	Offic	ce of Food & Nutrition Service	-	
		5: Pre-K - 8 Bre		
Monday	Tuesday	Wednesday ₅	Thursday	Friday
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
10	11	12	13	14
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
17	18	19	20	21
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Home Fries (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Cinnamon Knots (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
24	25	26	27	28
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE) Eid al-Fitr 31	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)
		OFFERED DAILY	UNLEN.	OFNS has an extensive
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	Options may vary by location <u>Cold Cereal Choices</u> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE)	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Condiments</u> Syrup (VE)	Prohibitive Ingredients List available at:
dairy. • Vegan Item (VE): A food tha	• All Pre-K Stude I that excludes meat; it may inc at excludes animal products, su		e grains, vegetables, legumes,	
legumes, nuts, and/or fruit.				Menu subject to change. Our menus are pork free.

		Public School	s	
		Link School D	weekfeet Menu	
Monday	Tuesday	Wednesday	reakfast Menu Thursday	Friday
3	4	5	6	тпау
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels served with Cream Cheese (V) Jell & Peanut Butter (V Hot Oatmeal (V
				Seasonal Fresh Fruit
10	11	12	13	
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels served with Cream Cheese (V) Jell & Peanut Butter (V Hot Oatmeal (V Seasonal Fresh Fruit
17	18	19	20	
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Home Fries (VE) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels served with Cream Cheese (V) Jell & Peanut Butter (V Cinnamon Knots Hot Oatmeal (V Seasonal Fresh Fruit
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels served with Cream Cheese (V) Jell & Peanut Butter (V Hot Oatmeal (V Seasonal Fresh Fruit
Eid al-Fitr 31				
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortmer Cinnamon Raisin ( Plain (VE) Breakfast Bar Yogurts (V) Assorted Berries & Fresh Cut Fruit ( Assorted Granola (
		OFFERED DAILY		OFNS has an exten
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	Options may vary by location <u>Cold Cereal Choices</u> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE)	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Condiments</u> Syrup (VE)	Prohibitive Ingredient available at:
		ATTENTION: ents CANNOT be Offered CH0		

legumes, nuts, and/or fruit.



Monday	37	<b>Public</b> Schools	s 🖉			
Monday						
Monday	MARCH 2025: Breakfast Express Menu					
monday	Tuesday	Wednesday	Thursday	Friday		
3	4	5	6			
Blueberry Breakfast Bread (V) Colby Cheese Stick (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Scooters (V) Blueberry Granola (V) Strawberry Banana	Zucchini Carrot Breakfast Bread (V)	Assorted Fresh NY Bagels (VE served with Cream Cheese (V) Jelly (VE & Peanut Butter (VE)		
Seasonal Fresh Fruit (VE)	Seasonal Fresh Fruit (VE)	Applesauce (VE)	Seasonal Fresh Fruit (VE)	Seasonal Fresh Fruit (VE		
10	11	12	13			
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Whole Grain Croissant (V) Cheese Cubes (V) Seasonal Fresh Fruit (VE)	Honey Cheerios (V) Honey Graham Cracker (V) or Animal Crackers (V) Applesauce (VE)	Sweet Potato Oatmeal Muffin (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE served with Cream Cheese (V) Jelly (VE & Peanut Butter (VE) Seasonal Fresh Fruit (VE		
17	18	19	20			
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Cinnamon Burst Pancakes (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE served with Cream Cheese (V) Jelly (VE & Peanut Butter (VE) Seasonal Fresh Fruit (VE		
24	25	26	27			
Blueberry Breakfast Bread (V) Colby Cheese Stick (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Scooters (V) Blueberry Granola (V) Strawberry Banana Applesauce (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE served with Cream Cheese (V) Jelly (VE & Peanut Butter (VE) Seasonal Fresh Fruit (VE		
Eid al-Fitr 31						
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)		
		OFFERED DAILY		OFNS has an extensive		
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	Options may vary by location <u>Cold Cereal Choices</u> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE)	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Condiments</u> Syrup (VE)	Prohibitive Ingredients Li available at:		
	All Dro. 1/ Stud	ATTENTION: ents CANNOT be Offered CHC				

• Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



	MARCH 202	25: Puree Brea	akfast Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
3 Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>	4 Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	5 Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	6 Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i>
Sliced Peaches (VE)	11	12	13	Applesauce (VE)
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
17	18	19	20	
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
24	25	26	27	
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
Eid al-Fitr 31				
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)				WE PROUDLY SUPPOR LOCALLY SOURCED, GROWN, HARVESTED O PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Milk	<u>Seasonal Fresh Fruit</u>	OFFERED DAILY	Assorted Yogurts	OFNS has an extensive Prohibitive Ingredients Li
MIIK 1% Low-fat (V) Fat Free (V) at Free Chocolate (V) Alternative options are available upon request	Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Condiments</u> Syrup (VE)	Options may vary by location <u>Cold Cereal Choices</u> Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE)	<u>Other Fruits</u> Applesauce, Sliced Peaches, Diced Pears, Pineapples	available at:



	Offi	ce of Food & Nutrition Service	es la	
		<b>Public</b> Schools	s	
M	ARCH 2025: In	fant - Toddler	Breakfast Mer	าน
Monday	Tuesday	Wednesday ₅	Thursday	Friday
Blueberry Breakfast Bread (V)	Egg & Cheese on a Bagel (V)	French Toast Sticks (V) Cinnamon Apple Topping (VE)	Breakfast Quesadilla (V) Hash Browns (VE)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)
Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
10 Apple Cinnamon Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	11 Egg & Cheese on a Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	12 Rise and Shine Waffles (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	13 Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	14 Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
17	18	19	20	21
Banana Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg & Cheese on a Croissant (V) Home Fries (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
24	25	26	27	28
Blueberry Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Bagel (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Breakfast Quesadilla (V) Hash Browns (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE)
Eid al-Fitr 31				Milk (V)
Apple Cinnamon Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
		OFFERED DAILY		OFNS has an extensive
<u>Milk</u> Whole Milk (V) Alternative options are available upon request (V) Indicates Vegetarian (VE) Indicates Vegan	Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Other Fruits</u> Applesauce, Sliced Peaches, Diced Pears, Pineapples	<u>Cold Cereal Choices</u> Multi-Grain Oats (VE) Toasted Oats (VE)	Options may vary by location <u>Assorted Yogurts</u> <u>Condiments</u> Syrup (VE)	Prohibitive Ingredients List available at:
• Vegetarian Item (V): A food	that excludes meat; it may inc	clude, but is not limited to, who	le grains, vegetables, legumes	s, nuts, fruit, eggs, and/or

• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and dairy.

• Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.



