



Office of Food & Nutrition Services

NYC Public Schools

MARCH 2025: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Breakfast Quesadilla (V) with Salsa (VE)</p> <p>Hashbrowns (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Croissant (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V) Strawberry Topping (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Caprese Egg Sandwich on Ciabatta (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
17	18	19	20	21
<p>Banana Breakfast Bread (V)</p> <p>Mozzarella Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Buttermilk Pancakes (V) Blueberry Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Buttermilk Biscuit (V)</p> <p>Home Fries (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Cinnamon Knots (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
24	25	26	27	28
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Breakfast Quesadilla (V) with Salsa (VE)</p> <p>Hashbrowns (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
Eid al-Fitr 31				
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices

Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

MARCH 2025: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Breakfast Quesadilla (V) with Salsa (VE)</p> <p>Hashbrowns (VE)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Croissant (V)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V) Strawberry Topping (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Caprese Egg Sandwich on Ciabatta (V)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
17	18	19	20	21
<p>Banana Breakfast Bread (V)</p> <p>Mozzarella Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Buttermilk Pancakes (V) Blueberry Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Buttermilk Biscuit (V)</p> <p>Home Fries (VE)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Cinnamon Knots (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
24	25	26	27	28
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Breakfast Quesadilla (V) with Salsa (VE)</p> <p>Hashbrowns (VE)</p> <p>Breakfast Bar (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
Eid al-Fitr 31				
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</p> <p>Breakfast Bar Yogurts (V) Assorted Berries & Fresh Cut Fruit (VE) Assorted Granola (VE)</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Apple Cinnamon Granola (V)</p> <p>Raisins (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Strawberry Banana Applesauce (VE)</p>	<p>Zucchini Carrot Breakfast Bread (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Whole Grain Croissant (V)</p> <p>Cheese Cubes (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Honey Cheerios (V)</p> <p>Honey Graham Cracker (V) or Animal Crackers (V)</p> <p>Applesauce (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
17	18	19	20	21
<p>Banana Breakfast Bread (V)</p> <p>Mozzarella Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Blueberry Granola (V)</p> <p>Raisins (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Frosted Mini Wheats</p> <p>Honey Graham Cracker (V)</p> <p>Plain or Strawberry Banana Applesauce (VE)</p>	<p>Cinnamon Burst Pancakes (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
24	25	26	27	28
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Yogurt Choice (V)</p> <p>Apple Cinnamon Granola (V)</p> <p>Raisins (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Scooters (V)</p> <p>Blueberry Granola (V)</p> <p>Strawberry Banana Applesauce (VE)</p>	<p>Zucchini Carrot Breakfast Bread (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>
Eid al-Fitr 31				
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
10	11	12	13	14
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
17	18	19	20	21
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
24	25	26	27	28
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Banana Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
Eid al-Fitr 31				
Blueberry Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
 Fat Free Chocolate (V)
 Alternative options are available upon request

Seasonal Fresh Fruit
 Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
 Syrup (VE)

Options may vary by location

Cold Cereal Choices
 Shredded Wheat
 Multi-Grain Oats (VE)
 Toasted Oats (VE)

Assorted Yogurts

Other Fruits
 Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Blueberry Breakfast Bread (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Breakfast Quesadilla (V)</p> <p>Hash Browns (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
10	11	12	13	14
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Egg & Cheese on a Croissant (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>Rise and Shine Waffles (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Yogurt Choice (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
17	18	19	20	21
<p>Banana Breakfast Bread (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>Buttermilk Pancakes (V) Blueberry Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Egg & Cheese on a Croissant (V)</p> <p>Home Fries (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
24	25	26	27	28
<p>Blueberry Breakfast Bread (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Breakfast Quesadilla (V)</p> <p>Hash Browns (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
Eid al-Fitr 31				
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

OFFERED DAILY

Milk

Whole Milk (V)
Alternative options are available upon request

(V) Indicates Vegetarian
(VE) Indicates Vegan

Seasonal Fresh Fruit

Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

Other Fruits

Applesauce, Sliced Peaches, Diced Pears, Pineapples

Cold Cereal Choices

Multi-Grain Oats (VE)
Toasted Oats (VE)

Options may vary by location

Assorted Yogurts

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.



Office of Food & Nutrition Services

NYC Public Schools

MARCH 2025: Pre-K - 8 Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Breakfast Quesadilla (V) with Salsa (VE)</p> <p>Hashbrowns (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
10	11	12	13	14
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Croissant (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V) Strawberry Topping (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Caprese Egg Sandwich on Ciabatta (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
17	18	19	20	21
<p>Banana Breakfast Bread (V)</p> <p>Mozzarella Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Buttermilk Pancakes (V) Blueberry Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Buttermilk Biscuit (V)</p> <p>Home Fries (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Cinnamon Knots (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
24	25	26	27	28
<p>Blueberry Breakfast Bread (V)</p> <p>Colby Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Egg & Cheese on a Bagel (V)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>French Toast Sticks (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Breakfast Quesadilla (V) with Salsa (VE)</p> <p>Hashbrowns (VE)</p> <p>Seasonal Fresh Fruit (VE)</p>	<p>Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) & Peanut Butter (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit (VE)</p>
Eid al-Fitr 31				
<p>Apple Cinnamon Breakfast Bread (V)</p> <p>Cheddar Cheese Stick (V)</p> <p>Seasonal Fresh Fruit (VE)</p>			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go
Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

