amaliyot shifokori, hamshira yoki farmatsevtidan olishi mumkin

**ESLATMA: Agar shoshilinch dori vositalaridan foydalanishni tanlasangiz, farzandingizning maktab safari va/yoki darsdan tashqari mashg'ulotlari uchun astma ingalyatori, epinefrin va boshqa tasdiqlangan dorilarni olib kelishingiz kerak. Shoshilinch dori vositalaridan faqat maktabda mehnatni muhofaza qilish va sog'liqni saqlash bo'yicha xodimlar foydalanishi mumkin.**

### DORILARNI MUSTAQIL QABUL QILISH UCHUN (FAQAT MUSTAQIL O'QUVCHILAR):

- Farzandim barcha tayyorgarlikdan o'tganini va mustaqil ravishda dorilarni qabul qilish olishini tasdiqlayman. Men farzandimning maktabda va sayohat paytida ushbu shaklda ko'rsatilgan dorilarni olib yurishiga, saqlashiga va mustaqil foydalanishiga rozilik beraman. Men yuqorida aytib o'tilganidek, ushbu dorilarni farzandimga flakon yoki qutilarda yuborish uchun javobgarman. Shuningdek, men farzandimning dori vositalaridan foydalanishini nazorat qilish va farzandimning maktabda ushbu dori vositasidan foydalanishining barcha natijalari uchun javobgarman. Maktab hamshirasi/SBHC mening farzandim dorilarni olib yurishi va mustaqil qabul qilishi mumkinligini tasdiqlaydi. Shuningdek, men maktabga tushunarli yorliqli qutilar yoki shishalarda qo'shimcha dorilarni taqdim etishga ruxsat berishga roziman

O'quvchining Familiyasi: \_\_\_\_\_ Ism: \_\_\_\_\_ MI: \_\_\_\_\_ Tug'ilgan sanasi (k/o/y): \_\_\_\_\_

Maktab (ATS DBN/nomi): \_\_\_\_\_ Tuman: \_\_\_\_\_ Tuman: \_\_\_\_\_

Ota-ona/Vasiyning ismi (bosma harflarda): \_\_\_\_\_ Ota-ona/Vasiy elektron pochta manzili: \_\_\_\_\_

Ota-ona/Vasiyning imzosi: \_\_\_\_\_ Imzolangan sana: \_\_\_\_\_

Ota-ona/Vasiyning manzili: \_\_\_\_\_

Ota-ona/Vasiyning telefon raqami: \_\_\_\_\_ Boshqa raqam: \_\_\_\_\_

Boshqa shoshilinch kontaktning ismi/qarindoshligi: \_\_\_\_\_

Boshqa shoshilinch kontaktning telefon raqami: \_\_\_\_\_

### For Office of School Health (OSH) Use Only

OSIS Number: \_\_\_\_\_ Received by – Name: \_\_\_\_\_ Date: \_\_\_\_\_

504  IEP  Other: \_\_\_\_\_ Reviewed by – Name: \_\_\_\_\_ Date: \_\_\_\_\_

Referred to School 504 Coordinator:  Yes  No

Services provided by:  Nurse/NP  OSH Public Health Advisor (for supervised students only)  
 School Based Health Center  OSH Asthma Case Manager (for supervised students only)

Signature and Title (RN or MD/DO/NP): \_\_\_\_\_

Revisions per Office of School Health after consultation with prescribing practitioner:  Clarified  Modified