

## MARCH 2026: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Croissant</b> Hot Oatmeal (V)	<b>Buttermilk Pancakes (V)</b> Strawberry Topping (V)	<b>Blueberry Breakfast Bread (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)	<b>Breakfast Burrito (V)</b> Salsa (VE)
9	10	11	12	13
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Breakfast Griddle Sandwich (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)	<b>Rise and Shine Waffles (V)</b> Cherry Topping (VE)	<b>Sweet Potato Oatmeal Muffin (V)</b> <b>Cheddar Cheese Stick (V)</b> Hot Oatmeal (V)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Bagel</b> Hashbrowns (VE)
16	17	18	19	Eid al-Fitr 20
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Buttermilk Biscuit</b> Hot Oatmeal (V)	<b>French Toast Sticks (V)</b> Blueberry Topping (VE)	<b>Egg &amp; Cheese on a Soft Roll (V)</b> Home Fries (V)	<b>Hot Cinnamon Knot (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)
23	24	25	26	27
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Croissant</b> Hot Oatmeal (V)	<b>Buttermilk Pancakes (V)</b> Strawberry Topping (V)	<b>Blueberry Breakfast Bread (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)	<b>Breakfast Burrito (V)</b> Salsa (VE)
30	31			
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Breakfast Griddle Sandwich (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<b>Fresh New York Bagel Assortment</b> Cinnamon Raisin (VE) Plain (VE)  <b>Fresh New York Bagel Stick Assortment</b> 7 Grain (V) Blueberry (V) Cranberry (V) Plain (V)

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

**Cold Cereal Choices**  
 Berry Toasted Oats (VE)  
 Blueberry Granola (VE)  
 Cereal with Oat Clusters (V)  
 Cinnamon Vanilla Granola (VE)  
 Honey Toasted Oats (V)  
 Shredded Wheat  
 Toasted Oats (VE)

**OFFERED DAILY**  
 Options may vary by location  
  
Breakfast After the Bell  
Grab and Go  
  
Alternative Breakfast  
Grab and Go  
 (Cereal, Fruit and Milk)

**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

**Condiments**  
 Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



**ATTENTION:**  
 • All Pre-K Students CANNOT be Offered CHOCOLATE MILK.  
 • Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.  
 • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Croissant</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)	<b>Buttermilk Pancakes (V)</b> Strawberry Topping (V)	<b>Blueberry Breakfast Bread (V)</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)	<b>Breakfast Burrito (V)</b> Salsa (VE)
9	10	11	12	13
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Breakfast Griddle Sandwich (V)</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)	<b>Rise and Shine Waffles (V)</b> Cherry Topping (VE)	<b>Sweet Potato Oatmeal Muffin (V)</b> <b>Cheddar Cheese Stick (V)</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Bagel</b> Hashbrowns (VE)
16	17	18	19	Eid al-Fitr 20
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Buttermilk Biscuit</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)	<b>French Toast Sticks (V)</b> Blueberry Topping (VE)	<b>Egg &amp; Cheese on a Soft Roll (V)</b> Home Fries (V)	Hot Cinnamon Knot (V) <b>Breakfast Bar (V)</b> Hot Oatmeal (V)
23	24	25	26	27
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Croissant</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)	<b>Buttermilk Pancakes (V)</b> Strawberry Topping (V)	<b>Blueberry Breakfast Bread (V)</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)	<b>Breakfast Burrito (V)</b> Salsa (VE)
30	31			
<b>Assorted Fresh NY Bagels (VE)</b> served with Cream Cheese (V) Jelly (VE) <b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Breakfast Griddle Sandwich (V)</b> <b>Breakfast Bar (V)</b> Hot Oatmeal (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<b>Fresh New York Bagel Assortment</b> Cinnamon Raisin (VE) Plain (VE)  <b>Fresh New York Bagel Stick Assortment</b> 7 Grain (V) Blueberry (V) Cranberry (V) Plain (V)  <b>Breakfast Bar</b> Yogurts (V) Assorted Berries & Fresh Cut Fruit (VE) Assorted Granola (V)

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

**Cold Cereal Choices**  
 Berry Toasted Oats (VE)  
 Blueberry Granola (VE)  
 Cereal with Oat Clusters (V)  
 Cinnamon Vanilla Granola (VE)  
 Honey Toasted Oats (V)  
 Shredded Wheat  
 Toasted Oats (VE)

**OFFERED DAILY**

Options may vary by location

**Breakfast After the Bell****Grab and Go****Alternative Breakfast****Grab and Go**

(Cereal, Fruit and Milk)

**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

**Condiments**

Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



**ATTENTION:**

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Honey Scooters (V) Blueberry Granola (V) Raisins (VE)	Whole Grain Croissant (V) Colby Jack Cheese Stick (V)	Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)	Blueberry Breakfast Bread (V) Honey Roasted Sunflower Seeds (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)
9	10	11	12	13
Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)	Banana Breakfast Bread (V) Cheddar Cheese Stick (V)	Sweet Potato Oatmeal Muffin (V)	Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)
16	17	18	19	Eid al-Fitr 20
Scooters (V) Blueberry Granola (V) Strawberry Banana Applesauce (VE)	Honey Corn Breakfast Bread (V) Colby Jack Cheese Cubes (V)	Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)	Zucchini Carrot Breakfast Bread (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)
23	24	25	26	27
Honey Scooters (V) Blueberry Granola (V) Raisins (VE)	Whole Grain Croissant (V) Colby Jack Cheese Stick (V)	Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE)	Blueberry Breakfast Bread (V) Honey Roasted Sunflower Seeds (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)
30	31			
Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

**Cold Cereal Choices**  
Berry Toasted Oats (VE)  
Blueberry Granola (VE)  
Cereal with Oat Clusters (V)  
Cinnamon Vanilla Granola (VE)  
Honey Toasted Oats (V)  
Shredded Wheat Toasted Oats (VE)

**OFFERED DAILY**

Options may vary by location

**Breakfast After the Bell****Grab and Go****Alternative Breakfast**  
**Grab and Go**  
(Cereal, Fruit and Milk)

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

**Condiments**

Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

**ATTENTION:**

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Sweet Potato Oatmeal Muffin (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Applesauce (VE)
9	10	11	12	13
Sweet Potato Oatmeal Muffin (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Applesauce (VE)
16	17	18	19	Eid al-Fitr 20
Sweet Potato Oatmeal Muffin (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Applesauce (VE)
23	24	25	26	27
Sweet Potato Oatmeal Muffin (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V)  Yogurt Choice (V)  Hot Oatmeal (V)  <i>Fruit Offering</i> Applesauce (VE)
30	31			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