MARCH 2025: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Asian Cucumber Salad (VE)* <i>Salad Bar</i> Leafy Green Bar	<i>Brunch For Lunch</i> Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* <i>Salad Bar</i> Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V) <i>Salad Bar</i> Mediterranean Bar
10	11	12	13	14
Personal Pizza (V) Colorful Green Beans (V)* <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE) <i>Salad Bar</i> Rainbow Bar	<i>Plastic Free Lunch Day</i> Caribbean Style Beef Patty Fish and Cheese Sandwich with Tartar Sauce Parmesan Carrot Sticks (V)* <i>Salad Bar</i> Plastic Free Lunch Day Bar	Empanada (V) Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* <i>Salad Bar</i> Fiesta Bar	Hummus Grab & Go Salad (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE) <i>Salad Bar</i> Leafy Green Bar
17	18	19	20	21
Vegetable Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)* <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (VE)	Guisado Black Beans (VE)* Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE) <i>Salad Bar</i> Fiesta Bar	Mozzarella Sticks (V) with Herbed Marinara (VE) Fish Sticks with Dipping Sauce Seasoned Wedge Fries (VE) <i>Salad Bar</i> Rainbow Bar	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)* <i>Salad Bar</i> Leafy Green Bar	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V) <i>Salad Bar</i> Mediterranean Bar
24	25	26	27	28
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Asian Cucumber Salad (VE)* <i>Salad Bar</i> Leafy Green Bar	<i>Brunch For Lunch</i> Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* <i>Salad Bar</i> Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V) <i>Salad Bar</i> Mediterranean Bar
31				
Personal Pizza (V) Colorful Green Beans (V)* <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BBQ Veggie Nugget Wrap (VE) Seasoned Corn (VE)	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Chipotle Chicken Wrap Salsa (VE) Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Chickpea Salad Wrap (VE) Mixed Green Salad (VE)
10	11	12	13	14
Red White and Green Panini (V) Colorful Green Bean Salad (V)*	Crispy Chicken Grab & Go Salad Classic Potato Salad (V)	Classic Tuna Wrap Crunchy Carrot Sticks (VE)	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE)
17	18	19	20	21
Superhero Spinach Wrap (V) Balsamic Chickpea Salad (VE)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hogie Carrot Raisin Salad (V)	Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V)	Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
24	25	26	27	28
BBQ Veggie Nugget Wrap (VE) Seasoned Corn (VE)	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Chipotle Chicken Wrap Salsa (VE) Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Chickpea Salad Wrap (VE) Mixed Green Salad (VE)
Eid al-Fitr 31				
Red White and Green Panini (V) Colorful Green Bean Salad (V)*				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) • Rainbow Wrap (VE)

Milk
 1% Low-fat (V)
 Fat Free (V)
 Fat Free Chocolate (V)
 Alternative options are available upon request

ATTENTION:
 All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

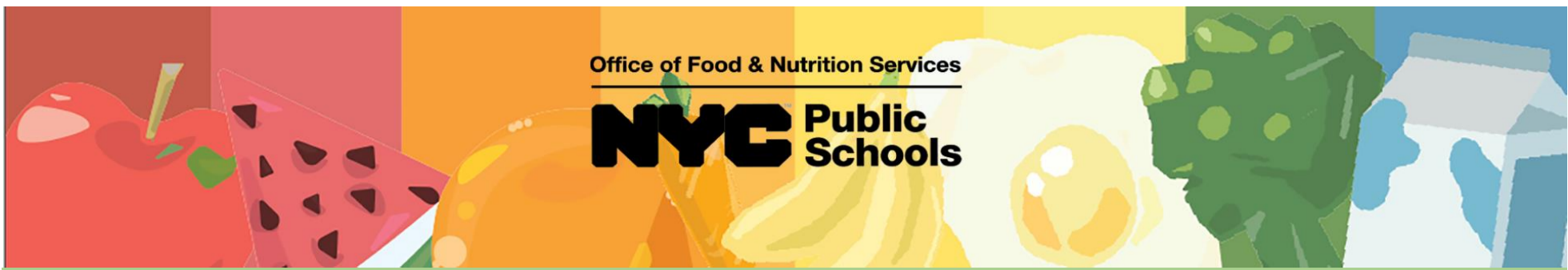
Seasonal Fresh Fruit
 Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

MARCH 2025: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	<u>Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Garlicky Green Beans (VE)	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
10	11	12	13	14
Sicilian Slice Pizza (V) Colorful Green Beans (V)* Chickpea & Pimento Salad (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)* Seasoned Corn (VE)	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)
17	18	19	20	21
Sicilian Slice Pizza (V) Rainbow Spinach (VE)* Roasted Chickpeas (VE)	Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE)	Fish Sticks with Dipping Sauces Ranch Carrot Sticks (V) Seasoned Wedge Fries (VE)	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
24	25	26	27	28
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	<u>Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Garlicky Green Beans (VE)	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
Eid al-Fitr	31			
Sicilian Slice Pizza (V) Colorful Green Beans (V)* Chickpea & Pimento Salad (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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* Recipes created in collaboration with OFNS and Wellness In The Schools

