



Office of Food & Nutrition Services

NYC Public Schools

APRIL 2025: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
7	8	9	10	11
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Home Fries (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Cinnamon Knots (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
21	22	23	24	25
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
28	29	30		
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go
Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location
Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



APRIL 2025: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Egg & Cheese on a Croissant (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
7	8	9	10	11
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Home Fries (VE) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Cinnamon Knots (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
21	22	23	24	25
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
28	29	30		
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE) Breakfast Bar Yogurts (V) Assorted Berries & Fresh Cut Fruit (VE) Assorted Granola (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

OFFERED DAILY

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Whole Grain Croissant (V)</p> <p>Cheese Cubes (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Honey Cheerios (V)</p> <p>Honey Graham Cracker (V) or Animal Crackers (V)</p> <p>Applesauce (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
7	8	9	10	11
<p>Banana Breakfast Bread (V)</p> <p>Mozzarella Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Blueberry Granola (V)</p> <p>Raisins (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Frosted Mini Wheats</p> <p>Honey Graham Cracker (V)</p> <p>Plain or Strawberry Banana Applesauce (VE)</p>	<p>Cinnamon Burst Pancakes (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Apple Cinnamon Granola (V)</p> <p>Raisins (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Strawberry Banana Applesauce (VE)</p>	<p>Zucchini Carrot Breakfast Bread (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
21	22	23	24	25
<p>Honey Cheerios (V)</p> <p>Honey Graham Cracker (V) or Animal Crackers (V)</p> <p>Applesauce (VE)</p>	<p>Whole Grain Croissant (V)</p> <p>Cheese Cubes (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
28	29	30		
<p>Banana Breakfast Bread (V)</p> <p>Mozzarella Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Blueberry Granola (V)</p> <p>Raisins (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Frosted Mini Wheats</p> <p>Honey Graham Cracker (V)</p> <p>Plain or Strawberry Banana Applesauce (VE)</p>	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
7	8	9	10	11
Blueberry Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Blueberry Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
21	22	23	24	25
Blueberry Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
28	29	30		
Blueberry Breakfast Bread (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) <i>Yogurt Choice (V)</i> Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p> <p>Condiments Syrup (VE)</p>	<p>OFFERED DAILY</p> <p>Options may vary by location</p> <p>Cold Cereal Choices Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE)</p>	<p>Assorted Yogurts</p> <p>Other Fruits Applesauce, Sliced Peaches, Diced Pears, Pineapples</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
---	---	--	---	---

Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Egg & Cheese on a Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
7	8	9	10	11
Banana Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg & Cheese on a Croissant (V) Home Fries (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Blueberry Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Bagel (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Breakfast Quesadilla (V) Hash Browns (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
21	22	23	24	25
Apple Cinnamon Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
28	29	30		
Banana Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk

Whole Milk (V)
Alternative options are available upon request

(V) Indicates Vegetarian
(VE) Indicates Vegan

Seasonal Fresh Fruit

Apple Slices, Bananas, Blueberries, Mandarins, Oranges, Strawberries (VE)

Other Fruits

Applesauce, Sliced Peaches, Diced Pears, Pineapples

Cold Cereal Choices

Multi-Grain Oats (VE)
Toasted Oats (VE)

Options may vary by location

Assorted Yogurts

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.




Office of Food & Nutrition Services

NYC Public Schools

APRIL 2025: Pre-K - 8 Vegetarian Breakfast Menu

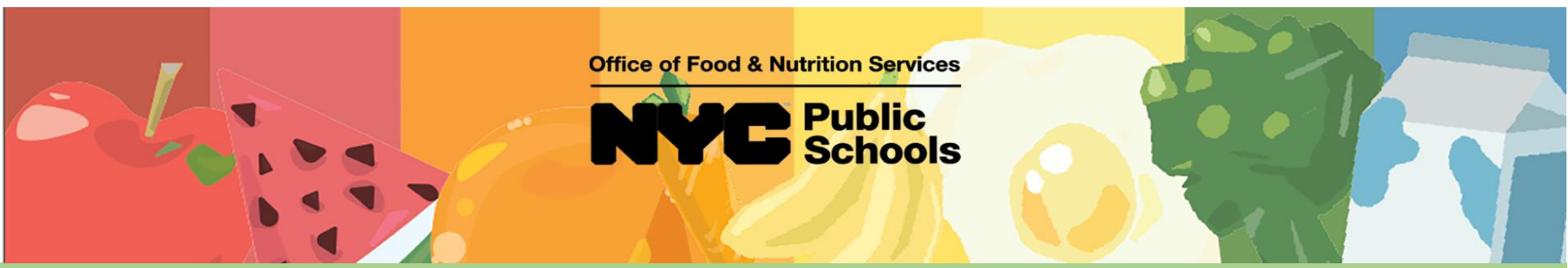
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
7	8	9	10	11
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Home Fries (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Cinnamon Knots (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
21	22	23	24	25
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
28	29	30		
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</p>	<p>OFFERED DAILY Options may vary by location Cold Cereal Choices Multi-Grain Oats (VE) Toasted Oats (VE)</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p> <p>Condiments Syrup (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
--	---	---	---	---