## OFFERED DAILY

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
**Fat Free Chocolate (V)**  
Alternative options are available upon request

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

**Condiments**  
Syrup (VE)

Options may vary by location  
**Assorted Yogurts**  
**Other Fruits**  
Applesauce, Sliced Peaches, Diced Pears, Pineapples

**Cold Cereal Choices**  
Berry Toasted Oats (VE)  
Blueberry Granola (VE)  
Cereal with Oat Clusters (V)  
Cinnamon Vanilla Granola (VE)  
Honey Toasted Oats (V)  
Shredded Wheat  
Toasted Oats (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

## ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE)  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pineapples (VE)</b> Milk (V)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Croissant</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Flavored Applesauce (VE)</b> Milk (V)	<b>Buttermilk Pancakes (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Sliced Peaches (VE)</b> Milk (V)	<b>Yogurt Choice (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Applesauce (VE)</b> Milk (V)	<b>Breakfast Burrito (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pears (VE)</b> Milk (V)
9	10	11	12	13
<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE)  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pineapples (VE)</b> Milk (V)	<b>Breakfast Griddle Sandwich (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Flavored Applesauce (VE)</b> Milk (V)	<b>Rise and Shine Waffles (V)</b> Cherry Topping (VE)  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Sliced Peaches (VE)</b> Milk (V)	<b>Sweet Potato Oatmeal Muffin (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Applesauce (VE)</b> Milk (V)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Soft Roll</b>  <b>Hashbrowns (VE)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pears (VE)</b> Milk (V)
16	17	18	19	Eid al-Fitr 20
<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE)  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pineapples (VE)</b> Milk (V)	<b>Yogurt Choice (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Flavored Applesauce (VE)</b> Milk (V)	<b>French Toast Sticks (V)</b> Blueberry Topping (VE)  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Sliced Peaches (VE)</b> Milk (V)	<b>Egg &amp; Cheese on a Soft Roll (V)</b>  <b>Home Fries (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Applesauce (VE)</b> Milk (V)	<b>Zucchini Carrot Breakfast Bread (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pears (VE)</b> Milk (V)
23	24	25	26	27
<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE)  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pineapples (VE)</b> Milk (V)	<b>Turkey Breakfast Patty, Egg, &amp; Cheese on a Croissant</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Flavored Applesauce (VE)</b> Milk (V)	<b>Buttermilk Pancakes (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Sliced Peaches (VE)</b> Milk (V)	<b>Yogurt Choice (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Applesauce (VE)</b> Milk (V)	<b>Breakfast Burrito (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pears (VE)</b> Milk (V)
30	31			
<b>Fresh NY Bagel Half (VE)</b> served with Cream Cheese (V) & Jelly (VE)  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Diced Pineapples (VE)</b> Milk (V)	<b>Breakfast Griddle Sandwich (V)</b>  <b>Hot Oatmeal (V)</b>  <b>Seasonal Fresh Fruit or Flavored Applesauce (VE)</b> Milk (V)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY**Milk**
**Whole Milk (V)**  
Alternative options are available upon request
(V) Indicates Vegetarian  
(VE) Indicates Vegan**Seasonal Fresh Fruit**

Apple Slices, Bananas, Blueberries, Mandarins, Oranges, Strawberries (VE)

**Other Fruits**  
Applesauce, Sliced Peaches, Diced Pears, Pineapples**Cold Cereal Choices**Berry Toasted Oats (VE)  
Toasted Oats (VE)

Options may vary by location

**Assorted Yogurts****Condiments**  
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months.  
Formula is to be provided by the parent.

**MARCH 2026: Pre-K - 8 Vegetarian Breakfast Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Egg, &amp; Cheese on a Croissant (V)</b> Hot Oatmeal (V)	<b>Buttermilk Pancakes (V)</b> Strawberry Topping (V)	<b>Blueberry Breakfast Bread (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)	<b>Breakfast Burrito (V)</b> Salsa (VE)
9	10	11	12	13
<b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Breakfast Griddle Sandwich (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)	<b>Rise and Shine Waffles (V)</b> Cherry Topping (VE)	<b>Sweet Potato Oatmeal Muffin (V)</b> Cheddar Cheese Stick (V) Hot Oatmeal (V)	<b>Egg, &amp; Cheese on a Bagel (V)</b> Hashbrowns (VE)
16	17	18	19	Eid al-Fitr 20
<b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Egg, &amp; Cheese on a Buttermilk Biscuit (V)</b> Hot Oatmeal (V)	<b>French Toast Sticks (V)</b> Blueberry Topping (VE)	<b>Egg &amp; Cheese on a Soft Roll (V)</b> Home Fries (V)	<b>Hot Cinnamon Knot (V)</b> Yogurt Choice (V) Hot Oatmeal (V)
23	24	25	26	27
<b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Egg, &amp; Cheese on a Croissant (V)</b> Hot Oatmeal (V)	<b>Buttermilk Pancakes (V)</b> Strawberry Topping (V)	<b>Blueberry Breakfast Bread (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)	<b>Breakfast Burrito (V)</b> Salsa (VE)
30	31			
<b>Assorted Fresh NY Bagel Sticks (V)</b> served with Cream Cheese (V) Jelly (VE)	<b>Breakfast Griddle Sandwich (V)</b> <b>Yogurt Choice (V)</b> Hot Oatmeal (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<b>Fresh New York Bagel Assortment</b> Cinnamon Raisin (VE) Plain (VE)  <b>Fresh New York Bagel Stick Assortment</b> 7 Grain (V) Blueberry (V) Cranberry (V) Plain (V)

<b>Milk</b> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	<b>Cold Cereal Choices</b> Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V) Cinnamon Vanilla Granola (VE) Honey Toasted Oats (V) Toasted Oats (VE)	<b>OFFERED DAILY</b> Options may vary by location  <u>Breakfast After the Bell</u> <u>Grab and Go</u>  <u>Alternative Breakfast</u> <u>Grab and Go</u> (Cereal, Fruit and Milk)	<b>Seasonal Fresh Fruit</b> Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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<b>ATTENTION:</b> • All Pre-K Students CANNOT be Offered CHOCOLATE MILK • <b>Vegetarian Item (V):</b> A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • <b>Vegan Item (VE):</b> A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.
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## MARCH 2026: Pre-K - 8 Lunch Menu