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Fish and Cheese Sandwich Broccoli With Roasted Garlic (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)	Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i> Diced Pears (VE)	100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) <i>Fruit Offering</i> Sliced Peaches (VE)	Italian Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Applesauce (VE)	Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
10	11	12	13	14
Braised Tuna with Tomato Sauce Broccoli With Roasted Garlic (VE) Soft Roll (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)	Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i> Diced Pears (VE)	100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) <i>Fruit Offering</i> Sliced Peaches (VE)	Ranch Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Applesauce (VE)	Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
17	18	19	20	21
Fish and Cheese Sandwich Broccoli With Roasted Garlic (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)	Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i> Diced Pears (VE)	100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) <i>Fruit Offering</i> Sliced Peaches (VE)	Italian Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Applesauce (VE)	Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
24	25	26	27	28
Braised Tuna with Tomato Sauce Broccoli With Roasted Garlic (VE) Soft Roll (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)	Taco Seasoned Turkey Sweet Plantains (VE) Soft Roll (VE) <i>Fruit Offering</i> Diced Pears (VE)	100% Beef Hamburgers & Cheeseburgers Whole Wheat Bun Steamed Carrots (VE) <i>Fruit Offering</i> Sliced Peaches (VE)	Ranch Chicken Tenders Pasta (VE) Roasted Cauliflower (VE) <i>Fruit Offering</i> Applesauce (VE)	Manicotti (V) Marinated White Beans (VE) <i>Fruit Offering</i> Bananas (VE)
Eid al-Fitr 31				
Fish and Cheese Sandwich Broccoli With Roasted Garlic (VE) <i>Fruit Offering</i> Flavored Applesauce (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Lunch Specials <ul style="list-style-type: none"> • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

(V) Indicates Vegetarian
 (VE) Indicates Vegan

Options may vary by location

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

Other Fruits
 Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Available Daily Upon Request: Transitional, Thick Puree or Thin Puree



Office of Food & Nutrition Services

NYC Public Schools

MARCH 2025: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Steamed Green Beans (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Teriyaki Chicken Bites Katsu Broccoli (VE)* Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Veggie Burger (VE) Whole Wheat Bun (VE) Sweet Potato Waffle Fries (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Caribbean Style Beef Patty Cinnamon Plantains (VE)* Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Three Cheese Grilled Cheese (V) Oven Roasted Squash (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
10	11	12	13	14
Personal Pizza (V) Superhero Spinach (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Chicken Tenders with Dipping Sauce Lemon Chive Peas (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Fish and Cheese Sandwich with Tartar Sauce Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Empanda (V) Steamed Broccoli (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Nuggets (VE) Roasted Curried Cauliflower (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
17	18	19	20	21
Vegetable Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)* Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Guisado Chicken* Brown Rice (VE) Stewed Black Beans (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fish Sticks with Dipping Sauce Steamed Carrot Coins (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
24	25	26	27	28
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Steamed Green Beans (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Teriyaki Chicken Bites Katsu Broccoli (VE)* Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Veggie Burger (VE) Whole Wheat Bun (VE) Sweet Potato Waffle Fries (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Caribbean Style Beef Patty Cinnamon Plantains (VE)* Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Three Cheese Grilled Cheese (V) Oven Roasted Squash (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
Eid al-Fitr 31				
Personal Pizza (V) Colorful Green Beans (VE)* Seasonal Fresh Fruit or Applesauce (VE) Milk (V)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Lunch Specials • Hot or Cold Cheese Sandwich (V) • Hummus and Soft Roll (VE) • 4 oz. Yogurt (V) • Tuna Sandwich

ATTENTION:

Milk*
Whole Milk (V)
 *Alternative options are available upon request

All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
 Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)
Other Fruits
 Applesauce, Sliced Peaches, Diced Pears, Pineapples (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.
 Consistencies upon request: puree, mashed and finely chopped.