ATTENTION:
• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



APRIL 2025: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Chicken Tenders with Dipping Sauce</p> <p>Honey Herb Knot (V)</p> <p style="color: green;">Lemon Chive Peas (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Rainbow Bar</p>	<p style="color: red;"><u>Plastic Free Lunch Day</u></p> <p>Caribbean Style Beef Patty</p> <p>Fish and Cheese Sandwich with Tartar Sauce</p> <p>Parmesan Carrot Sticks (V)*</p> <p style="text-align: center; color: purple;">Salad Bar Plastic Free Lunch Day Bar</p>	<p>Empanada (V)</p> <p>Turkey Quesadilla</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p style="text-align: center; color: purple;">Salad Bar Fiesta Bar</p>	<p>Veggie Nuggets (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Hummus</p> <p>Grab & Go Salad (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Leafy Green Bar</p>
	7	8	9	10
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Guisado Black Beans (VE)*</p> <p>Guisado Chicken*</p> <p>Sofrito Rice (VE)*</p> <p style="color: green;">Confetti Corn (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Fiesta Bar</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Fish Sticks with Dipping Sauce</p> <p>Seasoned Wedge Fries (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Rainbow Bar</p>	<p>Lemon Pepper Chicken</p> <p>Mac & Cheese (V)</p> <p style="color: green;">Italian Roasted Carrots (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar Leafy Green Bar</p>	<p>Falafel (VE) With Tzatziki (V)</p> <p>Flat Bread (VE)</p> <p>Greek Zucchini Salad (VE)</p> <p>Homemade Grilled Cheese (V)</p> <p style="text-align: center; color: purple;">Salad Bar Mediterranean Bar</p>
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
<p>Plant Powered BBQ Pizza (V)*</p> <p>Pizza Slice (V)</p> <p>Corn, Peas, Carrots (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Teriyaki Chicken Bites</p> <p>Vegetable Rice (VE)</p> <p>Katsu Broccoli (VE)*</p> <p>Asian Cucumber Salad (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar Leafy Green Bar</p>	<p>Fish and Cheese Sandwich with Tartar Sauce</p> <p>Caribbean Style Beef Patty</p> <p>Roasted Carrot Coins (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Classic Toppings Bar</p>	<p>Caribbean Spiced Jerk Chicken*</p> <p>Dinner Roll (V)</p> <p>Cinnamon Plantains (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar Rainbow Bar</p>	<p>Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p>Oven Roasted Squash (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p style="text-align: center; color: purple;">Salad Bar Mediterranean Bar</p>
21	22	23	24	25
<p>Personal Pizza (V)</p> <p style="color: green;">Colorful Green Beans (V)*</p> <p style="text-align: center; color: purple;">Salad Bar Welcome Back Bar with Garbanzo Beans and Diced Tomatoes (VE)</p>	<p>Chicken Tenders with Dipping Sauce</p> <p>Honey Herb Knot (V)</p> <p style="color: green;">Lemon Chive Peas (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Welcome Back Bar</p>	<p style="color: purple;"><u>Brunch For Lunch</u></p> <p>Fiesta Egg & Cheese Sandwich (V)</p> <p>Fajita Veggie Burger (VE)*</p> <p>Salsa (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Classic Toppings Bar</p>	<p>Empanada (V)</p> <p>Turkey Quesadilla</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p style="text-align: center; color: purple;">Salad Bar Fiesta Bar</p>	<p>Veggie Nuggets (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Hummus</p> <p>Grab & Go Salad (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Leafy Green Bar</p>
28	29	30		
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p style="text-align: center; color: purple;">Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Guisado Black Beans (VE)*</p> <p>Guisado Chicken*</p> <p>Sofrito Rice (VE)*</p> <p style="color: green;">Confetti Corn (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Fiesta Bar</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Fish Sticks with Dipping Sauce</p> <p>Seasoned Wedge Fries (VE)</p> <p style="text-align: center; color: purple;">Salad Bar Rainbow Bar</p>		<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit

Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive **Prohibitive Ingredients List** available at:

* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Crispy Chicken Grab & Go Salad <i>Classic Potato Salad (V)</i>	Classic Tuna Wrap Crunchy Carrot Sticks (VE)	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE)
7	8	9	10	11
Superhero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chimichurri Chicken Wrap <i>Confetti Corn Salad (VE)</i>	Chicken Salad Hoagie Carrot Raisin Salad (V)	Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V)	Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
BBQ Veggie Nugget Wrap (VE) <i>Seasoned Corn (VE)</i>	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Chipotle Chicken Wrap Salsa (VE) Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Chickpea Salad Wrap (VE) Mixed Green Salad (VE)
21	22	23	24	25
Hummus and Crackers (V), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) <i>Savory Green Beans (VE)</i>	Chicken Salad Hoagie <i>Classic Potato Salad (V)</i>	Classic Tuna Wrap Marinated Bean Salad (VE)	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Crunchy Carrot Sticks (VE)
28	29	30		
Superhero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chimichurri Chicken Wrap <i>Confetti Corn Salad (VE)</i>	Chicken Salad Hoagie Carrot Raisin Salad (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) • Rainbow Wrap (VE)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
--	---	--	---	---

* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



APRIL 2025: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)* Seasoned Corn (VE)	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)
7	8	9	10	11
Sicilian Slice Pizza (V) Rainbow Spinach (VE)* Roasted Chickpeas (VE)	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE)	Fish Sticks with Dipping Sauces Ranch Carrot Sticks (V) Seasoned Wedge Fries (VE)	Lemon Pepper Chicken Mac & Cheese (V) Italian Roasted Carrots (VE)*	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	Caribbean Style Beef Patty Roasted Carrot Coins (VE) Seasoned Corn (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (V) Cinnamon Plantains (VE)* Garlicky Green Beans (VE)	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
21	22	23	24	25
Sicilian Slice Pizza (V) Colorful Green Beans (V)* Garbanzo Beans and Diced Tomatoes (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	<u><i>Brunch For Lunch</i></u> Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)
28	29	30		
Sicilian Slice Pizza (V) Rainbow Spinach (VE)* Roasted Chickpeas (VE)	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE)	Fish Sticks with Dipping Sauces Ranch Carrot Sticks (V) Seasoned Wedge Fries (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
---	---	--	---	---

* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Taco Seasoned Turkey</p> <p>Sweet Plantains (VE)</p> <p>Soft Roll (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun</p> <p>Steamed Carrots (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Italian Chicken Tenders</p> <p>Pasta (VE)</p> <p>Roasted Cauliflower (VE)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Manicotti (V)</p> <p>Marinated White Beans (VE)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
7	8	9	10	11
<p>Braised Tuna with Tomato Sauce</p> <p>Broccoli With Roasted Garlic (VE)</p> <p>Soft Roll (VE)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Taco Seasoned Turkey</p> <p>Sweet Plantains (VE)</p> <p>Soft Roll (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun</p> <p>Steamed Carrots (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Ranch Chicken Tenders</p> <p>Pasta (VE)</p> <p>Roasted Cauliflower (VE)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Manicotti (V)</p> <p>Marinated White Beans (VE)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
<p>Fish and Cheese Sandwich</p> <p>Broccoli With Roasted Garlic (VE)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Taco Seasoned Turkey</p> <p>Sweet Plantains (VE)</p> <p>Soft Roll (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun</p> <p>Steamed Carrots (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Italian Chicken Tenders</p> <p>Pasta (VE)</p> <p>Roasted Cauliflower (VE)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Manicotti (V)</p> <p>Marinated White Beans (VE)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
21	22	23	24	25
<p>Braised Tuna with Tomato Sauce</p> <p>Broccoli With Roasted Garlic (VE)</p> <p>Soft Roll (VE)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Taco Seasoned Turkey</p> <p>Sweet Plantains (VE)</p> <p>Soft Roll (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun</p> <p>Steamed Carrots (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Ranch Chicken Tenders</p> <p>Pasta (VE)</p> <p>Roasted Cauliflower (VE)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Manicotti (V)</p> <p>Marinated White Beans (VE)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
28	29	30		
<p>Fish and Cheese Sandwich</p> <p>Broccoli With Roasted Garlic (VE)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Taco Seasoned Turkey</p> <p>Sweet Plantains (VE)</p> <p>Soft Roll (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun</p> <p>Steamed Carrots (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Daily Lunch Specials</p> <ul style="list-style-type: none"> • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menu Support
Seasonal Fresh Fruit and Vegetables when available

(V) Indicates Vegetarian
(VE) Indicates Vegan

Options may vary by location

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

Other Fruits
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Available Daily Upon Request: Transitional, Thick Puree or Thin Puree