	Offi	ce of Food & Nutrition Service		2
		<b>Public</b> Schools	s e e	
MAE	CH 2025: Pro-	-K - 8 Vegetaria	an Broakfast M	
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	
Blueberry Breakfast Bread (V) Colby Cheese Stick (V)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V)
Seasonal Fresh Fruit (VE)		Seasonal Fresh Fruit (VE)		Seasonal Fresh Fruit (VE)
10	11	12	13	14
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Strawberry Topping (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
17	18	19	20	21
Banana Breakfast Bread (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Home Fries (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Cinnamon Knots (V) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
24	25	26	27	28
Blueberry Breakfast Bread (V) Colby Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Quesadilla (V) with Salsa (VE) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
Eid al-Fitr 31				
Apple Cinnamon Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)
		OFFERED DAILY		OFNS has an extensive
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	Options may vary by location <u>Cold Cereal Choices</u> Multi-Grain Oats (VE) Toasted Oats (VE)	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Condiments</u> Syrup (VE)	Prohibitive Ingredients List available at:
• Vegetarian Item (V): A food dairy. • Vegan Item (VE): A food tha	that excludes meat; it may inc		e grains, vegetables, legumes	
Vegan Item (VE): A food that legumes, nuts, and/or fruit.     OFF. N.S.	it excludes animal products, si	uch as eggs, dairy, and meat; if	may include, but is not limited	d to, whole grains, vegetables, Menu subject to change. Our menus are pork free.

	Offic	e of Food & Nutrition Services	-	·
		X)		K
Monday	MARCH 202 Tuesday	25: Pre-K - 8 Lu Wednesday	Inch Menu Thursday	Frida
3			6	
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)*	Lentil Bologr with Elb Macaron Oven Roasted S Three Chees
Salad Bar	Asian Cucumber Salad (VE)*	Sweet Potato Waffle Fries (VE)		Cheese
Pizza Bar With Balsamic Chickpea Salad (VE)	Salad Bar Leafy Green Bar	Salad Bar Classic Toppings Bar	Salad Bar Rainbow Bar	Salad Mediterran
10	-	12		
Personal Pizza (V) Colorful Green Beans (V)*	Chicken Tenders with Dipping Sauce Honey Herb Knot (V)	<u>Plastic Free</u> <u>Lunch Day</u> Caribbean Style Beef Patty Fish and Cheese Sandwich	Empanada (V) Turkey Quesadilla Salaa (V/E)	Humr Grab & Go S Brown Ri
<i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (VE)	Lemon Chive Peas (VE) Salad Bar Rainbow Bar	with Tartar Sauce Parmesan Carrot Sticks (V)* Salad Bar Plastic Free Lunch Day Bar	Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar Fiesta Bar	Roasted C Cauliflow Veggie Nug Salad Leafy Gre
17	18	19	20	
Vegetable Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)*	Guisado Black Beans (VE)* Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE)	Mozzarella Sticks (V) with Herbed Marinara (VE) Fish Sticks with Dipping Sauce Seasoned Wedge Fries (VE)	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	Falafel With Tzat Flat Brea Greek Zucchin Homen Grilled Che
Pizza Bar With Balsamic	Salad Bar	Salad Bar	Salad Bar	Salad
Chickpea Salad (VE) 24	Fiesta Bar 25	Rainbow Bar 26	Leafy Green Bar 27	Mediterran
Plant Powered BBQ Pizza (V)*Pizza Slice (V)Corn, Peas, Carrots (VE)Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)Eid al-Fitr31	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Asian Cucumber Salad (VE)* <u>Salad Bar</u> Leafy Green Bar	Brunch For LunchFiesta Egg & Cheese Sandwich (V)Fajita Veggie Burger (VE)*Salsa (VE)Sweet Potato Waffle Fries (VE)Salad Bar Classic Toppings Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Salad Bar Rainbow Bar	Lentil Bolog with Ell Macaron Oven Roasted S Three Cheese Cheese Salad Mediterran
Personal Pizza (V) Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)		DAILY OFFERINGS		WE PROUDLY LOCALLY SO GROWN, HARV PRODUCED ALL NEW YO ARE HIGHLIO GREE
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Friday • Peanut Butter and Sunflower Seed E Jelly Sandwich (N • Hummus and Cr • Hot or Cold Cher Sandwich (V) • Rainbow Wrap (
<u>Milk</u> 1% Low-fat (V) Fat Free (V) <b>Fat Free Chocolate (V)</b> Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an Prohibitive Ingr availabl



Office of Food & Nutrition Services				
٦	MARCH: Pre-K	- 8 Express Co	old Lunch Men	u
Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Veggie Nugget Wrap (VE) Seasoned Corn (VE)	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Chipotle Chicken Wrap Salsa (VE) Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Chickpea Salad Wrap (VE) Mixed Green Salad (VE)
10 Red White and Green Panini (V) Colorful Green Bean Salad (V)*	Crispy Chicken Grab & Go Salad Classic Potato Salad (V)	12 Classic Tuna Wrap Crunchy Carrot Sticks (VE) 19	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE)
Superhero Spinach Wrap (V) Balsamic Chickpea Salad (VE)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hogie Carrot Raisin Salad (V)	Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V)	Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
24	25	26 Chipotle Chicken Wrap		28 Chickpea Salad
BBQ Veggie Nugget Wrap (VE) Seasoned Corn (VE)	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Salsa (VE) Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Wrap (VE) Mixed Green Salad (VE)
Eid al-Fitr 31				
Red White and Green Panini (V) Colorful Green Bean Salad (V)*				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN
Monday	<u>Tuesday</u>	DAILY OFFERINGS Wednesday	Thursday	Friday
Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Crackers (V) Cheese Sandwich (V)	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or</li> <li>Sunflower Seed Butter &amp;</li> <li>Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Cheese Sandwich (V)</li> <li>Rainbow Wrap (VE)</li> </ul>
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
	* Recipes created in col	laboration with OFNS and N	Wellness In The Schools	
	that excludes meat; it may incl at excludes animal products, su			



	Offi	ice of Food & Nutrition Service	-	
MA	● ■ CU 2025: Dra			
		e-K - 8 Express Wednesday		
Monday 3	Tuesday	-	Thursday	Friday
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Garlicky Green Beans (VE)	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
10	11	12	13	1
Sicilian Slice Pizza (V) Colorful Green Beans (V)* Chickpea & Pimento Salad (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)* Seasoned Corn (VE)	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)
17	18	19	20	2
Sicilian Slice Pizza (V) Rainbow Spinach (VE)* Roasted Chickpeas (VE)	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE)	Fish Sticks with Dipping Sauces Ranch Carrot Sticks (V) Seasoned Wedge Fries (VE) 26	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Garlicky Green Beans (VE)	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
Eid al-Fitr 31				
Sicilian Slice Pizza (V) Colorful Green Beans (V)* Chickpea & Pimento Salad (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Monday	<u>Tuesday</u>	DAILY OFFERINGS	Thursday	<u>Friday</u>
Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Rainbow Wrap (VE)</li> </ul>
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
	-	aboration with OFNS and		
lairy.	at excludes animal products, s	clude, but is not limited to, who uch as eggs, dairy, and meat;		
				Menu subject to change.