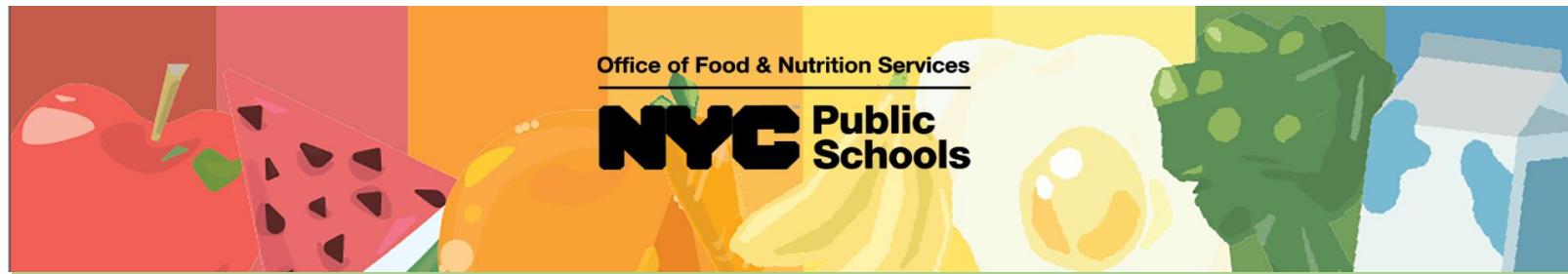
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p><b>French Bread Pizza (V)</b> Corn, Peas, Carrots (VE)</p> <p><b>Salad Bar</b> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p><b><u>Plastic Free Lunch Day</u></b></p> <p><b>Fajita Black Bean Burger (VE)</b></p> <p><b>Fajita Turkey Burger</b> Fresh Broccoli (VE) with Ranch Dressing (V)</p> <p><b>Salad Bar</b> Plastic Free Bar</p>	<p><b>Chickpea Shawarma (VE)</b></p> <p><b>Naan Bread (VE)</b></p> <p><b>Mediterranean Melt (V)</b></p> <p><b>Herb Roasted Cauliflower (VE)</b></p> <p><b>Salad Bar</b> Mediterranean Bar with Cherry Tomatoes (VE)</p>	<p><b>Caribbean Style Beef Patty</b></p> <p><b>Fish &amp; Cheese Sandwich</b></p> <p><b>Pineapple Salsa (VE)</b></p> <p><b>Kelewele Style Plantains (VE)</b></p> <p><b>Salad Bar</b> Rainbow Bar</p>	<p><b>"Stir-Fry" Chicken with Peppers</b></p> <p><b>Veggie Ginger Soy Rice (VE)</b></p> <p><b>Ginger Carrots (V)</b></p> <p><b>Garlicky Green Beans (VE)</b></p> <p><b>Salad Bar</b> Zen &amp; Zest Bar</p>
9	10	11	12	13
<p><b>Hot Honey Pizza (V)</b></p> <p><b>Pizza Slice (V)</b> Sweet Potato Waffle Fries (VE)</p> <p><b>Salad Bar</b> Pizza Bar</p>	<p><b>Falafel (VE)</b> With Tzatziki (V)</p> <p><b>Greek Lemon Chicken Pita</b> With Tzatziki (V)</p> <p><b>Citrus and Herb Roasted Potatoes (VE)</b></p> <p><b>Salad Bar</b> Mediterranean Bar</p>	<p><b>Chicken Tenders</b> With Teriyaki Dipper</p> <p><b>Sesame Noodles (VE)</b></p> <p><b>Katsu Broccoli (VE)</b></p> <p><b>Salad Bar</b> Zen &amp; Zest Bar</p>	<p><b>Rustic White Bean and Pasta Primavera (VE)</b></p> <p><b>Mozzarella Sticks (V)</b> with Herbed Marinara</p> <p><b>Roasted Zucchini and Tomatoes (VE)</b></p> <p><b>Salad Bar</b> Leafy Green Bar</p>	<p><b>Veggie Nuggets (VE)</b> with Peach BBQ Dipper (VE)</p> <p><b>Peach BBQ Chicken Thigh</b></p> <p><b>Buttermilk Biscuit (V)</b></p> <p><b>Baked Beans (VE)</b></p> <p><b>Classic Coleslaw (V)</b></p> <p><b>Salad Bar</b> Rainbow Bar</p>
16	17	18	19	Eid al-Fitr 20
<p><b>Personal Pizza (V)</b> Creamy Lima Beans (V)</p> <p><b>Salad Bar</b> Pizza Bar</p>	<p><b>Taco Spiced Veggie Nuggets (VE)</b></p> <p><b>Taco Spiced Chicken Bites</b></p> <p><b>Fiesta Vegetable Rice (VE)</b></p> <p><b>Zesty Corn (VE)</b></p> <p><b>Salad Bar</b> Fiesta Bar</p>	<p><b>Veggie Parmigiana Sandwich (V)</b> on Ciabatta</p> <p><b>Crispy Chicken Parmigiana Sandwich</b> on Ciabatta</p> <p><b>Lemon &amp; Chive Peas (VE)</b></p> <p><b>Salad Bar</b> Classic Toppings Bar</p>	<p><b>Golden Chicken Thigh</b></p> <p><b>Naan Bread (VE)</b></p> <p><b>Saag Spinach (VE)</b></p> <p><b>Honey Diced Sweet Potatoes (V)</b></p> <p><b>Salad Bar</b> Eastern Harvest Bar with Chickpea &amp; Pimento Salad (VE)</p>	<p><b>Three Bean Chili (VE)</b></p> <p><b>Mac &amp; Cheese (V)</b></p> <p><b>Baked Tortillas (VE)</b></p> <p><b>Southwest Burrito (V)</b></p> <p><b>Adobo Green Beans (VE)</b></p> <p><b>Salad Bar</b> Rainbow Bar</p>
23	24	25	26	27
<p><b>French Bread Pizza (V)</b> Corn, Peas, Carrots (VE)</p> <p><b>Salad Bar</b> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p><b><u>Plastic Free Lunch Day</u></b></p> <p><b>Fajita Black Bean Burger (VE)</b></p> <p><b>Fajita Turkey Burger</b> Fresh Broccoli (VE) with Ranch Dressing (V)</p> <p><b>Salad Bar</b> Plastic Free Bar</p>	<p><b>Chickpea Shawarma (VE)</b></p> <p><b>Naan Bread (VE)</b></p> <p><b>Mediterranean Melt (V)</b></p> <p><b>Herb Roasted Cauliflower (VE)</b></p> <p><b>Salad Bar</b> Mediterranean Bar with Cherry Tomatoes (VE)</p>	<p><b>Caribbean Style Beef Patty</b></p> <p><b>Fish &amp; Cheese Sandwich</b></p> <p><b>Pineapple Salsa (VE)</b></p> <p><b>Kelewele Style Plantains (VE)</b></p> <p><b>Salad Bar</b> Rainbow Bar</p>	<p><b>"Stir-Fry" Chicken with Peppers</b></p> <p><b>Veggie Ginger Soy Rice (VE)</b></p> <p><b>Ginger Carrots (V)</b></p> <p><b>Garlicky Green Beans (VE)</b></p> <p><b>Salad Bar</b> Zen &amp; Zest Bar</p>
30	31			<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>
<b>DAILY OFFERINGS</b>				
<p><b>Monday</b></p> <ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<p><b>Tuesday</b></p> <ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Balsamic Chicken Salad Wrap</li> </ul>	<p><b>Wednesday</b></p> <ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Balsamic Chicken Salad Wrap</li> </ul>	<p><b>Thursday</b></p> <ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Tuna Sandwich</li> </ul>	<p><b>Friday</b></p> <ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Tuna Sandwich</li> <li>Rainbow Wrap (VE)</li> </ul>