Office of Food & Nutrition Services

NYC Public Schools

APRIL 2025: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Chicken Tenders with Dipping Sauce</p> <p>Lemon Chive Peas (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Fish and Cheese Sandwich with Tartar Sauce</p> <p>Steamed Carrot Coins (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Empanda (V)</p> <p>Steamed Broccoli (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Veggie Nuggets (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
7	8	9	10	11
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Guisado Chicken*</p> <p>Brown Rice (VE)</p> <p>Stewed Black Beans (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Fish Sticks with Dipping Sauce</p> <p>Steamed Carrot Coins (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Falafel (VE) With Tzatziki (V)</p> <p>Flat Bread (VE)</p> <p>Greek Zucchini Salad (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
<p>Plant Powered BBQ Pizza (V)*</p> <p>Pizza Slice (V)</p> <p>Steamed Green Beans (VE)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Teriyaki Chicken Bites</p> <p>Katsu Broccoli (VE)*</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Veggie Burger (VE) Whole Wheat Bun (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Caribbean Style Beef Patty</p> <p>Cinnamon Plantains (VE)*</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Three Cheese Grilled Cheese (V)</p> <p>Oven Roasted Squash (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
21	22	23	24	25
<p>Personal Pizza (V)</p> <p>Superhero Spinach (VE)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Chicken Tenders with Dipping Sauce</p> <p>Lemon Chive Peas (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Fish and Cheese Sandwich with Tartar Sauce</p> <p>Steamed Carrot Coins (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Empanda (V)</p> <p>Steamed Broccoli (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Veggie Nuggets (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
28	29	30		
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Guisado Chicken*</p> <p>Brown Rice (VE)</p> <p>Stewed Black Beans (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Daily Lunch Specials</p> <ul style="list-style-type: none"> • Hot or Cold Cheese Sandwich (V) • Hummus and Soft Roll (VE) • 4 oz. Yogurt (V) • Tuna Sandwich

<p>Milk* Whole Milk (V) *Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apple Slices, Bananas, Blueberries, Mandarins, Oranges, Strawberries (VE) Other Fruits Applesauce, Sliced Peaches, Diced Pears, Pineapples (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
---	---	---	---	---

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.
Consistencies upon request: puree, mashed and finely chopped.

*** Recipes created in collaboration with OFNS and Wellness In The Schools**

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

APRIL 2025: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Manicotti (V) in Marinara Sauce</p> <p>Honey Herb Knot (V)</p> <p>Lemon Chive Peas (VE)</p> <p>Salad Bar Rainbow Bar</p>	<p><i>Plastic Free Lunch Day</i></p> <p>Red White and Green Panini (V)</p> <p>Parmesan Carrot Sticks (V)*</p> <p>Salad Bar Plastic Free Lunch Day Bar</p>	<p>Fiesta Quesadilla (V)</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p>Salad Bar Fiesta Bar</p>	<p>Veggie Nuggets (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Hummus</p> <p>Grab & Go Salad (VE)</p> <p>Salad Bar Leafy Green Bar</p>
7	8	9	10	11
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Guisado Black Beans (VE)*</p> <p>Sofrito Rice (VE)*</p> <p>Confetti Corn (VE)</p> <p>Salad Bar Fiesta Bar</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p>Salad Bar Rainbow Bar</p>	<p>Rustic White Beans (VE)</p> <p>Arugula Pesto Pasta (V)*</p> <p>Italian Roasted Carrots (VE)*</p> <p>Salad Bar Leafy Green Bar</p>	<p>Falafel (VE) With Tzatziki (V)</p> <p>Flat Bread (VE)</p> <p>Greek Zucchini Salad (VE)</p> <p>Homemade Grilled Cheese (V)</p> <p>Salad Bar Mediterranean Bar</p>
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
<p>Plant Powered BBQ Pizza (V)*</p> <p>Pizza Slice (V)</p> <p>Corn, Peas, Carrots (VE)</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Teriyaki Veggie Nuggets (VE)</p> <p>Vegetable Rice (VE)</p> <p>Katsu Broccoli (VE)*</p> <p>Asian Cucumber Salad (VE)*</p> <p>Salad Bar Leafy Green Bar</p>	<p>Veggie Burger (VE)</p> <p>Veggie Cheeseburger (V)</p> <p>Roasted Carrot Coins (VE)</p> <p>Salad Bar Classic Toppings Bar</p>	<p>Empanada (V)</p> <p>Salsa (VE)</p> <p>Cinnamon Plantains (VE)*</p> <p>Salad Bar Rainbow Bar</p>	<p>Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p>Oven Roasted Squash (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p>Salad Bar Mediterranean Bar</p>
21	22	23	24	25
<p>Personal Pizza (V)</p> <p>Colorful Green Beans (V)*</p> <p>Salad Bar Welcome Back Bar with Garbanzo Beans and Diced Tomatoes (VE)</p>	<p>Manicotti (V) in Marinara Sauce</p> <p>Honey Herb Knot (V)</p> <p>Lemon Chive Peas (VE)</p> <p>Salad Bar Welcome Back Bar</p>	<p><i>Brunch For Lunch</i></p> <p>Fiesta Egg & Cheese Sandwich (V)</p> <p>Fajita Veggie Burger (VE)*</p> <p>Sweet Potato Waffle Fries (VE)</p> <p>Salad Bar Classic Toppings Bar</p>	<p>Fiesta Quesadilla (V)</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p>Salad Bar Fiesta Bar</p>	<p>Veggie Nuggets (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Hummus</p> <p>Grab & Go Salad (VE)</p> <p>Salad Bar Leafy Green Bar</p>
28	29	30		
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Guisado Black Beans (VE)*</p> <p>Sofrito Rice (VE)*</p> <p>Confetti Corn (VE)</p> <p>Salad Bar Fiesta Bar</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p>Salad Bar Rainbow Bar</p>		<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