	Offic	ce of Food & Nutrition Service Public Schools	-	
	MARCH 2	025: Puree Lui	nch Menu	
Monday	Tuesday	Wednesday 5	Thursday	Friday
Fish and Cheese Sandwich Broccoli With Roasted Garlic (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)	Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i>	5 100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) Fruit Offering Sliced Peaches (VE)	Italian Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i>	Manicotti (V) Marinated White Beans (V <i>Fruit Offering</i> Bananas (VE)
	Diced Pears (VE)		Applesauce (VE)	
10 Braised Tuna with Tomato Sauce Broccoli With Roasted Garlic (VE) Soft Roll (VE) Fruit Offering	11 Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i>	12 100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) <i>Fruit Offering</i> Sliced Peaches (VE)	13 Ranch Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i>	Manicotti (V) Marinated White Beans (V <i>Fruit Offering</i> Bananas (VE)
Flavored Applesauce (VE)	Diced Pears (VE)		Applesauce (VE)	
Fish and Cheese Sandwich Broccoli With Roasted Garlic (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)	Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i> Diced Pears (VE)	100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) Fruit Offering Sliced Peaches (VE)	Italian Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Applesauce (VE)	Manicotti (V) Marinated White Beans (V <i>Fruit Offering</i> Bananas (VE)
24	25	26	27	
Braised Tuna with Tomato Sauce Broccoli With Roasted Garlic (VE) Soft Roll (VE) <i>Fruit Offering</i> Flavored Applesauce (VE) Eid al-Fitr 31	Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i> Diced Pears (VE)	100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) <i>Fruit Offering</i> Sliced Peaches (VE)	Ranch Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Applesauce (VE)	Manicotti (V) Marinated White Beans (V <i>Fruit Offering</i> Bananas (VE)
Fish and Cheese Sandwich Broccoli With Roasted Garlic (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)			WE PROUDLY SUPPORT	<b>Daily Lunch Specials</b> • Hummus and Soft Roll (V • 8 oz. Yogurt (V) • Tuna
<u>Milk</u> 1% Low-fat (V) Fat Free (V)	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available (V) Indicates Vegetarian	OFFERED DAILY Options may vary by location Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Other Fruits</u> Applesauce, Sliced	OFNS has an extensive Prohibitive Ingredients Li available at:



		ce of Food & Nutrition Service Public Schools Infant - Toddle	s	
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Steamed Green Beans (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Teriyaki Chicken Bites Katsu Broccoli (VE)* Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Veggie Burger (VE) Whole Wheat Bun (VE) Sweet Potato Waffle Fries (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Caribbean Style Beef Patty Cinnamon Plantains (VE)* Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Three Cheese Grilled Cheese (V) Oven Roasted Squash (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
10	11	12	13	14
Personal Pizza (V) Superhero Spinach (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Chicken Tenders with Dipping Sauce Lemon Chive Peas (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Fish and Cheese Sandwich with Tartar Sauce Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Empanda (V) Steamed Broccoli (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Nuggets (VE) Roasted Curried Cauliflower (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
17	18	19	20	21
Vegetable Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)* Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Guisado Chicken* Brown Rice (VE) Stewed Black Beans (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fish Sticks with Dipping Sauce Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
24	25	26	27	28
Plant Powered BBQ Pizza (V)* Pizza Slice (V)	Teriyaki Chicken Bites Katsu Broccoli (VE)*	Veggie Burger (VE) Whole Wheat Bun (VE) Sweet Potato	Caribbean Style Beef Patty	Three Cheese Grilled Cheese (V)
Steamed Green Beans (VE)	Seasonal Fresh Fruit	Waffle Fries (VE)	Cinnamon Plantains (VE)*	Oven Roasted Squash (VE)

Steamed Green Beans (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)		
Eid al-Fitr 31						
Personal Pizza (V) Colorful Green Beans (VE)* Seasonal Fresh Fruit or Applesauce (VE) Milk (V)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<b>Daily Lunch Specials</b> • Hot or Cold Cheese Sandwich (V) • Hummus and Soft Roll (VE) • 4 oz. Yogurt (V) • Tuna Sandwich		
<u>Milk*</u> Whole Milk (V) *Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE) <u>Other Fruits</u> Applesauce, Sliced Peaches, Diced Pears, Pineapples (VE)	OFNS has an extensive Prohibitive Ingredients List available at:		
PLEASE NOTE: 1 % and Fat	Free Milk is available to stude	nts 2 years and over. Whole N provided by the parent.	lilk is available to children 12 to	24 months. Formula is to be		
	Consistencies up	on request: puree, mashed an	d finely chopped.			
* Recipes created in collaboration with OFNS and Wellness In The Schools						
<ul> <li>Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.</li> <li>Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.</li> </ul>						
O.F.N.S.				Menu subject to change. Our menus are pork free.		

		ce of Food & Nutrition Service	-	3
		<b>YC</b> Public School	s S	
M	ARCH 2025: Pr	e-K - 8 Vegeta	rian Lunch Me	
Monday	Tuesday	Wednesday	Thursday	Friday
з	-	5	-	
Plant Powered BBQ Pizza (V)*	Teriyaki Veggie Nuggets (VE)	<u>Brunch For Lunch</u> Fiesta Egg & Cheese	Empanada (V)	Lentil Bolognese (VE) with Elbow
Pizza Slice (V)	Vegetable Rice (VE) Katsu Broccoli (VE)*	Sandwich (V) Fajita	Salsa (VE)	Macaroni (VE) Oven Roasted Squash (VE
Corn, Peas, Carrots (VE)	Asian Cucumber Salad (VE)*	Veggie Burger (VE)* Sweet Potato Waffle Fries (VE)	Cinnamon Plantains (VE)*	Three Cheese Grilled Cheese (V)
Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)	Salad Bar Leafy Green Bar	Salad Bar Classic Toppings Bar	Salad Bar Rainbow Bar	Salad Bar Mediterranean Bar
10 Personal Pizza (V) Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic	11 Manicotti (V) in Marinara Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	12 <u>Plastic Free</u> <u>Lunch Day</u> Red White and Green Panini (V) Parmesan Carrot Sticks (V)*	13 Fiesta Quesadilla (V) Salsa (VE) Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE) Salad Bar
Chickpea Salad (VE)	Rainbow Bar	Plastic Free Lunch Day Bar 19	Fiesta Bar	Leafy Green Bar
Vegetable Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)* Salad Bar	Guisado Black Beans (VE)* Sofrito Rice (VE)* Confetti Corn (VE)	Mozzarella Sticks (V) with Herbed Marinara (VE) Seasoned Wedge Fries (VE)	Rustic White Beans (VE) Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
Pizza Bar With Balsamic Chickpea Salad (VE)	Salad Bar Fiesta Bar	Salad Bar Rainbow Bar	Salad Bar Leafy Green Bar	Salad Bar Mediterranean Bar
24	25	26	27	
Plant Powered BBQ Pizza (V)* Pizza Slice (V)	Teriyaki Veggie Nuggets (VE) Vegetable Rice (VE) Katsu Broccoli (VE)*	<u>Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Fajita	Empanada (V) Salsa (VE)	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE)
Corn, Peas, Carrots (VE) Salad Bar	Asian Cucumber Salad (VE)*	Veggie Burger (VE)* Sweet Potato Waffle Fries (VE)	Cinnamon Plantains (VE)*	Three Cheese Grilled Cheese (V)
Pizza Bar With Balsamic Chickpea Salad (VE)	Salad Bar Leafy Green Bar	Salad Bar Classic Toppings Bar	Salad Bar Rainbow Bar	Salad Bar Mediterranean Bar
Eid al-Fitr 31 Personal Pizza (V) Colorful Green Beans (V)*				WE PROUDLY SUPPORT LOCALLY SOURCED,
Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)				GROWN, HARVESTED OF PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
londay	Tuesday	DAILY OFFERINGS Wednesday	Thursday	Friday
Peanut Butter and/or unflower Seed Butter & elly Sandwich (VE) Hummus and Crackers (V) Hot or Cold Cheese andwich (V)	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Rainbow Wrap (VE)</li> </ul>
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients Lis available at:
		aboration with OFNS and V		
airy.	t that excludes meat; it may inc at excludes animal products, so ad/or fruit			
				Menu subject to change