*** Recipes created in collaboration with OFNS and Wellness In The Schools**

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



MARCH 2025: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Plant Powered BBQ Pizza (V)*</p> <p>Pizza Slice (V)</p> <p>Corn, Peas, Carrots (VE)</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)</p>	<p>Teriyaki Veggie Nuggets (VE)</p> <p>Vegetable Rice (VE)</p> <p>Katsu Broccoli (VE)*</p> <p>Asian Cucumber Salad (VE)*</p> <p>Salad Bar Leafy Green Bar</p>	<p><i>Brunch For Lunch</i></p> <p>Fiesta Egg & Cheese Sandwich (V)</p> <p>Fajita Veggie Burger (VE)*</p> <p>Sweet Potato Waffle Fries (VE)</p> <p>Salad Bar Classic Toppings Bar</p>	<p>Empanada (V)</p> <p>Salsa (VE)</p> <p>Cinnamon Plantains (VE)*</p> <p>Salad Bar Rainbow Bar</p>	<p>Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p>Oven Roasted Squash (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p>Salad Bar Mediterranean Bar</p>
10	11	12	13	14
<p>Personal Pizza (V)</p> <p>Colorful Green Beans (V)*</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)</p>	<p>Manicotti (V) in Marinara Sauce</p> <p>Honey Herb Knot (V)</p> <p>Lemon Chive Peas (VE)</p> <p>Salad Bar Rainbow Bar</p>	<p><i>Plastic Free Lunch Day</i></p> <p>Red White and Green Panini (V)</p> <p>Parmesan Carrot Sticks (V)*</p> <p>Salad Bar Plastic Free Lunch Day Bar</p>	<p>Fiesta Quesadilla (V)</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p>Salad Bar Fiesta Bar</p>	<p>Hummus Grab & Go Salad (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p>Veggie Nuggets (VE)</p> <p>Salad Bar Leafy Green Bar</p>
17	18	19	20	21
<p>Vegetable Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Rainbow Spinach (VE)*</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)</p>	<p>Guisado Black Beans (VE)*</p> <p>Sofrito Rice (VE)*</p> <p>Confetti Corn (VE)</p> <p>Salad Bar Fiesta Bar</p>	<p>Mozzarella Sticks (V) with Herbed Marinara (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p>Salad Bar Rainbow Bar</p>	<p>Rustic White Beans (VE)</p> <p>Arugula Pesto Pasta (V)*</p> <p>Italian Roasted Carrots (VE)*</p> <p>Salad Bar Leafy Green Bar</p>	<p>Falafel (VE) With Tzatziki (V)</p> <p>Flat Bread (VE)</p> <p>Greek Zucchini Salad (VE)</p> <p>Homemade Grilled Cheese (V)</p> <p>Salad Bar Mediterranean Bar</p>
24	25	26	27	28
<p>Plant Powered BBQ Pizza (V)*</p> <p>Pizza Slice (V)</p> <p>Corn, Peas, Carrots (VE)</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)</p>	<p>Teriyaki Veggie Nuggets (VE)</p> <p>Vegetable Rice (VE)</p> <p>Katsu Broccoli (VE)*</p> <p>Asian Cucumber Salad (VE)*</p> <p>Salad Bar Leafy Green Bar</p>	<p><i>Brunch For Lunch</i></p> <p>Fiesta Egg & Cheese Sandwich (V)</p> <p>Fajita Veggie Burger (VE)*</p> <p>Sweet Potato Waffle Fries (VE)</p> <p>Salad Bar Classic Toppings Bar</p>	<p>Empanada (V)</p> <p>Salsa (VE)</p> <p>Cinnamon Plantains (VE)*</p> <p>Salad Bar Rainbow Bar</p>	<p>Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p>Oven Roasted Squash (VE)</p> <p>Three Cheese Grilled Cheese (V)</p> <p>Salad Bar Mediterranean Bar</p>
31				
<p>Eid al-Fitr</p> <p>Personal Pizza (V)</p> <p>Colorful Green Beans (V)*</p> <p>Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)</p>				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)

<p>Milk</p> <p>1% Low-fat (V)</p> <p>Fat Free (V)</p> <p>Fat Free Chocolate (V)</p> <p>Alternative options are available upon request</p>	<p>ATTENTION:</p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit</p> <p>Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p>
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* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



MARCH 2025: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE) Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Salad Bar Leafy Green Bar	<u>Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato Waffle Fries (VE) Salad Bar Classic Toppings Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Salad Bar Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V) Salad Bar Mediterranean Bar
10	11	12	13	14
Personal Pizza (V) Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE) Salad Bar Rainbow Bar	<u>Plastic Free Lunch Day</u> Caribbean Style Beef Patty Fish and Cheese Sandwich with Tartar Sauce Parmesan Carrot Sticks (V)* Salad Bar Plastic Free Lunch Day Bar	Empanada (V) Turkey Quesadilla Salsa (VE) Sweet and Zesty Garden Greens (V)* Salad Bar Fiesta Bar	Hummus Grab & Go Salad (VE) Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE) Salad Bar Leafy Green Bar
17	18	19	20	21
Vegetable Pizza (V) French Bread Pizza (V) Rainbow Spinach (VE)* Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)	Guisado Black Beans (VE)* Guisado Chicken* Sofrito Rice (VE)* Confetti Corn (VE) Salad Bar Fiesta Bar	Mozzarella Sticks (V) with Herbed Marinara (VE) Fish Sticks with Dipping Sauce Seasoned Wedge Fries (VE) Salad Bar Rainbow Bar	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)* Salad Bar Leafy Green Bar	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V) Salad Bar Mediterranean Bar
24	25	26	27	28
Plant Powered BBQ Pizza (V)* Pizza Slice (V) Corn, Peas, Carrots (VE) Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)* Salad Bar Leafy Green Bar	<u>Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Fajita Veggie Burger (VE)* Salsa (VE) Sweet Potato Waffle Fries (VE) Salad Bar Classic Toppings Bar	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)* Salad Bar Rainbow Bar	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V) Salad Bar Mediterranean Bar
31				
Personal Pizza (V) Colorful Green Beans (V)* Salad Bar Pizza Bar With Balsamic Chickpea Salad (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