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p><b>Milk</b></p> <p>1% Low-fat (V) Fat Free (V)</p> <p><b>Fat Free Chocolate (V)</b> Alternative options are available upon request</p>	<p><b>Seasonal Fresh Fruit</b></p> <p>Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p> <p><b>ATTENTION:</b> All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p><b>Pre-K - 8 with CEE Service Tuesday - Friday Options</b></p> <ul style="list-style-type: none"> <li>Chicken Breaded Bite Grab &amp; Go Salad</li> <li>Chicken Tender Wrap</li> </ul>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p>
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



## MARCH 2026: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Red White & Green Panini (V)  Balsamic Chickpea Salad (V)	Chipotle Garden Wrap (V)  Fresh Broccoli (VE) with Ranch Dressing (V)	Chicken Salad Hoagie  Cauliflower Salad (VE)	Tangy Tuna Wrap  Fresh Tomato Salad (V)  Confetti Corn Salad (VE)	Asian Sesame Grilled Chicken Grab & Go Salad  Savory Green Beans (VE)
9	10	11	12	13
Caesar Veggie Nugget Wrap (V)  Crunchy Carrot Sticks (VE)	Greek Lemon Chicken Pita Deluxe With Tzatziki (V)  Marinated Potato Salad (VE)	Crispy Chicken Sesame Noodle Bowl  Asian Harvest Broccoli Salad (V)	White Bean Salad Wrap (VE)  Zucchini Tomato Parmesan Salad (V)	BBQ Crispy Chicken Grab & Go Salad  Classic Coleslaw (V)
16	17	18	19	Eid al-Fitr 20
Super Hero Spinach Wrap (V)  Ranch Carrot Sticks (V)	Taco Spiced Chicken Bite Grab & Go Salad  Zesty Corn Salad (VE)	Crispy Chicken Wrap  Classic Potato Salad (V)	Curried Chicken Wrap  Chickpea & Pimento Salad (VE)	Italian Veggie Grab & Go Pasta Salad (VE)  Seasoned Green Beans (VE)
23	24	25	26	27
Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)  Crunchy Carrot Sticks (VE)	Chipotle Garden Wrap (V)  Fresh Broccoli (VE) with Ranch Dressing (V)	Chicken Salad Hoagie  Cauliflower Salad (VE)	Tangy Tuna Wrap  Fresh Tomato Salad (V)  Confetti Corn Salad (VE)	Asian Sesame Grilled Chicken Grab & Go Salad  Savory Green Beans (VE)
30	31			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Caesar Veggie Nugget Wrap (V)  Crunchy Carrot Sticks (VE)	Greek Lemon Chicken Pita Deluxe With Tzatziki (V)  Marinated Potato Salad (VE)			

### DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<b>Milk</b> 1% Low-fat (V) Fat Free (V) <b>Fat Free Chocolate (V)</b> Alternative options are available upon request	<b>ATTENTION:</b> All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Fajita Turkey Burger Salsa (VE) Crispy Broccoli (V)	Chickpea Shawarma (VE) Naan Bread (VE) Herb Roasted Cauliflower (VE)	Caribbean Style Beef Patty Kelewele Style Plantains (VE)	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V) Garlicky Green Beans (VE)
9	10	11	12	13
Sicilian Slice Pizza (V) Sweet Potato Waffle Fries (VE) Bruschetta Tomato Salad (V)	Greek Lemon Chicken Pita With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE)	Chicken Tenders With Teriyaki Dipper Sesame Noodles (VE) Katsu Broccoli (VE)	Rustic White Bean and Pasta Primavera (VE) Garlic Knot (V) Roasted Zucchini and Tomatoes (VE)	Peach BBQ Chicken Thigh Buttermilk Biscuit (V) Baked Beans (VE)
16	17	18	19	Eid al-Fitr 20
Sicilian Slice Pizza (V) Creamy Lima Beans (V)	Taco Spiced Chicken Bites Salsa (VE) Fiesta Vegetable Rice (VE) Zesty Corn (VE)	Crispy Chicken Parmigiana Sandwich on Ciabatta Lemon & Chive Peas (VE) Chickpea & Pimento Salad (VE)	Golden Chicken Thigh Naan Bread (VE) Saag Spinach (VE) Honey Diced Sweet Potatoes (V)	Three Bean Chili (VE) Mac & Cheese (V) Baked Tortillas (VE) Adobo Green Beans (VE)
23	24	25	26	27
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Fajita Turkey Burger Salsa (VE) Crispy Broccoli (V)	Chickpea Shawarma (VE) Naan Bread (VE) Herb Roasted Cauliflower (VE)	Caribbean Style Beef Patty Kelewele Style Plantains (VE)	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V) Garlicky Green Beans (VE)
30	31			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
Sicilian Slice Pizza (V) Sweet Potato Waffle Fries (VE) Bruschetta Tomato Salad (V)	Greek Lemon Chicken Pita With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE)			

