

## Alternative Milk Request

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In accordance with federal Child Nutrition Program requirements, parents or legal guardians may submit a written request for an approved alternative milk for their child participating in the school meals program. Approved alternatives include lactose-free cow's milk and plant-based soy milk.

Instructions:

**Parents/Legal Guardians** – Complete all required sections of this form. Submit the completed form via email to your school's principal or school administration.

**School Principal/Administration** – Review the completed form. Forward email with the attached form to your Office of Food & Nutrition Service Manager.

**School Name:** \_\_\_\_\_

**Student Name:** \_\_\_\_\_

**Class Number:** \_\_\_\_\_

### Alternative Milk Choice

Please select one alternative milk option to be provided during meal service.

**Lactose-Free Milk**

For students with a disability that requires them to have a lactose-free cow's milk option.

**Nondairy Milk Substitute – Soy Milk**

A plant-based alternative that meets USDA nutritional requirements for fluid milk for students who cannot consume cow's milk.

**Parent/Legal Guardian Name:**

**Date**

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