Pizza (ty)*     Triyhol (Chicken Bites     Film       Pizza (ty)     Vegetabe Rec (V)     Salard Bar       Salard Bar     Salard Bar       Porsa Bar     Chicken Tranfers       Chicken Tranfers     Castabe Bar       Chicken Tranfers     Castabe Bar       Chicken Tranfers     Castabe Bar       Chicken Tranfers     Castabe Bar       Salard Bar     Response Date       Salard Bar     Parsa Bar       Salard Bar     Salard Bar       Parsa Bar     Salard Bar       Salard Bar     Balard Bar       Salard Bar     Salard Bar       Parsa North     Galardo       Salard Bar     Salard Bar       Parsa North     Galardo       Parsa North     Galardo		Offic	re of Food & Nutrition Service Public Schools	-	
Monday         Tuesday         Wednesday         Thursday         Friday           Plant Proved BDD Przs (V) Scher Barn Wiessber (VD) Scher Barn Weissber (VD) Sc		MARCH 2025	: High School	Lunch Menu	
Press Provend BDD Pizza (V) Pizza (Sice (V) Can, Nan, Carva (VC) Sale (Sarv Pizza Sice (V) Cance Resource (VC) Sale (Sarv Pizza Sice (V) Sale (Sarv Pizza (V) Sale (Sarv		Tuesday			Friday
With Balancine: Chickpes Ballot (V)         Salad Bar Law Gene Bann (V)         Hummus Grab & Gene Salad (K)           Salad Bar Mark Gene Bann (V)         Chicken Tandes With Bann Gene Bann (V)         Salad Bar Bann (K)         Salad Bar Bann (K)         Empanda (V) Caribban Shy Bar (K)         Empanda (V) Urage Bann (K)         Hummus Grab & Gene Salad Bar Partice Para Lunch Day Bar Para Bar (K)         Salad Bar Bas (K)         Bar (K)         Wage (K)         Wage (K)         Bar (K)         Bar (K)         Wage (K)         Bar (K)         Bar (K)         Wage (K)         Bar (K)         Bar (K)         Wage (K)         Bar (K)	Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE)	Teriyaki Chicken Bites Vegetable Rice (VE)	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato	Caribbean Spiced Jerk Chicken* Dinner Roll (VE)	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled
Personal Fizza (V) Colored Control Con	With Balsamic				
Personal Fitza (V) Cantol Grann Barrs (V)     Chicken Tondors with Dipping Bases Stated (E)     Lunch Day Caribben Style Beef Paty Turkey Quesadilla State (VE)     Empanda (V)     Hummus Grads & Grads State (VE)       State (RE) Direm Barrs (V)     State (RE) State (Barr Personal Fitza (V)     State (RE) State (Barr Personal Fitza (V)     State (Barr Personal Fitza (V)     State (RE) State (Barr Personal Fitza (V)     State (B		-			
17     18     19     20       Vegetable Pizza (V)     Guisado Biack Bears (VE)*     Mozzarella Sticks (V) with Hondo Manua (VE)     Lomon Peppor Chicken       Franch Bread Pizza (V)     Guisado Chicken*     Mozzarella Sticks (V)     Auguis Pesto Pasta (V)*       Saind Bar With Basenice Chicken Basenice     Saind Bar     Saind Bar     Saind Bar       Saind Bar With Basenice     Saind Bar     Saind Bar     Saind Bar       Pizza (V)*     Saind Bar     Saind Bar     Saind Bar       Pizza (V)*     Saind Bar     Saind Bar     Saind Bar       Pizza (V)*     Teriyaki Chicken Bites     Vegetable Rice (VE)     Saind Bar       Pizza Sice (V)     Katu Brocool (VE)*     Saind Bar     Saind Bar       Pizza Sice (V)     Katu Brocool (VE)*     Saind Bar     Saind Bar       Pizza Sice (V)     Saind Bar     Caribbean Spiced Jark     Lentti Bolognese (Vi Chicken*       Saind Bar     Saind Bar     Saind Bar     Saind Bar       Pizza Sice (V)     Katu Brocool (VE)*     Saind Bar     Saind Bar       Pizza Sice (V)     Saind Bar     Saind Bar     Saind Bar       Pizza Sice (V)     Saind Bar     Saind Bar     Saind Bar       Pizza Sice (V)     Saind Bar     Saind Bar     Saind Bar       Pizza Sice (V)     Saind Bar     Saind Bar <td>Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic</td> <td>with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE) Salad Bar</td> <td>Lunch Day Caribbean Style Beef Patty Fish and Cheese Sandwich with Tartar Sauce Parmesan Carrot Sticks (V)* Salad Bar</td> <td>Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar</td> <td>Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE) Salad Bar</td>	Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic	with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE) Salad Bar	Lunch Day Caribbean Style Beef Patty Fish and Cheese Sandwich with Tartar Sauce Parmesan Carrot Sticks (V)* Salad Bar	Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar	Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE) Salad Bar
Vegetable Pizza (V)     Black Boams (VE)* Guisado Chicken*     Mazzarolia Stick (V) with Hendel Matara (VE)* Multi Hendel Matara (VE)     Lamon Pepper Chicken     Mither Res (VE)* Franch Brad Pizza (V)       Rainbow Spinech (VE)*     Sofnto Rice (VE)* Sofnto Rice (VE)*     Sofnto Rice (VE)* Sofnto Rice (VE)*     Augula Pesto Pasta (V)* Franch Brad Bar     Goria Stock (VE)* Sofnto Rice (VE)*     Augula Pesto Pasta (V)* Franch Brad Bar     Goria Stock (VE)* Sofnto Rice (VE)*     Franch Brad Bar       Salad Bar     Salad Bar     Salad Bar     Salad Bar     Salad Bar       The Datamantic Chickpes Salad (VE)     Salad Bar     Salad Bar     Salad Bar       Plant Powered BBO Pizza Silce (V)     Vegetable Rice (VE)*     Salad Bar     Salad Bar       Vegetable Rice (VE)*     Vegetable Rice (VE)*     Salad Bar     Caribbean Spiced Jork Chickpes Salad (VE)       Pizza Silce (V)     Katsu Broccoli (VE)*     Salad Bar     Salad Bar       Vegetable Rice (VE)*     Salad Bar     Salad Bar       Pizza Silce (V)     Katsu Broccoli (VE)*     Salad Bar       Salad Bar     Salad Bar     Salad Bar       Pizza Bar     Salad Bar     Salad Bar	· · · ·				-