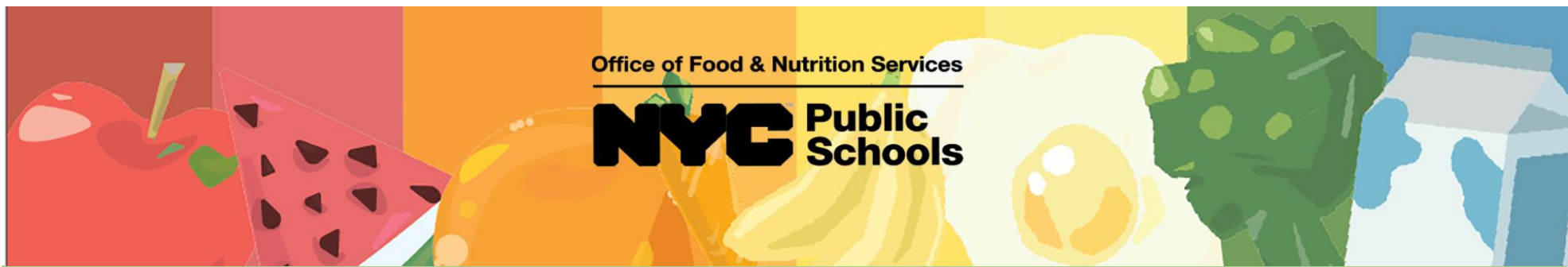
DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (VE) • Rainbow Wrap (VE)

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies	OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available	Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services


NYC Public Schools

MARCH 2025: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BBQ Veggie Nugget Wrap (VE) Seasoned Corn (VE)	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Chipotle Chicken Wrap Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Chickpea Salad Wrap (VE) Mixed Green Salad (VE)
10	11	12	13	14
Red White and Green Panini (V) Colorful Green Bean Salad (V)*	Crispy Chicken Grab & Go Salad Classic Potato Salad (V)	Classic Tuna Wrap Crunchy Carrot Sticks (VE)	Balsamic Chicken Salad Wrap Sweet and Zesty Garden Greens (V)*	Hummus Grab & Go Salad (VE) Marinated Bean Salad (VE)
17	18	19	20	21
Superhero Spinach Wrap (V) Balsamic Chickpea Salad (VE)	Chimichurri Chicken Wrap Confetti Corn Salad (VE)	Chicken Salad Hogie Carrot Raisin Salad (V)	Mediterranean Chicken Grab & Go Pasta Salad Lemon Arugula Salad (V)	Falafel Grab & Go Salad (V) Greek Zucchini Salad (VE)
24	25	26	27	28
BBQ Veggie Nugget Wrap (VE) Seasoned Corn (VE)	Sesame Noodle Bowl Asian Cucumber Salad (VE)*	Chipotle Chicken Wrap Ranch Carrot Sticks (V)	Chicken Caesar Salad with Croutons White Bean Salad (VE)	Chickpea Salad Wrap (VE) Mixed Green Salad (VE)
Eid al-Fitr 31				
Red White and Green Panini (V) Colorful Green Bean Salad (V)*				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Cheese Sandwich (V) • Rainbow Wrap (VE)

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

MARCH 2025: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	<u>Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)*	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
10	11	12	13	14
Sicilian Slice Pizza (V) Chickpea & Pimento Salad (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Lemon Chive Peas (VE)	Caribbean Style Beef Patty Parmesan Carrot Sticks (V)*	Empanada (V) Salsa (VE) Superhero Spinach (VE)	Chickpea Shawarma (VE)* Brown Rice (VE) Roasted Curried Cauliflower (VE) Veggie Nuggets (VE)
17	18	19	20	21
Sicilian Slice Pizza (V) Rainbow Spinach (VE)*	Guisado Chicken* Sofrito Rice (VE)* Stewed Black Beans (VE)	Fish Sticks with Dipping Sauces Seasoned Wedge Fries (VE)	Lemon Pepper Chicken Arugula Pesto Pasta (V)* Italian Roasted Carrots (VE)*	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Zucchini Salad (VE) Homemade Grilled Cheese (V)
24	25	26	27	28
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Teriyaki Chicken Bites Vegetable Rice (VE) Katsu Broccoli (VE)*	<u>Brunch For Lunch</u> Fiesta Egg & Cheese Sandwich (V) Salsa (VE) Sweet Potato Waffle Fries (VE)	Caribbean Spiced Jerk Chicken* Dinner Roll (VE) Cinnamon Plantains (VE)*	Lentil Bolognese (VE) with Elbow Macaroni (VE) Oven Roasted Squash (VE) Three Cheese Grilled Cheese (V)
Eid al-Fitr 31				
Sicilian Slice Pizza (V) Chickpea & Pimento Salad (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Rainbow Wraps (VE)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