## DAILY OFFERINGS

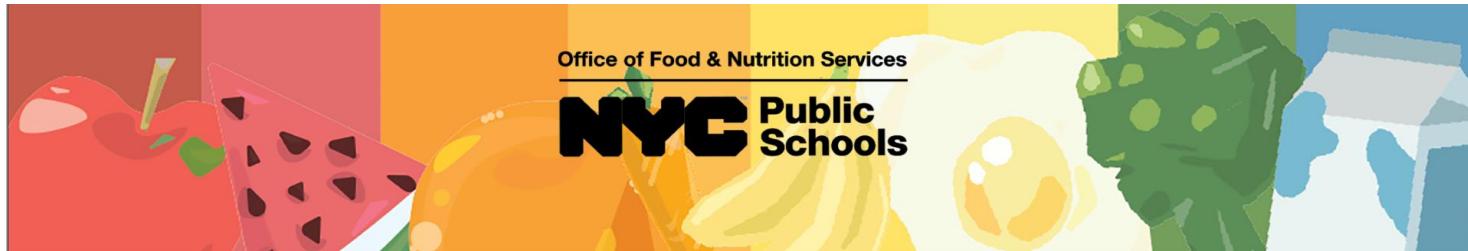
Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<b>Milk</b> 1% Low-fat (V) Fat Free (V) <b>Fat Free Chocolate (V)</b> Alternative options are available upon request	<b>ATTENTION:</b> All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<b>Seasonal Fresh Fruit</b> Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



## MARCH 2026: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Manicotti (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE) <b>Fruit Offering</b> Flavored Applesauce (VE)	Fajita Turkey Burger Roasted Broccoli (VE) <b>Fruit Offering</b> Diced Pears (VE)	Chickpea Shawarma (VE) Naan Bread (VE) <b>Fruit Offering</b> Sliced Peaches (VE)	Fish & Cheese Sandwich Kelewele Style Plantains (VE) <b>Fruit Offering</b> Applesauce (VE)	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V) <b>Fruit Offering</b> Bananas (VE)
9	10	11	12	13
Manicotti (V) Sweet Potato Waffle Fries (VE) Roasted Chickpeas (VE) <b>Fruit Offering</b> Flavored Applesauce (VE)	Greek Lemon Grilled Chicken Soft Roll (V) Citrus and Herb Roasted Potatoes (VE) <b>Fruit Offering</b> Diced Pears (VE)	Chicken Tenders With Teriyaki Dipper Sesame Noodles (VE) Katsu Broccoli (VE) <b>Fruit Offering</b> Sliced Peaches (VE)	Rustic White Bean and Pasta Primavera (VE) Roasted Zucchini and Tomatoes (VE) <b>Fruit Offering</b> Applesauce (VE)	Peach BBQ Grilled Chicken Buttermilk Biscuit (V) Baked Beans (VE) <b>Fruit Offering</b> Bananas (VE)
16	17	18	19	Eid al-Fitr 20
Manicotti (V) Creamy Lima Beans (V) <b>Fruit Offering</b> Flavored Applesauce (VE)	Taco Spiced Chicken Bites Fiesta Vegetable Rice (VE) Seasoned Wedge Fries (VE) <b>Fruit Offering</b> Diced Pears (VE)	Crispy Chicken Parmigiana Sandwich on Soft Roll Lemon & Chive Peas (VE) <b>Fruit Offering</b> Sliced Peaches (VE)	Chicken Tenders Soft Roll (VE) Saag Spinach (VE) Honey Diced Sweet Potatoes (V) <b>Fruit Offering</b> Applesauce (VE)	Three Bean Chili (VE) Pasta (VE) Adobo Green Beans (VE) <b>Fruit Offering</b> Bananas (VE)
23	24	25	26	27
Manicotti (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE) <b>Fruit Offering</b> Flavored Applesauce (VE)	Fajita Turkey Burger Roasted Broccoli (VE) <b>Fruit Offering</b> Diced Pears (VE)	Chickpea Shawarma (VE) Naan Bread (VE) <b>Fruit Offering</b> Sliced Peaches (VE)	Fish & Cheese Sandwich Kelewele Style Plantains (VE) <b>Fruit Offering</b> Applesauce (VE)	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V) <b>Fruit Offering</b> Bananas (VE)
30	31			
Manicotti (V) Sweet Potato Waffle Fries (VE) Roasted Chickpeas (VE) <b>Fruit Offering</b> Flavored Applesauce (VE)	Greek Lemon Grilled Chicken Soft Roll (V) Citrus and Herb Roasted Potatoes (VE) <b>Fruit Offering</b> Diced Pears (VE)		<b>Daily Lunch Specials</b> • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

### OFFERED DAILY

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available  
(V) Indicates Vegetarian (VE) Indicates Vegan

Options may vary by location  
Assorted Dressings

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

**Other Fruits**  
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



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- Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Available Daily Upon Request: Transitional, Thick Puree or Thin Puree



## MARCH 2026: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
French Bread Pizza (V)  Seasoned Peas (VE)  Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fajita Turkey Burger  Fresh Broccoli (VE) with Ranch Dressing (V)  Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Chickpea Shawarma (VE)  Naan Bread (VE)  Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fish & Cheese Sandwich  Pineapple Salsa (VE)  Sweet Plantains (VE)  Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	"Stir-Fry" Chicken with Peppers  Brown Rice (VE)  Garlicky Green Beans (VE)  Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
9	10	11	12	13
Pizza Slice (V)  Sweet Potato Waffle Fries (VE)  Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Falafel (VE) With Tzatziki (V)  Citrus and Herb Roasted Potatoes (VE)  Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Chicken Tenders With Teriyaki Dipper  Sesame Noodles (VE)  Roasted Broccoli (VE)  Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara  Roasted Zucchini and Tomatoes (VE)  Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Chicken Bites with Peach BBQ Dipper  Baked Beans (VE)  Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
16	17	18	19	Eid al-Fitr 20
Personal Pizza (V)  Creamy Lima Beans (V)  Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Taco Spiced Chicken Bites  Fiesta Vegetable Rice (VE)  Sweet Potato Waffle Fries (VE)  Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Crispy Chicken Parmigiana Sandwich on Soft Roll  Lemon & Chive Peas (VE)  Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Three Cheese Grilled Cheese (V)  Saag Spinach (VE)  Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Three Bean Chili (VE)  Mac & Cheese (V)  Adobo Green Beans (VE)  Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
23	24	25	26	27
French Bread Pizza (V)  Seasoned Peas (VE)  Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fajita Turkey Burger  Fresh Broccoli (VE) with Ranch Dressing (V)  Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Chickpea Shawarma (VE)  Naan Bread (VE)  Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fish & Cheese Sandwich  Pineapple Salsa (VE)  Sweet Plantains (VE)  Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	"Stir-Fry" Chicken with Peppers  Brown Rice (VE)  Garlicky Green Beans (VE)  Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
30	31			
Pizza Slice (V)  Sweet Potato Waffle Fries (VE)  Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Falafel (VE) With Tzatziki (V)  Citrus and Herb Roasted Potatoes (VE)  Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)		<p><b>Daily Lunch Specials</b></p> <ul style="list-style-type: none"> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Hummus and Soft Roll (VE)</li> <li>4 oz. Yogurt (V)</li> <li>Tuna Sandwich</li> </ul>	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

