

Alternative Milk Request

In accordance with federal Child Nutrition Program requirements, parents or legal guardians may submit a written request for an approved alternative milk for their child participating in the school meals program. Approved alternatives include lactose-free cow's milk and plant-based soy milk.

Instructions:

Parents/Legal Guardians – Complete all required sections of this form. Submit the completed form via email to your school's principal or school administration.

School Principal/Administration – Review the completed form. Forward email with the attached form to your Office of Food & Nutrition Service Manager.

School Name: _____

Student Name: _____

Class Number: _____

Alternative Milk Choice

Please select one alternative milk option to be provided during meal service.

Lactose-Free Milk

For students who can consume cow's milk but require a lactose-free option.

Nondairy Milk Substitute – Soy Milk

A plant-based alternative that meets USDA nutritional requirements for fluid milk.

Parent/Legal Guardian Name:

Date