MARCH 2025: Food Court Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Red White and Green Panini (V)</p> <p>Italian Chickpeas (VE)</p> <p><i>Salad Bar</i></p> <p>Pizza Bar</p>	<p>Teriyaki Chicken Bites</p> <p>Vegetable Rice (VE)</p> <p>Katsu Broccoli (VE)*</p> <p><i>Salad Bar</i></p> <p>Leafy Green Bar</p>	<p><i>Brunch For Lunch</i></p> <p>Fiesta Egg & Cheese Sandwich (V)</p> <p>Salsa (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p><i>Salad Bar</i></p> <p>Classic Toppings Bar</p>	<p>Caribbean Spiced Jerk Chicken*</p> <p>Dinner Roll (VE)</p> <p>Cinnamon Plantains (VE)*</p> <p><i>Salad Bar</i></p> <p>Rainbow Bar</p>	<p>Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p>Oven Roasted Squash (VE)</p> <p><i>Salad Bar</i></p> <p>Mediterranean Bar</p>
10	11	12	13	14
<p>Empanada (V)</p> <p>Seasoned Pinto Beans (VE)</p> <p><i>Salad Bar</i></p> <p>Fiesta Bar</p>	<p>Fish and Cheese Sandwich with Tartar Sauce</p> <p>Lemon Chive Peas (VE)</p> <p><i>Salad Bar</i></p> <p>Classic Toppings Bar</p>	<p>Caribbean Style Beef Patty</p> <p>Parmesan Carrot Sticks (V)*</p> <p><i>Salad Bar</i></p> <p>Rainbow Bar</p>	<p>Turkey Quesadilla</p> <p>Salsa (VE)</p> <p>Sweet and Zesty Garden Greens (V)*</p> <p><i>Salad Bar</i></p> <p>Fiesta Bar</p>	<p>Chickpea Shawarma (VE)</p> <p>Brown Rice (VE)</p> <p>Roasted Curried Cauliflower (VE)</p> <p><i>Salad Bar</i></p> <p>Leafy Green Bar</p>
17	18	19	20	21
<p>Veggie Nuggets (VE)</p> <p>Dinner Roll (V)</p> <p>Black Bean Salad (VE)</p> <p><i>Salad Bar</i></p> <p>Leafy Green Bar</p>	<p>Guisado Chicken*</p> <p>Sofrito Rice (VE)*</p> <p>Confetti Corn (VE)</p> <p><i>Salad Bar</i></p> <p>Fiesta Bar</p>	<p>Fish Sticks with Dipping Sauce</p> <p>Honey Herb Knot (V)</p> <p>Rainbow Spinach (VE)*</p> <p><i>Salad Bar</i></p> <p>Rainbow Bar</p>	<p>Lemon Pepper Chicken</p> <p>Arugula Pesto Pasta (V)*</p> <p>Italian Roasted Carrots (VE)*</p> <p><i>Salad Bar</i></p> <p>Leafy Green Bar</p>	<p>Falafel (VE) With Tzatziki (V)</p> <p>Flat Bread (VE)</p> <p>Greek Zucchini Salad (VE)</p> <p><i>Salad Bar</i></p> <p>Mediterranean Bar</p>
24	25	26	27	28
<p>Red White and Green Panini (V)</p> <p>Italian Chickpeas (VE)</p> <p><i>Salad Bar</i></p> <p>Pizza Bar</p>	<p>Teriyaki Chicken Bites</p> <p>Vegetable Rice (VE)</p> <p>Katsu Broccoli (VE)*</p> <p><i>Salad Bar</i></p> <p>Leafy Green Bar</p>	<p><i>Brunch For Lunch</i></p> <p>Fiesta Egg & Cheese Sandwich (V)</p> <p>Salsa (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p><i>Salad Bar</i></p> <p>Classic Toppings Bar</p>	<p>Caribbean Spiced Jerk Chicken*</p> <p>Dinner Roll (VE)</p> <p>Cinnamon Plantains (VE)*</p> <p><i>Salad Bar</i></p> <p>Rainbow Bar</p>	<p>Lentil Bolognese (VE) with Elbow Macaroni (VE)</p> <p>Oven Roasted Squash (VE)</p> <p><i>Salad Bar</i></p> <p>Mediterranean Bar</p>
Eid al-Fitr	31			
<p>Empanada (V)</p> <p>Seasoned Pinto Beans (VE)</p> <p><i>Salad Bar</i></p> <p>Fiesta Bar</p>				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

DAILY OFFERINGS

<p>Monday</p> <ul style="list-style-type: none"> • Pizza (V) • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V) 	<p>Tuesday</p> <ul style="list-style-type: none"> • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V) 	<p>Wednesday</p> <ul style="list-style-type: none"> • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V) 	<p>Thursday</p> <ul style="list-style-type: none"> • Pizza (V) • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Seasoned Wedge Fries (VE) • Egg and Cheese Sandwiches (V) 	<p>Friday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (VE) • Seasoned Wedge Fries (VE) • Southwest Burrito (V) • Rainbow Wrap (VE)
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Milk
 1% Low-fat (V)
 Fat Free (V)
 Fat Free Chocolate (V)
 Alternative options are available upon request

ATTENTION:
 All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
 Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and Wellness In The Schools