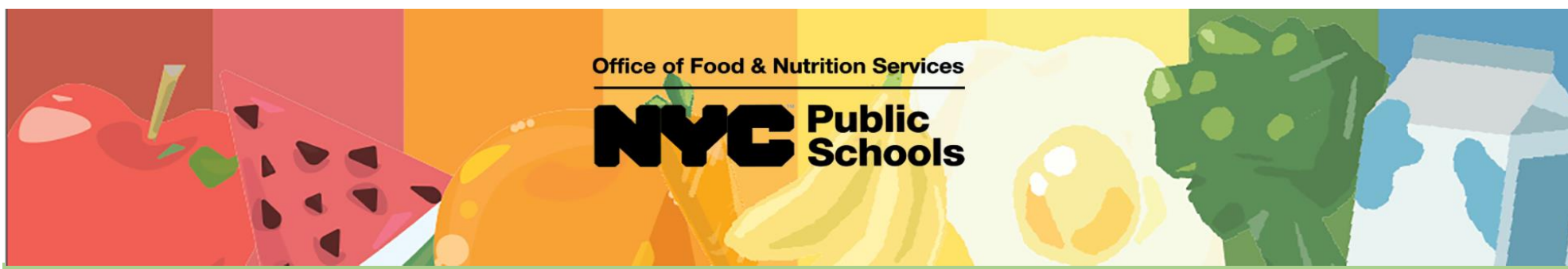
DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)

<p>Milk</p> <p>1% Low-fat (V)</p> <p>Fat Free (V)</p> <p>Fat Free Chocolate (V)</p> <p>Alternative options are available upon request</p>	<p>ATTENTION:</p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit</p> <p>Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p>
--	--	--	--	---

* Recipes created in collaboration with OFNS and Wellness In The Schools

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



APRIL 2025: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Chicken Tenders with Dipping Sauce</p> <p>Honey Herb Knot (V)</p> <p>Lemon Chive Peas (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Rainbow Bar</p>	<p style="text-align: center;"><i>Plastic Free Lunch Day</i></p> <p>Caribbean Style Beef Patty</p> <p>Fish and Cheese Sandwich with Tartar Sauce</p> <p>Parmesan Carrot Sticks (V)*</p> <p style="text-align: center;"><i>Salad Bar</i> Plastic Free Lunch Day Bar</p>	<p>Empanada (V)</p> <p>Turkey Quesadilla</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p style="text-align: center;"><i>Salad Bar</i> Fiesta Bar</p>	<p>Veggie Nuggets (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Hummus</p> <p>Grab & Go Salad (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Leafy Green Bar</p>
7	8	9	10	11
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p style="text-align: center;"><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Guisado Black Beans (VE)*</p> <p>Guisado Chicken*</p> <p>Sofrito Rice (VE)*</p> <p>Confetti Corn (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Fiesta Bar</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Fish Sticks with Dipping Sauce</p> <p>Seasoned Wedge Fries (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Rainbow Bar</p>	<p>Lemon Pepper Chicken</p> <p>Mac & Cheese (V)</p> <p>Italian Roasted Carrots (VE)*</p> <p style="text-align: center;"><i>Salad Bar</i> Leafy Green Bar</p>	<p>Falafel (VE) With Tzatziki (V)</p> <p>Flat Bread (VE)</p> <p>Greek Zucchini Salad (VE)</p> <p>Homemade Grilled Cheese (V)</p> <p style="text-align: center;"><i>Salad Bar</i> Mediterranean Bar</p>
14	15	16	17	18
Spring Recess	Spring Recess	Spring Recess	Spring Recess	Spring Recess
<p>Plant Powered BBQ Pizza (V)*</p> <p>Pizza Slice (V)</p> <p>Corn, Peas, Carrots (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Teriyaki Chicken Bites</p> <p>Vegetable Rice (VE)</p> <p>Katsu Broccoli (VE)*</p> <p style="text-align: center;"><i>Salad Bar</i> Leafy Green Bar</p>	<p>Fish and Cheese Sandwich with Tartar Sauce</p> <p>Caribbean Style Beef Patty</p> <p>Roasted Carrot Coins (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Classic Toppings Bar</p>	<p>Caribbean Spiced Jerk Chicken*</p> <p>Dinner Roll (V)</p> <p>Cinnamon Plantains (VE)*</p> <p style="text-align: center;"><i>Salad Bar</i> Rainbow Bar</p>	<p>Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p>Oven Roasted Squash (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p style="text-align: center;"><i>Salad Bar</i> Mediterranean Bar</p>
21	22	23	24	25
<p>Personal Pizza (V)</p> <p>Colorful Green Beans (V)*</p> <p style="text-align: center;"><i>Salad Bar</i> Welcome Back Bar with Garbanzo Beans and Diced Tomatoes (VE)</p>	<p>Chicken Tenders with Dipping Sauce</p> <p>Honey Herb Knot (V)</p> <p>Lemon Chive Peas (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Welcome Back Bar</p>	<p style="text-align: center;"><i>Brunch For Lunch</i></p> <p>Fiesta Egg & Cheese Sandwich (V)</p> <p>Fajita Veggie Burger (VE)*</p> <p>Salsa (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Classic Toppings Bar</p>	<p>Empanada (V)</p> <p>Turkey Quesadilla</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p style="text-align: center;"><i>Salad Bar</i> Fiesta Bar</p>	<p>Veggie Nuggets (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Hummus</p> <p>Grab & Go Salad (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Leafy Green Bar</p>
28	29	30		
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p style="text-align: center;"><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Guisado Black Beans (VE)*</p> <p>Guisado Chicken*</p> <p>Sofrito Rice (VE)*</p> <p>Confetti Corn (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Fiesta Bar</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Fish Sticks with Dipping Sauce</p> <p>Seasoned Wedge Fries (VE)</p> <p style="text-align: center;"><i>Salad Bar</i> Rainbow Bar</p>		<p style="text-align: center;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (VE) • Rainbow Wrap (VE)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