Chickpens Salad (VE)     Fiesta Bar     Rainbow Bar     Lasty Green Bar     Mediterranean Bar       24     25     26     27       Plant Powered BBQ Pizza (V)*     Fisita Egg & Cheese Sandwich (V)     Caribbean Spiced Jark Chicken*     Lentil Bolognese (VI Wegie Burger (VE)*     Lentil Bolognese (VI Macaroni (VE)       Pizza Silce (V)     Vegetable Rice (VE)     Salad Bar     Salad Bar     Salad Bar       Pizza Bir     Salad Bar     Salad Bar     Salad Bar     Salad Bar       Pizza Bir     Salad Bar     Salad Bar     Salad Bar     Salad Bar       Pizza Bir     Salad Bar     Salad Bar     Salad Bar     Salad Bar       Pizza Bir     Salad Bar     Salad Bar     Salad Bar     Salad Bar       Chickpes Salad (VE)     Salad Bar     Salad Bar     Salad Bar       Coordful Green Basen (V)*     Salad Bar     Salad Bar     Salad Bar       Pizza Bir     Salad Bar     Salad Bar     Salad Bar       Personal Pizza (V)     Vegetable Rice (VE)     Teamt Burte and/or burte mand sutter and/	Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)* Salad Bar	Black Beans (VE)* Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE)	with Herbed Marinara (VE) Fish Sticks with Dipping Sauce Seasoned Wedge Fries (VE)	Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
Plant Powered BBQ Pizza (V)*     Teriyaki Chicken Bites Vegetable Rice (VE)     Brunch For Lunch Fisita Egg & Cheese Sandwich (V)     Caribbean Spiced Jark Chicken*     Lontil Bolognese (VE) with Ellow Macazon (VE)       Corn, Peas, Carrots (VE) Salad Bar Pizza Bar With Balsamic Chickpes & Salad Bar El di J-Rit     Salad Bar Salad Bar     Caribbean Spiced Jark Chicken*     Lontil Bolognese (VE) With Balsamic Chickpes & Salad Bar       Personal Pizza (V) Colorful Green Beans (V)*     Salad Bar Leaty Green Bar     Salad Bar Leaty Green Bar     Salad Bar Classic Toppings Bar     Salad Bar Rainbow Bar     Salad Bar Mediterranean Bar       Personal Pizza (V) Colorful Green Beans (V)*     Salad Bar Leaty Green Bar     Salad Bar Classic Toppings Bar     Salad Bar Classic Toppings Bar     Salad Bar Rainbow Bar     WE PROUDLY SUPPOR Mediterranean Bar       Personal Pizza (V) Colorful Green Beans (V)*     Particle Bar Pizza Bar With Baisamic Chickpes Salad (VE)     Theready Particle Bar Pizza Bar With Baisamic Chickpes Salad (VE)     WE PROUDLY SUPPOR Producter Production Producter Production Producter Production Producter Production Producter Production Producter Production Producter Production Producter Producter Production Producter Producter Production Producter Producter Production Producter Producter Production Producter Producter Production Producter Producter Producter Producter Producter Producter Producter Producter P					
Personal Pizza (V)       Colorful         Green Beans (V)*       Salad Bar         Pizza Bar       With Balsamic         With Balsamic       DAILY OFFERINGS         Onday       Peanut Butter and/or         Chickpea Salad (Ve)       Tuesday         Peanut Butter and/or       Tuesday         Mithe Balsamic       Peanut Butter and/or         Sufforwer Seed Butter &       Jelly Sandwich (VE)         Vitin Daisa and Crackers (V)       Hummus and Crackers (V)         Hummus and Crackers (V)       Hummus and Crackers (V)         Stad do Cold Cheese       Sandwich (VE)         Sandwich (V)       Tuna Sandwich (V)         Tuna Sandwich (V)       Grab and Go Salads         Offer d Chocolate Milk or Cold Cheese       Salads         Milk       ATTENTION:         More Cocolate Milk or Cocolate And Co Salads       Seasonal Fresh Fruit And Co Salads         The Chocolate Milk or Cocolate Checolate Milk or Cocolate Milk or Cocolate Milk or Cocolate And Co Salads       OFNS Menus Support Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Mandarins, Oran	Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE) Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)	Vegetable Rice (VE) Katsu Broccoli (VE)* Salad Bar Leafy Green Bar	Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato Waffle Fries (VE)	Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Salad Bar	Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V) Salad Bar
<ul> <li>Peanut Butter and/or nflower Seed Butter &amp; ly Sandwich (VE) ummus and Crackers (V) ot or Cold Cheese ndwich (V) rab and Go Salads (V)</li> <li>Milk 1% Low-fat (V) Fat Free (V) Alternative options are</li> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE) + Hummus and Crackers (V) + Hot or Cold Cheese Sandwich (V) - Tuna Sandwich · Tuna San</li></ul>	Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic		DAILY OFFERINGS		
Milk 1% Low-fat (V) Fat Free (V) Alternative options areATTENTION:OFNS Menus Support Seasonal Fresh Fruit and Vegetables when availableSeasonal Fresh Fruit All Pre-K Students CANNOT be Offered Chocolate Milk or CookiesProhibitive Ingredients Li available at:Milk OFNS Menus Support Seasonal Fresh Fruit and Vegetables when availableSeasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)Prohibitive Ingredients Li available at:	eanut Butter and/or nflower Seed Butter & lly Sandwich (VE) lummus and Crackers (V) lot or Cold Cheese ndwich (V)	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Tuna Sandwich</li> </ul>	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Tuna Sandwich</li> </ul>	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Grab and Go Salads (VE)</li> </ul>
	1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are	All Pre-K Students CANNOT be Offered Chocolate Milk or	Seasonal Fresh Fruit and Vegetables	Apples, Apple Slices, Mandarins, Oranges, Pears,	
* Recipes created in collaboration with OFNS and Wellness In The Schools /egetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dai					