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Yogurt Choice (V) Blueberry Granola (V)	Honey Graham Biscuits (V) Milk (V)	Animal Crackers (V) Milk (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
10	11	12	13	14
Heart Shaped Pretzels (VE) Hummus Cup (VE)	Mini Wheats (V) Milk (V)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Croissant (V) with Jelly (VE) Milk (V)
17	18	19	20	21
Honey Graham Crackers (V) Milk (V)	Colby Jack Cheese Cubes (V) Fresh Fruit (VE)	Crispy Tortilla (VE) Salsa (VE)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
24	25	26	27	28
Yogurt Choice (V) Blueberry Granola (V)	Honey Graham Biscuits (V) Milk (V)	Animal Crackers (V) Milk (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
Eid al-Fitr 31				
Heart Shaped Pretzels (VE) Hummus Cup (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>All Fruit Offerings are 1 cup</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Fresh Banana (VE) Milk (V)
10	11	12	13	14
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Diced Pineapples (VE)	Multi-Grain Oats (VE) Milk (V)
17	18	19	20	21
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Fresh Banana (VE) Milk (V)
24	25	26	27	28
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Diced Pineapples (VE)	Multi-Grain Oats (VE) Milk (V)
Eid al-Fitr 31				
Animal Crackers (V) Milk (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFNS has an extensive Prohibitive Ingredients List available at:



Milk

Whole Milk (V)

Alternative options are available upon request

OFNS Menu Support
Seasonal Fresh Fruit and
Vegetables
when available

Seasonal Fresh Fruit
Apples, Apple Slices,
Mandarins, Oranges, Pears,
Strawberries (VE)

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Hummus Grab & Go Salad (VE)</p> <p><i>Savory Green Beans (VE)</i></p>	<p>Chicken Salad Hogie</p> <p>Pinto Bean Salad (VE)</p>	<p>Crispy Chicken Grab & Go Salad</p> <p>Broccoli Salad (V)</p>	<p>Italian Crispy Chicken Wrap</p> <p>Zucchini Tomato Parmesan Salad (V)</p>	<p>Falafel Grab & Go Salad (V)</p> <p>Crunchy Carrot Sticks (VE)</p>
10	11	12	13	14
<p>Cheese Plate Grab & Go (V)</p> <p>Ranch Carrot Sticks (V)</p>	<p>Asian Sesame Grilled Chicken Grab & Go Salad</p> <p>Cauliflower Salad (VE)</p>	<p>Chimichurri Chicken Wrap</p> <p><i>Confetti Corn Salad (VE)</i></p>	<p>BBQ Crispy Chicken Grab & Go Salad</p> <p><i>Classic Coleslaw (V)</i></p>	<p>Mediterranean Chickpea Wrap (VE)</p> <p>Lemon Arugula Salad (V)</p>
17	18	19	20	21
<p>Cheese Lettuce & Tomato Wrap (V)</p> <p>White Bean Salad (VE)</p>	<p>Chopped Salad Grab & Go</p> <p><i>Classic Potato Salad (V)</i></p>	<p>Classic Tuna on Ciabatta</p> <p>Italian Marinated Cucumber Salad (VE)</p>	<p>Curried Chicken Wrap</p> <p>Green Garden Salad (VE)</p>	<p>Black Bean & Corn Wrap (VE)</p> <p>Fresh Tomato Salad (V)</p>
24	25	26	27	28
<p>Hummus Grab & Go Salad (VE)</p> <p><i>Savory Green Beans (VE)</i></p>	<p>Chicken Salad Hogie</p> <p>Pinto Bean Salad (VE)</p>	<p>Crispy Chicken Grab & Go Salad</p> <p>Broccoli Salad (V)</p>	<p>Italian Crispy Chicken Wrap</p> <p>Zucchini Tomato Parmesan Salad (V)</p>	<p>Falafel Grab & Go Salad (V)</p> <p>Crunchy Carrot Sticks (VE)</p>
Eid al-Fitr 31				
<p>Cheese Plate Grab & Go (V)</p> <p>Ranch Carrot Sticks (V)</p>			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Daily Supper Specials</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) <p>Options may vary by location</p>

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are available upon request

OFNS Menu Support
 Seasonal Fresh Fruit and Vegetables
 when available

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

MARCH 2025: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Empanada (V) Seasoned Pinto Beans (VE)</p>	<p>Chicken Cheese Steak Seasoned Wedge Fries (VE)</p>	<p>Rustic White Beans (VE) <i>Pasta & Peas (V)</i> <i>Italian Roasted Carrots (VE)</i></p>	<p>Chicken Tenders with Dipping Sauce Seasoned Bread Knot (V) Chipotle Broccoli (V)</p>	<p>Pizza (V) Corn, Peas, Carrots (VE)</p>
10	11	12	13	14
<p>Mozzarella Sticks (V) with Herbed Marinara (VE) Superhero Spinach (VE)</p>	<p>Southwest Burrito (V) <i>Confetti Corn (VE)</i></p>	<p>Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)</p>	<p>Fish Sticks with Dipping Sauce Dinner Roll (V) Sweet Plantains (VE)</p>	<p>Pizza (V) Balsamic Chickpea Salad (V)</p>
17	18	19	20	21
<p>Manicotti (V) in Marinara Sauce <i>Parmigiana Peas (VE)</i></p>	<p>Chicken Bites with Dipping Sauce Corn Bread (V) <i>Herb Roasted Potatoes (VE)</i></p>	<p>Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)</p>	<p>Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun Sweet Potato Waffle Fries (VE)</p>	<p>Pizza (V) <i>Savory Green Beans (VE)</i></p>
24	25	26	27	28
<p>Empanada (V) Seasoned Pinto Beans (VE)</p>	<p>Chicken Cheese Steak Seasoned Wedge Fries (VE)</p>	<p>Rustic White Beans (VE) <i>Pasta & Peas (V)</i> <i>Italian Roasted Carrots (VE)</i></p>	<p>Chicken Tenders with Dipping Sauce Seasoned Bread Knot (V) Chipotle Broccoli (V)</p>	<p>Pizza (V) Corn, Peas, Carrots (VE)</p>
Eid al-Fitr 31				
<p>Mozzarella Sticks (V) with Herbed Marinara (VE) Superhero Spinach (VE)</p>			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Daily Supper Specials</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) <p>Options may vary by location</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