* Recipes created in collaboration with OFNS and Wellness In The Schools


• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Crispy Chicken Grab & Go Salad <i>Classic Potato Salad (V)</i>	Classic Tuna Wrap Crunchy Carrot Sticks (VE)	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE)
7	8	9	10	11
Superhero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chimichurri Chicken Wrap <i>Confetti Corn Salad (VE)</i>	Chicken Salad Hoagie Carrot Raisin Salad (V)	Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V)	Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
BBQ Veggie Nugget Wrap (VE) <i>Seasoned Corn (VE)</i>	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Chipotle Chicken Wrap Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Chickpea Salad Wrap (VE) Mixed Green Salad (VE)
21	22	23	24	25
Hummus and Crackers (V), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) <i>Savory Green Beans (VE)</i>	Chicken Salad Hoagie <i>Classic Potato Salad (V)</i>	Classic Tuna Wrap Marinated Bean Salad (VE)	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Crunchy Carrot Sticks (VE)
28	29	30		
Superhero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chimichurri Chicken Wrap <i>Confetti Corn Salad (VE)</i>	Chicken Salad Hoagie Carrot Raisin Salad (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) • Rainbow Wrap (VE)

<p>Milk</p> <p>1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Assorted Dressings</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
---	--	---------------------------	--	---

* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

APRIL 2025: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)*	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)
7	8	9	10	11
Sicilian Slice Pizza (V) Rainbow Spinach (VE)*	Guisado Chicken* Sofrito Rice (VE)* Stewed Black Beans (VE)	Fish Sticks with Dipping Sauces Seasoned Wedge Fries (VE)	Lemon Pepper Chicken Mac & Cheese (V) Italian Roasted Carrots (VE)*	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	Caribbean Style Beef Patty Roasted Carrot Coins (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (V) Cinnamon Plantains (VE)*	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
21	22	23	24	25
Sicilian Slice Pizza (V) Garbanzo Beans and Diced Tomatoes (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	<u><i>Brunch For Lunch</i></u> Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)
28	29	30		
Sicilian Slice Pizza (V) Rainbow Spinach (VE)*	Guisado Chicken* Sofrito Rice (VE)* Stewed Black Beans (VE)	Fish Sticks with Dipping Sauces Seasoned Wedge Fries (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wraps (VE)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
--	---	--	---	---

* Recipes created in collaboration with OFNS and Wellness In The Schools

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.