Menu subject to change.



esday W A A Noodle Bowl mber Salad (VE)* Chicken & Go Salad otato Salad (V) A A A A A A A A A A A A A	/ednesday	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)* 20 Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V)	Friday Chickpea Salad Wrap (VE) Mixed Green Salad (VE) 1 Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE) 2 Falafel Grab & Go Salad (VE)
Noodle Bowl wber Salad (VE)* Chicken & Go Salad otato Salad (V) Crunc 18 Crunc	otle Chicken Wrap nch Carrot Sticks (V) assic Tuna Wrap chy Carrot Sticks (VE) 15 cken Salad Hogie rrot Raisin Salad (V) 26 otle Chicken Wrap	Chicken Caesar Salad with Croutons White Bean Salad (VE) Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)* Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V) Chicken Caesar Salad with Croutons	Chickpea Salad Wrap (VE) Mixed Green Salad (VE) Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE) Marinated Bean Salad (VE) Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
Noodle Bowl mber Salad (VE)* Chicken & Go Salad otato Salad (V) In Chicken Wrap Corn Salad (VE) Noodle Bowl	otle Chicken Wrap hch Carrot Sticks (V) 12 assic Tuna Wrap chy Carrot Sticks (VE) 13 cken Salad Hogie rrot Raisin Salad (V) 26 otle Chicken Wrap	Chicken Caesar Salad with Croutons White Bean Salad (VE) Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)* 20 Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V) 5 Chicken Caesar Salad with Croutons	Chickpea Salad Wrap (VE) Mixed Green Salad (VE) Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE) Marinated Bean Salad (VE) Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
y Chicken & Go Salad otato Salad (V) 18 Aurri Chicken Wrap Corn Salad (VE) 25 Noodle Bowl Chipo Ran	assic Tuna Wrap chy Carrot Sticks (VE) 19 cken Salad Hogie rrot Raisin Salad (V) 20 20 otle Chicken Wrap	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)* 20 Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V) 27 Chicken Caesar Salad with Croutons	Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE) Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
& Go Salad otato Salad (V) 18 Murri Chicken Wrap Corn Salad (VE) 25 Noodle Bowl Chipo Ran	chy Carrot Sticks (VE) 19 cken Salad Hogie rrot Raisin Salad (V) 20 ctle Chicken Wrap	Wrap Sweet and Zesty Garden Greens (V)* 20 Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V) 27 Chicken Caesar Salad with Croutons	Grab & Go Salad (VE) Marinated Bean Salad (VE) Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
Noodle Bowl	cken Salad Hogie rrot Raisin Salad (V) 26 otle Chicken Wrap	Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V) 27 Chicken Caesar Salad with Croutons	Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
Wrap Corn Salad (VE) 25 Noodle Bowl Ran	rrot Raisin Salad (V) 26 otle Chicken Wrap	Grab & Go Pasta Salad Lemon Arugula Salad (V) 27 Chicken Caesar Salad with Croutons	Grab & Go Salad (V) Greek Zucchini Salad (VE) 2 Chickpea Salad Wrap (VE)
Noodle Bowl Chipe	otle Chicken Wrap	Chicken Caesar Salad with Croutons	Chickpea Salad Wrap (VE)
			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
ter and/or • Peanu eed Butter & Sunflow ich (VE) Jelly Sa nd Crackers (V) • Humm	ut Butter and/or wer Seed Butter & andwich (VE) nus and Crackers (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) • Rainbow Wrap (VE)
enus Support Fresh Fruit and getables n available	sorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:
	enus Support Fresh Fruit and getables n available	enus Support Fresh Fruit and getables n available s created in collaboration with OFNS and	enus Support Fresh Fruit and getables Assorted Dressings Seasonal Fresh Fruit Mandarins, Oranges,

-	Offi	ce of Food & Nutrition Service			
NYC Public Schools					
MAR	CH 2025: High	School Expres	ss Hot Lunch I	Menu	
Monday	Tuesday	Wednesday	Thursday	Friday	
3	4	5	6		
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)*	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)	
10	11	12	13	14	
Sicilian Slice Pizza (V) Chickpea & Pimento Salad (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)*	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)	
17	18	19	20	2'	
Sicilian Slice Pizza (V) Rainbow Spinach (VE)*	Guisado Chicken* Sofrito Rice (VE)* Stewed Black Beans (VE)	Fish Sticks with Dipping Sauces Seasoned Wedge Fries (VE)	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)	
24	25	26	27	28	
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	Brunch For Lunch Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)*	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)	
Eid al-Fitr 31					
Sicilian Slice Pizza (V) Chickpea & Pimento Salad (VE)		DAILY OFFERINGS		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	
Monday Recent Butter and/or	Tuesday	<u>Wednesday</u>		Friday	
Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) Hummus and Crackers (V) Hot or Cold Cheese Sandwich (V)	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese	Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese	<ul> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Crackers (V)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Rainbow Wraps (VE)</li> </ul>	
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:	
Vegetarian Item (V): A food	-	aboration with OFNS and should be but is not limited to who		s nuts fruit eggs and/or	
lairy.	at excludes animal products, s	clude, but is not limited to, who uch as eggs, dairy, and meat; i			
				Menu subject to change. Our menus are pork free.	