On designated Plant-Powered Menu days; meat-based products will not be offered.

<b>Milk*</b> <b>Whole Milk (V)</b> *Alternative options are available upon request	<b>ATTENTION:</b>  All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<b>Seasonal Fresh Fruit</b> Apple Slices, Bananas, Blueberries, Mandarins, Oranges, Strawberries (VE)  <b>Other Fruits</b> Applesauce, Sliced Peaches, Diced Pears, Pineapples	OFNS has an extensive Prohibitive Ingredients List available at:  
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PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.

Consistencies upon request: puree, mashed and finely chopped.

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- Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



## MARCH 2026: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
French Bread Pizza (V) Corn, Peas, Carrots (VE)  <b>Salad Bar</b> Pizza Bar With Balsamic Chickpea Salad (V)	<b>Plastic Free Lunch Day</b> Fajita Black Bean Burger (VE) Fresh Broccoli (VE) with Ranch Dressing (V)  <b>Salad Bar</b> Plastic Free Bar	Chickpea Shawarma (VE) Naan Bread (VE) Mediterranean Melt (V) Herb Roasted Cauliflower (VE)  <b>Salad Bar</b> Mediterranean Bar with Cherry Tomatoes (VE)	Empanada (V) Pineapple Salsa (VE) Kelewele Style Plantains (VE)  <b>Salad Bar</b> Rainbow Bar	Teriyaki Veggie Nuggets (VE) Veggie Ginger Soy Rice (VE) Ginger Carrots (V) Garlicky Green Beans (VE)  <b>Salad Bar</b> Zen & Zest Bar
9	10	11	12	13
Hot Honey Pizza (V) Pizza Slice (V) Sweet Potato Waffle Fries (VE)  <b>Salad Bar</b> Pizza Bar	Falafel (VE) With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE)  <b>Salad Bar</b> Mediterranean Bar	Mozzarella Sticks (V) with Herbed Marinara Crispy Broccoli (V)  <b>Salad Bar</b> Zen & Zest Bar	Rustic White Bean and Pasta Primavera (VE) Garlic Knot (V) Roasted Zucchini and Tomatoes (VE)  <b>Salad Bar</b> Leafy Green Bar	Veggie Nuggets (VE) with Peach BBQ Dipper (VE) Buttermilk Biscuit (V) Baked Beans (VE) Classic Coleslaw (V)  <b>Salad Bar</b> Rainbow Bar
16	17	18	19	Eid al-Fitr 20
Personal Pizza (V) Creamy Lima Beans (V)  <b>Salad Bar</b> Pizza Bar	Taco Spiced Veggie Nuggets (VE) Fiesta Vegetable Rice (VE) Zesty Corn (VE)  <b>Salad Bar</b> Fiesta Bar	Veggie Parmigiana Sandwich (V) on Ciabatta Lemon & Chive Peas (VE)  <b>Salad Bar</b> Classic Toppings Bar	Chickpea Masala (VE) Naan Bread (VE) Saag Spinach (VE) Honey Diced Sweet Potatoes (V)  <b>Salad Bar</b> Eastern Harvest Bar with Chickpea & Pimento Salad (VE)	Three Bean Chili (VE) Mac & Cheese (V) Baked Tortillas (VE) Southwest Burrito (V) Adobo Green Beans (VE)  <b>Salad Bar</b> Rainbow Bar
23	24	25	26	27
French Bread Pizza (V) Corn, Peas, Carrots (VE)  <b>Salad Bar</b> Pizza Bar With Balsamic Chickpea Salad (V)	<b>Plastic Free Lunch Day</b> Fajita Black Bean Burger (VE) Fresh Broccoli (VE) with Ranch Dressing (V)  <b>Salad Bar</b> Plastic Free Bar	Chickpea Shawarma (VE) Naan Bread (VE) Mediterranean Melt (V) Herb Roasted Cauliflower (VE)  <b>Salad Bar</b> Mediterranean Bar with Cherry Tomatoes (VE)	Empanada (V) Pineapple Salsa (VE) Kelewele Style Plantains (VE)  <b>Salad Bar</b> Rainbow Bar	Teriyaki Veggie Nuggets (VE) Veggie Ginger Soy Rice (VE) Ginger Carrots (V) Garlicky Green Beans (VE)  <b>Salad Bar</b> Zen & Zest Bar
30	31			
Hot Honey Pizza (V) Pizza Slice (V) Sweet Potato Waffle Fries (VE)  <b>Salad Bar</b> Pizza Bar	Falafel (VE) With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE)  <b>Salad Bar</b> Mediterranean Bar			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

### DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Rainbow Wrap (VE)</li> </ul>

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

#### ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

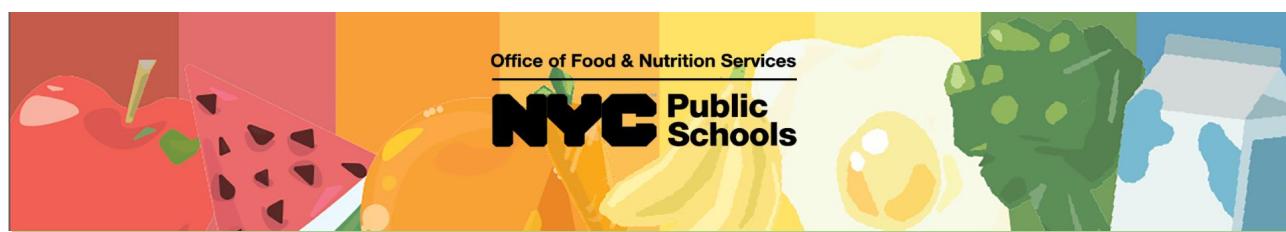
**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