APRIL 2025: Food Court Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Fish and Cheese Sandwich with Tartar Sauce Lemon Chive Peas (VE) Salad Bar Classic Toppings Bar	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)* Salad Bar Rainbow Bar	Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar Fiesta Bar	Chickpea Shawarma (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Salad Bar Leafy Green Bar
7	8	9	10	11
Veggie Nuggets (VE) Dinner Roll (V) Black Bean Salad (VE) Salad Bar Leafy Green Bar	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE) Salad Bar Fiesta Bar	Fish Sticks with Dipping Sauce Honey Herb Knot (V) Rainbow Spinach (VE)* Salad Bar Rainbow Bar	Lemon Pepper Chicken Mac & Cheese (V) Italian Roasted Carrots (VE)* Salad Bar Leafy Green Bar	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Salad Bar Mediterranean Bar
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Red White and Green Panini (V) Italian Chickpeas (VE) Salad Bar Pizza Bar	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Salad Bar Leafy Green Bar	Caribbean Style Beef Patty Roasted Carrot Coins (VE) Salad Bar Rainbow Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (V) Cinnamon Plantains (VE)* Salad Bar Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Salad Bar Mediterranean Bar
21	22	23	24	25
Empanada (V) Seasoned Pinto Beans (VE) Salad Bar Welcome Back Bar	Fish and Cheese Sandwich with Tartar Sauce Lemon Chive Peas (VE) Salad Bar Welcome Back Bar	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE) Salad Bar Classic Toppings Bar	Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar Fiesta Bar	Chickpea Shawarma (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Salad Bar Leafy Green Bar
28	29	30		
Veggie Nuggets (VE) Dinner Roll (V) Black Bean Salad (VE) Salad Bar Leafy Green Bar	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE) Salad Bar Fiesta Bar	Fish Sticks with Dipping Sauce Honey Herb Knot (V) Rainbow Spinach (VE)* Salad Bar Rainbow Bar	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

DAILY OFFERINGS

Monday • Pizza (V) • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Tuesday • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Wednesday • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Thursday • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (VE) • Seasoned Wedge Fries (VE) • Southwest Burrito (V) • Rainbow Wrap (VE)
---	---	---	--	---

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="text-align: center;">  </div>
---	---	---	--

* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Mini Wheats (V) Milk (V)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Croissant (V) with Jelly (VE) Milk (V)
7	8	9	10	11
Honey Graham Crackers (V) Milk (V)	Colby Jack Cheese Cubes (V) Fresh Fruit (VE)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Yogurt Choice (V) Blueberry Granola (V)	Honey Graham Biscuits (V) Milk (V)	Animal Crackers (V) Milk (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
21	22	23	24	25
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Mini Wheats (V) Milk (V)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Croissant (V) with Jelly (VE) Milk (V)
28	29	30		
Honey Graham Crackers (V) Milk (V)	Colby Jack Cheese Cubes (V) Fresh Fruit (VE)	Crispy Tortilla (VE) Salsa (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>All Fruit Offerings are 1 cup</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
--	---	--------------------------------------	--	---

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Croissant (V) Diced Peaches (VE)	Toasted Oats (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Fresh Banana (VE) Milk (V)
7	8	9	10	11
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Diced Pineapples (VE)	Multi-Grain Oats (VE) Milk (V)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Fresh Banana (VE) Milk (V)
21	22	23	24	25
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Diced Pineapples (VE)	Multi-Grain Oats (VE) Milk (V)
28	29	30		
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (V) Milk (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFNS has an extensive Prohibitive Ingredients List available at:



Milk
Whole Milk (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apple Slices, Bananas, Blueberries, Mandarins, Oranges, Strawberries (VE)

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Asian Sesame Grilled Chicken Grab & Go Salad Cauliflower Salad (VE)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	BBQ Crispy Chicken Grab & Go Salad Classic Coleslaw (V)	Mediterranean Chickpea Wrap (VE) Lemon Arugula Salad (V)
7	8	9	10	11
Cheese Lettuce & Tomato Wrap (V) White Bean Salad (VE)	Chopped Salad Grab & Go Classic Potato Salad (V)	Classic Tuna on Ciabatta Italian Marinated Cucumber Salad (VE)	Curried Chicken Wrap Green Garden Salad (VE)	Black Bean & Corn Wrap (VE) Fresh Tomato Salad (V)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Hummus Grab & Go Salad (VE) Savory Green Beans (VE)	Chicken Salad Hoagie Pinto Bean Salad (VE)	Crispy Chicken Grab & Go Salad Broccoli Salad (V)	Italian Crispy Chicken Wrap Zucchini Tomato Parmesan Salad (V)	Falafel Grab & Go Salad (V) Crunchy Carrot Sticks (VE)
21	22	23	24	25
Cheese Plate Grab & Go (V) Seasoned Corn (VE)	Hummus and Crackers (V), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Seasoned Green Beans (VE)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	BBQ Crispy Chicken Grab & Go Salad Classic Coleslaw (V)	Mediterranean Chickpea Wrap (VE) Lemon Arugula Salad (V)
28	29	30		
Cheese Lettuce & Tomato Wrap (V) White Bean Salad (VE)	Chopped Salad Grab & Go Classic Potato Salad (V)	Classic Tuna on Ciabatta Italian Marinated Cucumber Salad (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menu Support
Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Southwest Burrito (V) Confetti Corn (VE)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)	Fish Sticks with Dipping Sauce Dinner Roll (V) Sweet Plantains (VE)	Pizza (V) Balsamic Chickpea Salad (V)
7	8	9	10	11
Manicotti (V) in Marinara Sauce Parmigiana Peas (V)	Chicken Bites with Dipping Sauce Corn Bread (V) Herb Roasted Potatoes (VE)	Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)	Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun Sweet Potato Waffle Fries (VE)	Pizza (V) Savory Green Beans (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Empanada (V) Seasoned Pinto Beans (VE)	Chicken Cheese Steak Seasoned Wedge Fries (VE)	Rustic White Beans (VE) Pasta & Peas (V) Italian Roasted Carrots (VE)	Chicken Tenders with Dipping Sauce Seasoned Bread Knot (V) Chipotle Broccoli (V)	Pizza (V) Corn, Peas, Carrots (VE)
21	22	23	24	25
Mozzarella Sticks (V) with Herbed Marinara (VE) Superhero Spinach (VE)	Southwest Burrito (V) Confetti Corn (VE)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)	Fish Sticks with Dipping Sauce Dinner Roll (V) Sweet Plantains (VE)	Pizza (V) Balsamic Chickpea Salad (V)
28	29	30		
Manicotti (V) in Marinara Sauce Parmigiana Peas (V)	Chicken Bites with Dipping Sauce Corn Bread (V) Herb Roasted Potatoes (VE)	Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menu Support
Seasonal Fresh Fruit and
Vegetables
when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Blueberries,
Grapefruit, Grapes,
Mandarins, Oranges,
Pears, Strawberries (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