	-	ice of Food & Nutrition Service	-	
		<b>YC</b> Public School	s	
	MARCH	2025: Food Co	urt Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
3			6	Theory
		Brunch For Lunch		
Red White and Green	Teriyaki Chicken Bites	Fiesta Egg & Cheese Sandwich (V)	Caribbean Spiced Jerk	Lentil Bolognese (VE
Panini (V)	Vegetable Rice (VE)	Salsa (VE)	Chicken*	with Elbow Macaroni (VE)
Italian Chickpeas (VE)	Katsu Broccoli (VE)*	Sweet Potato	Dinner Roll (VE)	Oven Roasted Squash (V
Salad Bar	Salad Bar	Waffle Fries (VE) Salad Bar	Cinnamon Plantains (VE)* Salad Bar	Salad Bar
Pizza Bar 10	Leafy Green Bar	Classic Toppings Bar	Rainbow Bar	Mediterranean Bar
10	11	12	13	
Empanada (V)	Fish and Cheese	Caribbean Style Beef	Turkey Quesadilla	Chickpea Shawarma (VE)
	Sandwich with Tartar Sauce	Patty	Salsa (VE)	Brown Rice (VE)
Seasoned Pinto Beans (VE)	Lemon Chive Peas (VE)	Parmesan Carrot Sticks (V)*	Sweet and Zesty Garden	Roasted Curried
			Greens (V)*	Cauliflower (VE)
Salad Bar Fiesta Bar	Salad Bar Classic Toppings Bar	Salad Bar Rainbow Bar	Salad Bar Fiesta Bar	Salad Bar Leafy Green Bar
17	18	19	20	
			Lomon Bonnor	
Veggie Nuggets (VE)	Guisado Chicken*	Fish Sticks with Dipping Sauce	Lemon Pepper Chicken	Falafel (VE) With Tzatziki (V)
Dinner Roll (V)	Sofrito Rice (VE)*	Honey Herb Knot (V)	Arugula Pesto Pasta (V)*	Flat Bread (VE)
Black Bean Salad (VE)	Confetti Corn (VE)	Rainbow Spinach (VE)*	Italian Roasted Carrots (VE)*	Greek Zucchini Salad (VI
Salad Bar Leafy Green Bar	Salad Bar Fiesta Bar	<i>Salad Bar</i> Rainbow Bar	Salad Bar Leafy Green Bar	Salad Bar Mediterranean Bar
24	25	26	27	
		<u>Brunch For Lunch</u>		
Red White and Green	Teriyaki Chicken Bites	Fiesta Egg & Cheese Sandwich (V)	Caribbean Spiced Jerk	Lentil Bolognese (VE with Elbow
Panini (V)	Vegetable Rice (VE)	Salsa (VE)	Chicken*	Macaroni (VE)
Italian Chickpeas (VE)	Katsu Broccoli (VE)*	Sweet Potato Waffle Fries (VE)	Dinner Roll (VE) Cinnamon Plantains (VE)*	Oven Roasted Squash (V
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Pizza Bar Eid al-Fitr 31	Leafy Green Bar	Classic Toppings Bar	Rainbow Bar	Mediterranean Bar
Empanada (V)				
Seasoned Pinto Beans (VE)				WE PROUDLY SUPPOR LOCALLY SOURCED,
Salad Bar				GROWN, HARVESTED O PRODUCED FOOD. ALL NEW YORK ITEMS
Fiesta Bar		DAILY OFFERINGS		ARE HIGHLIGHTED IN GRE
onday izza (V)	Tuesday • Pizza (V)	Wednesday • Pizza (V)		Friday • Peanut Butter and/or
lozzarella Sticks (V) eanut Butter and/or	• Chicken Tenders & Dinner Roll	Chicken Tenders & Dinner     Roll	Roll	Sunflower Seed Butter & Jelly Sandwich (VE)
nflower Seed Butter & Ily Sandwich (VE) ummus and Crackers (V)	<ul> <li>Mozzarella Sticks (V)</li> <li>Peanut Butter and/or</li> <li>Sunflower Seed Butter &amp;</li> </ul>	<ul> <li>Mozzarella Sticks (V)</li> <li>Peanut Butter and/or</li> <li>Sunflower Seed Butter &amp;</li> </ul>	Peanut Butter and/or	<ul> <li>Hummus and Crackers (V</li> <li>Hot or Cold Cheese</li> <li>Sandwich (V)</li> </ul>
ot or Cold Cheese ndwich (V)	Jelly Sandwich (VE) • Hummus and Crackers (V)	Jelly Sandwich (VE) • Hummus and Crackers (V)	Jelly Sandwich (VE) • Hummus and Crackers (V)	Grab and Go Salads (VE)     Seasoned Wedge
rab and Go Salads (V) easoned Wedge	• Hot or Cold Cheese Sandwich (V)	• Hot or Cold Cheese Sandwich (V)		Fries (VE) • Southwest Burrito (V)
es (VE) gg and Cheese	• Grab and Go Salads • Seasoned Wedge	• Grab and Go Salads • Seasoned Wedge	• Grab and Go Salads • Seasoned Wedge	• Rainbow Wrap (VE)
ndwiches (V)	Fries (VE) • Egg and Cheese Sandwiches (V)	Fries (VE) • Egg and Cheese Sandwiches (V)	Fries (VE) • Egg and Cheese Sandwiches (V)	
				OFNS has an extensive
<u>Milk</u> 1% Low-fat  (V)	ATTENTION: All Pre-K Students CANNOT	OFNS Menus Support Seasonal Fresh Fruit and		Prohibitive Ingredients Li available at:
Fat Free (V) Fat Free Chocolate (V)	be Offered Chocolate Milk or Cookies	Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices,	
Alternative options are available upon request			Mandarins, Oranges, Pears,	
			Strawberries (VE)	
	* Recipes created in col	laboration with OFNS and V	Wellness In The Schools	
		ude, but is not limited to, whole		



	Offic	e of Food & Nutrition Service Public Schools	- () -	
	MARCH 2025	: After School	Snack Menu	
Monday	Tuesday	Wednesday	Thursday	Friday
3 Yogurt Choice (V) Blueberry Granola (V)	4 Honey Graham Biscuits (V) Milk (V)	5 Animal Crackers (V) Milk (V)	6 Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
10	11	12	13	
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Mini Wheats (V) Milk (V)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Croissant (V) with Jelly (VE) Milk (V)
17	18	19	20	:
Honey Graham Crackers (V) Milk (V)	Colby Jack Cheese Cubes (V) Fresh Fruit (VE)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
24	25	26	27	
Yogurt Choice (V) Blueberry Granola (V)	Honey Graham Biscuits (V) Milk (V)	Animal Crackers (V) Milk (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
Eid al-Fitr 31				
Heart Shaped Pretzels (VE) Hummus Cup (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	All Fruit Offerings are 1 cup	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients Lis available at:





Animal Crackers (V)

31

**OFNS Menus Support** 

**Seasonal Fresh Fruit and** 

Vegetables

when available

WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk (V)

Milk

Whole Milk (V)

Alternative options are

available upon request

**Eid al-Fitr** 

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

**Seasonal Fresh Fruit** 

Apples, Apple Slices,

Mandarins, Oranges, Pears,

Strawberries (VE)

Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



	Offic	ce of Food & Nutrition Service	-	
		the rescal Co		
Monday	ARCH 2025: At Tuesday	Wednesday	Thursday	riday
3		5	6	7
Hummus Grab & Go Salad (VE) Savory Green Beans (VE)	Chicken Salad Hogie Pinto Bean Salad (VE)	Crispy Chicken Grab & Go Salad Broccoli Salad (V)	Italian Crispy Chicken Wrap Zucchini Tomato Parmeasn Salad (V)	Falafel Grab & Go Salad (V) Crunchy Carrot Sticks (VE)
10	11	12	13	14
Cheese Plate Grab & Go (V) Ranch Carrot Sticks (V)	Asian Sesame Grilled Chicken Grab & Go Salad Cauliflower Salad (VE)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	BBQ Crispy Chicken Grab & Go Salad Classic Coleslaw (V)	Mediterranean Chickpea Wrap (VE) Lemon Arugula Salad (V)
17	18	19	20	21
Cheese Lettuce & Tomato Wrap (V) White Bean Salad (VE)	Chopped Salad Grab & Go Classic Potato Salad (V)	Classic Tuna on Ciabatta Italian Marinated Cucumber Salad (VE)	Curried Chicken Wrap Green Garden Salad (VE)	Black Bean & Corn Wrap (VE) Fresh Tomato Salad (V)
24	25	26	27	28
Hummus Grab & Go Salad (VE) Savory Green Beans (VE)	Chicken Salad Hogie Pinto Bean Salad (VE)	Crispy Chicken Grab & Go Salad Broccoli Salad (V)	Italian Crispy Chicken Wrap Zucchini Tomato Parmeasn Salad (V)	Falafel Grab & Go Salad (V) Crunchy Carrot Sticks (VE)
Eid al-Fitr 31				
Cheese Plate Grab & Go (V) Ranch Carrot Sticks (V)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<b>Daily Supper Specials</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) Options may vary by location
		OFFERED DAILY		OFNS has an extensive
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	Prohibitive Ingredients List available at:
dairy.	that excludes meat; it may inc at excludes animal products, su nd/or fruit.			