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MARCH 2025: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Empanada (V) Seasoned Pinto Beans (VE)</p>	<p>Superhero Spinach Wrap (V) Seasoned Wedge Fries (VE)</p>	<p>Rustic White Beans (VE) <i>Pasta & Peas (V)</i> <i>Italian Roasted Carrots (VE)</i></p>	<p>Three Bean Chili (VE) Seasoned Bread Knot (V) Chipotle Broccoli (V)</p>	<p>Pizza (V) Corn, Peas, Carrots (VE)</p>
10	11	12	13	14
<p>Mozzarella Sticks (V) with Herbed Marinara (VE) Superhero Spinach (VE)</p>	<p>Homemade Grilled Cheese (V) <i>Confetti Corn (VE)</i></p>	<p>Falafel (VE) With Tzatziki (V) Flat Bread (VE) Green Garden Salad (VE)</p>	<p>Southwest Burrito (V) Sweet Plantains (VE)</p>	<p>Pizza (V) Balsamic Chickpea Salad (V)</p>
17	18	19	20	21
<p>Manicotti (V) in Marinara Sauce <i>Parmigiana Peas (VE)</i></p>	<p>Veggie Nuggets with Dipping Sauce Corn Bread (V) <i>Herb Roasted Potatoes (VE)</i></p>	<p>Kidney Bean Rajma (VE) Brown Rice (VE) Roasted Broccoli (VE)</p>	<p>Veggie Burger (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun Sweet Potato Waffle Fries (VE)</p>	<p>Pizza (V) <i>Savory Green Beans (VE)</i></p>
24	25	26	27	28
<p>Empanada (V) Seasoned Pinto Beans (VE)</p>	<p>Superhero Spinach Wrap (V) Seasoned Wedge Fries (VE)</p>	<p>Rustic White Beans (VE) <i>Pasta & Peas (V)</i> <i>Italian Roasted Carrots (VE)</i></p>	<p>Three Bean Chili (VE) Seasoned Bread Knot (V) Chipotle Broccoli (V)</p>	<p>Pizza (V) Corn, Peas, Carrots (VE)</p>
Eid al-Fitr 31				
<p>Mozzarella Sticks (V) with Herbed Marinara (VE) Superhero Spinach (VE)</p>			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Daily Supper Specials</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Crackers Grab & Go (V) <p>Options may vary by location</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menu Support
Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)

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• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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Office of Food & Nutrition Services



MARCH 2025: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
<p>Yogurt Choice (V)</p> <p>Fresh Fruit (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Milk (V)</p>	<p>Croissant (V) with Jelly (VE)</p> <p>Fresh Fruit (VE)</p>	<p>Blueberry Breakfast Bread (V)</p> <p>Milk (V)</p>	<p>Zucchini Carrot Breakfast Bread (V)</p> <p>Fresh Fruit (VE)</p>
				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

Milk

1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

OFNS has an extensive [Prohibitive Ingredients List](#) available at:

Seasonal Fresh Fruit
Apples, Apple Slices,
Mandarins, Oranges, Pears,
Strawberries (VE)



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services



MARCH 2025: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
<p>Buttermilk Pancakes (V)</p> <p>Fresh Fruit (VE)</p>	<p>Rise and Shine Waffles (V)</p> <p>Fresh Fruit (VE)</p>	<p>French Toast Sticks (V)</p> <p>Fresh Fruit (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Fresh Fruit (VE)</p>	<p>Cinnamon Burst Pancakes (V)</p> <p>Fresh Fruit (VE)</p>
				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

OFNS has an extensive Prohibitive Ingredients List available at:

Seasonal Fresh Fruit

Apples, Apple Slices, Mandarins, Oranges, Pears, Strawberries (VE)



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Menu subject to change. Our menus are pork free.

Office of Food & Nutrition Services



MARCH 2025: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
Chicken Tenders Garlic Knots (V) Confetti Corn (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Southwest Burrito (V) Baked Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)	Chicken Bites Dinner Roll (V) Herb Roasted Potatoes (VE) Fresh Fruit (VE) Milk (V)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
 Fat Free Chocolate (V)
 Alternative options are available upon request

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices,
 Mandarins, Oranges, Pears,
 Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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