APRIL 2025: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Homemade Grilled Cheese (V) Confetti Corn (VE)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)	Southwest Burrito (V) Sweet Plantains (VE)	Pizza (V) Balsamic Chickpea Salad (V)
7	8	9	10	11
Manicotti (V) in Marinara Sauce Parmigiana Peas (V)	Veggie Nuggets with Dipping Sauce Corn Bread (V) Herb Roasted Potatoes (VE)	Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)	Veggie Burger (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun Sweet Potato Waffle Fries (VE)	Pizza (V) Savory Green Beans (VE)
Spring Recess 14	Spring Recess 15	Spring Recess 16	Spring Recess 17	Spring Recess 18
Empanada (V) Seasoned Pinto Beans (VE)	Superhero Spinach Wrap (V) Seasoned Wedge Fries (VE)	Rustic White Beans (VE) Pasta & Peas (V) Italian Roasted Carrots (VE)	Three Bean Chili (VE) Seasoned Bread Knot (V) Chipotle Broccoli (V)	Pizza (V) Corn, Peas, Carrots (VE)
21	22	23	24	25
Mozzarella Sticks (V) with Herbed Marinara (VE) Superhero Spinach (VE)	Homemade Grilled Cheese (V) Confetti Corn (VE)	Southwest Burrito (V) Sweet Plantains (VE)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)	Pizza (V) Balsamic Chickpea Salad (V)
28	29	30		
Manicotti (V) in Marinara Sauce Parmigiana Peas (V)	Veggie Nuggets with Dipping Sauce Corn Bread (V) Herb Roasted Potatoes (VE)	Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menu Support
Seasonal Fresh Fruit and
Vegetables
when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Blueberries,
Grapefruit, Grapes,
Mandarins, Oranges,
Pears, Strawberries (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services



APRIL 2025: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
<p>Yogurt Choice (V)</p> <p>Fresh Fruit (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Milk (V)</p>	<p>Croissant (V) with Jelly (VE)</p> <p>Fresh Fruit (VE)</p>	<p>Blueberry Breakfast Bread (V)</p> <p>Milk (V)</p>	
				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

Seasonal Fresh Fruit
 Apples, Apple Slices,
 Bananas, Blueberries,
 Grapefruit, Grapes,
 Mandarins, Oranges, Pears,
 Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services



APRIL 2025: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
<p>Buttermilk Pancakes (V)</p> <p>Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V)</p> <p>Fresh Fruit (VE)</p>	<p>French Toast Sticks (V)</p> <p>Fresh Fruit (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Fresh Fruit (VE)</p>	
				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

Seasonal Fresh Fruit

Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services



APRIL 2025: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
Assorted Cold Sandwiches and Wraps Seasoned Corn (VE) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Classic Potato Salad (V) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Ranch Carrot Snackers (V) Fresh Fruit (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Broccoli Salad (V) Fresh Fruit (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
 Fat Free Chocolate (V)
 Alternative options are available upon request

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices,
 Bananas, Blueberries,
 Grapefruit, Grapes,
 Mandarins, Oranges, Pears,
 Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services



APRIL 2025: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
Chicken Tenders Garlic Knots (V) Confetti Corn (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Southwest Burrito (V) Baked Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
 Fat Free Chocolate (V)
 Alternative options are available upon request

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices,
 Bananas, Blueberries,
 Grapefruit, Grapes,
 Mandarins, Oranges, Pears,
 Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.