Office of Food & Nutrition Services DICC Public Schools MARCH 2025: After School Hot Supper Menu						
Monday 3	Tuesday	Wednesday ₅	Thursday	Friday		
Empanada (V) Seasoned Pinto Beans (VE)	Chicken Cheese Steak Seasoned Wedge Fries (VE)	Rustic White Beans (VE) Pasta & Peas (V) Italian Roasted Carrots (VE)	Chicken Tenders with Dipping Sauce Seasoned Bread Knot (V) Chipotle Broccoli (V)	Pizza (V) Corn, Peas, Carrots (VE)		
10	11	12	13	14		
<b>Mozzarella Sticks (V)</b> with Herbed Marinara (VE) <b>Superhero Spinach (VE)</b>	Southwest Burrito (V) Confetti Corn (VE)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)	Fish Sticks with Dipping Sauce Dinner Roll (V) Sweet Plantains (VE)	Pizza (V) Balsamic Chickpea Salad (V)		
17	18	19	20	21		
<b>Manicotti (V)</b> in Marinara Sauce <b>Parmigiana Peas (VE)</b>	Chicken Bites with Dipping Sauce Corn Bread (V) Herb Roasted Potatoes (VE)	Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)	Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun Sweet Potato Waffle Fries (VE)	Pizza (V) Savory Green Beans (VE)		
24	25	26	27	28		
Empanada (V) Seasoned Pinto Beans (VE)	Chicken Cheese Steak Seasoned Wedge Fries (VE)	Rustic White Beans (VE) Pasta & Peas (V) Italian Roasted Carrots (VE)	Chicken Tenders with Dipping Sauce Seasoned Bread Knot (V) Chipotle Broccoli (V)	Pizza (V) Corn, Peas, Carrots (VE)		
Eid al-Fitr 31						
<b>Mozzarella Sticks (V)</b> with Herbed Marinara (VE) <b>Superhero Spinach (VE)</b>			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Supper Specials <ul> <li>Peanut Butter and/or</li> <li>Sunflower Seed Butter &amp;</li> <li>Jelly Sandwich (VE)</li> <li>Hot or Cold Cheese</li> <li>Sandwich (V)</li> <li>Hummus and Crackers</li> <li>Grab &amp; Go (V)</li> </ul> Options may vary by location		
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	OFFERED DAILY Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at:		
		lude, but is not limited to, whole uch as eggs, dairy, and meat; it				

OFfice of Food & Nutrition Services

	Offic	ce of Food & Nutrition Service	-	
MAR	CH 2025: After	X ZIII		Menu
Monday	Tuesday	Wednesday	Thursday	Friday
3 Empanada (V) Seasoned Pinto Beans (VE)	4 Superhero Spinach Wrap (V) Seasoned Wedge Fries (VE)	5 Rustic White Beans (VE) Pasta & Peas (V) Italian Roasted Carrots (VE)	6 Three Bean Chili (VE) Seaoned Bread Knot (V) Chipotle Broccoli (V)	7 Pizza (V) Corn, Peas, Carrots (VE)
10	11	12	13	14
Mozzarella Sticks (V) with Herbed Marinara (VE) Superhero Spinach (VE)	Homemade Grilled Cheese (V) Confetti Corn (VE)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)	Southwest Burrito (V) Sweet Plantains (VE)	Pizza (V) Balsamic Chickpea Salad (V)
17	18	19	20	21
<b>Manicotti (V)</b> in Marinara Sauce <b>Parmigiana Peas (VE)</b>	Veggie Nuggets with Dipping Sauce Corn Bread (V) Herb Roasted Potatoes (VE)	Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)	Veggie Burger (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun	Pizza (V) Savory Green Beans (VE)
24	25	26	Waffle Fries (VE)	28
Empanada (V) Seasoned Pinto Beans (VE)	Superhero Spinach Wrap (V) Seasoned Wedge Fries (VE)	Rustic White Beans (VE) Pasta & Peas (V) Italian Roasted Carrots (VE)	Three Bean Chili (VE) Seaoned Bread Knot (V) Chipotle Broccoli (V)	Pizza (V) Corn, Peas, Carrots (VE)
Eid al-Fitr 31				
<b>Mozzarella Sticks (V)</b> with Herbed Marinara (VE) <b>Superhero Spinach (VE)</b>			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Supper Specials <ul> <li>Peanut Butter and/or</li> <li>Sunflower Seed Butter &amp;</li> <li>Jelly Sandwich (VE)</li> <li>Hot or Cold Cheese</li> <li>Sandwich (V)</li> <li>Hummus and Crackers</li> <li>Grab &amp; Go (V)</li> </ul> Options may vary by location
		OFFERED DAILY		OFNS has an extensive
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	Prohibitive Ingredients List available at:
dairy.	that excludes meat; it may inc at excludes animal products, su nd/or fruit.			



Office	of F	ood	& Nı	utrition	Services	
--------	------	-----	------	----------	----------	--

Public Schools



Saturday	Saturday	Saturday	Saturday	Saturday				
1	8	15	22	29				
Yogurt Choice (V) Fresh Fruit (VE)	Sweet Potato Oatmeal Muffin (V) Milk (V)	Croissant (V) with Jelly (VE) Fresh Fruit (VE)	Blueberry Breakfast Bread (V) Milk (V)	Zucchini Carrot Breakfast Bread (V) Fresh Fruit (VE)				
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.				

<u>Milk</u> 1% Low-fat (V)

**OFNS has an extensive Prohibitive Ingredients List** available at:

Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)



• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services



## MARCH 2025: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
Buttermilk Pancakes (V) Fresh Fruit (VE)	Rise and Shine Waffles (V) Fresh Fruit (VE)	French Toast Sticks (V) Fresh Fruit (VE)	Sweet Potato Oatmeal Muffin (V) Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Fresh Fruit (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request OFNS has an extensive Prohibitive Ingredients List available at:

On a secol Eventh Event

<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)



Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services							
Saturday	Saturday	Saturday	Saturday	Saturday			
1	8	15	22	29			
Assorted Cold Sandwiches and Wraps							
Seasoned Corn (VE)	Classic Potato Salad (V)	Ranch Carrot Snackers (V)	Broccoli Salad (V)	Savory Green Beans (V)			
Fresh Fruit (VE) Milk (V)							
		OFFERED DAILY		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			

<u>Milk</u> 1% Low-fat (V) OFNS has an extensive Prohibitive Ingredients List available at:

Seasonal Fresh Fruit

Fat Free (V) Fat Free Chocolate (V) Alternative options are

available upon request

**Assorted Dressings** 

Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)



Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Contraction Services CONTRACT Public Schools MARCH 2025: Saturday Hot Lunch Menu							
Saturday	Saturday	Saturday	Saturday	Saturday			
1	8	15	22	29			
Chicken Tenders Garlic Knots (V) Confetti Corn (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Southwest Burrito (V) Baked Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)	Chicken Bites Dinner Roll (V) Herb Roasted Potatoes (VE) Fresh Fruit (VE) Milk (V)			
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.			
		OFFERED DAILY		OFNS has an extensive			

Milk

OFNS has an extensive Prohibitive Ingredients List available at:

1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request

**Assorted Dressings** 

<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)



Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