## MARCH 2026: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
French Bread Pizza (V) Garlicky Green Beans (VE)  <b>Salad Bar</b> Pizza Bar	<b>Plastic Free Lunch Day</b> Fajita Black Bean Burger (VE) Fajita Turkey Burger Fresh Broccoli (VE) with Ranch Dressing (V)  <b>Salad Bar</b> Plastic Free Bar	Chickpea Shawarma (VE) Naan Bread (VE) Mediterranean Melt (V) Herb Roasted Cauliflower (VE)  <b>Salad Bar</b> Mediterranean Bar	Caribbean Style Beef Patty Fish & Cheese Sandwich Pineapple Salsa (VE) Kelewele Style Plantains (VE)  <b>Salad Bar</b> Rainbow Bar	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V)  <b>Salad Bar</b> Zen & Zest Bar
9	10	11	12	13
Hot Honey Pizza (V) Pizza Slice (V) Sweet Potato Waffle Fries (VE)  <b>Salad Bar</b> Pizza Bar	Falafel (VE) With Tzatziki (V) Greek Lemon Chicken Pita With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE)  <b>Salad Bar</b> Mediterranean Bar	Chicken Tenders With Teriyaki Dipper Sesame Noodles (VE) Katsu Broccoli (VE)  <b>Salad Bar</b> Zen & Zest Bar	Rustic White Bean and Pasta Primavera (VE) Mozzarella Sticks (V) with Herbed Marinara Roasted Zucchini and Tomatoes (VE)  <b>Salad Bar</b> Leafy Green Bar	Veggie Nuggets (VE) with Peach BBQ Dipper (VE) Peach BBQ Chicken Thigh Buttermilk Biscuit (V) Baked Beans (VE)  <b>Salad Bar</b> Rainbow Bar
16	17	18	19	Eid al-Fitr 20
Personal Pizza (V) Creamy Lima Beans (V)  <b>Salad Bar</b> Pizza Bar	Taco Spiced Veggie Nuggets (VE) Taco Spiced Chicken Bites Fiesta Vegetable Rice (VE) Zesty Corn (VE)  <b>Salad Bar</b> Fiesta Bar	Veggie Parmigiana Sandwich (V) on Ciabatta Crispy Chicken Parmigiana Sandwich on Ciabatta Super Hero Spinach (VE)  <b>Salad Bar</b> Classic Toppings Bar	Golden Chicken Thigh Naan Bread (VE) Honey Diced Sweet Potatoes (V)  <b>Salad Bar</b> Eastern Harvest Bar	Three Bean Chili (VE) Mac & Cheese (V) Baked Tortillas (VE) Southwest Burrito (V) Adobo Green Beans (VE)  <b>Salad Bar</b> Rainbow Bar
23	24	25	26	27
French Bread Pizza (V) Garlicky Green Beans (VE)  <b>Salad Bar</b> Pizza Bar	<b>Plastic Free Lunch Day</b> Fajita Black Bean Burger (VE) Fajita Turkey Burger Fresh Broccoli (VE) with Ranch Dressing (V)  <b>Salad Bar</b> Plastic Free Bar	Chickpea Shawarma (VE) Naan Bread (VE) Mediterranean Melt (V) Herb Roasted Cauliflower (VE)  <b>Salad Bar</b> Mediterranean Bar	Caribbean Style Beef Patty Fish & Cheese Sandwich Pineapple Salsa (VE) Kelewele Style Plantains (VE)  <b>Salad Bar</b> Rainbow Bar	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V)  <b>Salad Bar</b> Zen & Zest Bar
30	31			
Hot Honey Pizza (V) Pizza Slice (V) Sweet Potato Waffle Fries (VE)  <b>Salad Bar</b> Pizza Bar	Falafel (VE) With Tzatziki (V) Greek Lemon Chicken Pita With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE)  <b>Salad Bar</b> Mediterranean Bar			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

### DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Grab and Go Salads (V)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Balsamic Chicken Salad Wrap</li> <li>Grab and Go Salads</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Balsamic Chicken Salad Wrap</li> <li>Grab and Go Salads</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Tuna Sandwich</li> <li>Grab and Go Salads</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Tuna Sandwich</li> <li>Grab and Go Salads</li> </ul>

On designated Plant-Powered Menu days; meat-based products will not be offered.

#### Milk

1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

#### ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit  
 Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

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## MARCH 2026: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Red White & Green Panini (V)  Balsamic Chickpea Salad (V)	Chipotle Garden Wrap (V)  Fresh Broccoli (VE) with Ranch Dressing (V)	Chicken Salad Hoagie  Confetti Corn Salad (VE)	Tangy Tuna Wrap  Fresh Tomato Salad (V)	Asian Sesame Grilled Chicken Grab & Go Salad  Savory Green Beans (VE)
9	10	11	12	13
Caesar Veggie Nugget Wrap (V)  Crunchy Carrot Sticks (VE)	Greek Lemon Chicken Pita Deluxe With Tzatziki (V)  Marinated Potato Salad (VE)	Crispy Chicken Sesame Noodle Bowl  Asian Harvest Broccoli Salad (V)	White Bean Salad Wrap (VE)  Zucchini Tomato Parmesan Salad (V)	BBQ Crispy Chicken Grab & Go Salad  Classic Coleslaw (V)
16	17	18	19	Eid al-Fitr 20
Super Hero Spinach Wrap (V)  Ranch Carrot Sticks (V)	Taco Spiced Chicken Bite Grab & Go Salad  Zesty Corn Salad (VE)	Crispy Chicken Wrap  Classic Potato Salad (V)	Curried Chicken Wrap  Chickpea & Pimento Salad (VE)	Italian Veggie Grab & Go Pasta Salad (VE)  Seasoned Green Beans (VE)
23	24	25	26	27
Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE)  Crunchy Carrot Sticks (VE)	Chipotle Garden Wrap (V)  Fresh Broccoli (VE) with Ranch Dressing (V)	Chicken Salad Hoagie  Confetti Corn Salad (VE)	Tangy Tuna Wrap  Fresh Tomato Salad (V)	Asian Sesame Grilled Chicken Grab & Go Salad  Savory Green Beans (VE)
30	31			
Caesar Veggie Nugget Wrap (V)  Crunchy Carrot Sticks (VE)	Greek Lemon Chicken Pita Deluxe With Tzatziki (V)  Marinated Potato Salad (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

## DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
**Fat Free Chocolate (V)**  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

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## MARCH 2026: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Fajita Turkey Burger Salsa (VE) Crispy Broccoli (V)	Chickpea Shawarma (VE) Naan Bread (VE) Herb Roasted Cauliflower (VE)	Caribbean Style Beef Patty Kelewele Style Plantains (VE)	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V)
9	10	11	12	13
Sicilian Slice Pizza (V) Sweet Potato Waffle Fries (VE)	Greek Lemon Chicken Pita With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE)	Chicken Tenders With Teriyaki Dipper Sesame Noodles (VE) Katsu Broccoli (VE)	Rustic White Bean and Pasta Primavera (VE) Roasted Zucchini and Tomatoes (VE)	Peach BBQ Chicken Thigh Buttermilk Biscuit (V) Baked Beans (VE)
16	17	18	19	Eid al-Fitr 20
Sicilian Slice Pizza (V) Creamy Lima Beans (V)	Taco Spiced Chicken Bites Salsa (VE) Fiesta Vegetable Rice (VE) Zesty Corn (VE)	Crispy Chicken Parmigiana Sandwich on Ciabatta Super Hero Spinach (VE)	Golden Chicken Thigh Naan Bread (VE) Honey Diced Sweet Potatoes (V)	Three Bean Chili (VE) Mac & Cheese (V) Adobo Green Beans (VE)
23	24	25	26	27
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Fajita Turkey Burger Salsa (VE) Crispy Broccoli (V)	Chickpea Shawarma (VE) Naan Bread (VE) Herb Roasted Cauliflower (VE)	Caribbean Style Beef Patty Kelewele Style Plantains (VE)	"Stir-Fry" Chicken with Peppers Veggie Ginger Soy Rice (VE) Ginger Carrots (V)
30	31			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

## DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

**ATTENTION:**  
All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



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## MARCH 2026: Food Court Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Mediterranean Melt (V)</b> Garlicky Green Beans (VE) <i>Salad Bar</i> Pizza Bar	<b>Fajita Turkey Burger</b> Crispy Broccoli (V) <i>Salad Bar</i> Fiesta Bar	<b>Chickpea Shawarma (VE)</b> Naan Bread (VE) <i>Salad Bar</i> Mediterranean Bar	<b>Caribbean Style Beef Patty</b> Pineapple Salsa (VE) <i>Salad Bar</i> Rainbow Bar	<b>"Stir-Fry" Chicken with Peppers</b> Veggie Ginger Soy Rice (VE) <i>Salad Bar</i> Zen & Zest Bar
9	10	11	12	13
<b>Southwest Burrito (V)</b> Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Pizza Bar	<b>Greek Lemon Chicken Pita</b> With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE) <i>Salad Bar</i> Mediterranean Bar	<b>Fish Nuggets</b> With Teriyaki Dipper Sesame Noodles (VE) <i>Salad Bar</i> Zen & Zest Bar	<b>Rustic White Bean and Pasta Primavera (VE)</b> Roasted Zucchini and Tomatoes (VE) <i>Salad Bar</i> Leafy Green Bar	<b>Peach BBQ Chicken Thigh</b> Buttermilk Biscuit (V) <i>Salad Bar</i> Rainbow Bar
16	17	18	19	Eid al-Fitr 20
<b>Manicotti (V)</b> in Marinara Sauce Creamy Lima Beans (V) <i>Salad Bar</i> Pizza Bar	<b>Taco Spiced Chicken Bites</b> Fiesta Vegetable Rice (VE) Zesty Corn (VE) <i>Salad Bar</i> Fiesta Bar	<b>Crispy Chicken Parmigiana Sandwich</b> on Ciabatta Super Hero Spinach (VE) <i>Salad Bar</i> Classic Toppings Bar	<b>Golden Chicken Thigh</b> Naan Bread (VE) Honey Diced Sweet Potatoes (V) <i>Salad Bar</i> Eastern Harvest Bar	<b>Three Bean Chili (VE)</b> Mac & Cheese (V) <i>Salad Bar</i> Rainbow Bar
23	24	25	26	27
<b>Mediterranean Melt (V)</b> Garlicky Green Beans (VE) <i>Salad Bar</i> Pizza Bar	<b>Fajita Turkey Burger</b> Crispy Broccoli (V) <i>Salad Bar</i> Fiesta Bar	<b>Chickpea Shawarma (VE)</b> Naan Bread (VE) <i>Salad Bar</i> Mediterranean Bar	<b>Caribbean Style Beef Patty</b> Pineapple Salsa (VE) <i>Salad Bar</i> Rainbow Bar	<b>"Stir-Fry" Chicken with Peppers</b> Veggie Ginger Soy Rice (VE) <i>Salad Bar</i> Zen & Zest Bar
30	31			
<b>Southwest Burrito (V)</b> Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Pizza Bar	<b>Greek Lemon Chicken Pita</b> With Tzatziki (V) Citrus and Herb Roasted Potatoes (VE) <i>Salad Bar</i> Mediterranean Bar			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

### DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Grab and Go Salads (V)</li> <li>Pizza (V)</li> <li>Seasoned Wedge Fries (VE)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Balsamic Chicken Salad Wrap</li> <li>Grab and Go Salads</li> <li>Chicken Tenders &amp; Dinner Roll</li> <li>Mozzarella Sticks (V)</li> <li>Empanada (V)</li> <li>Seasoned Wedge Fries (VE)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Grab and Go Salads</li> <li>Tuna Sandwich</li> <li>Pizza (V)</li> <li>Chicken Bites &amp; Dinner Roll</li> <li>Seasoned Wedge Fries (VE)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Balsamic Chicken Salad Wrap</li> <li>Grab and Go Salads</li> <li>Chicken Tenders &amp; Dinner Roll</li> <li>Mozzarella Sticks (V)</li> <li>Empanada (V)</li> <li>Seasoned Wedge Fries (VE)</li> </ul>	<ul style="list-style-type: none"> <li>Peanut Butter and/or Sunflower Seed Butter &amp; Jelly Sandwich (VE)</li> <li>Hummus and Pretzels (VE)</li> <li>Hot or Cold Cheese Sandwich (V)</li> <li>Grab and Go Salads</li> <li>Tuna Sandwich</li> <li>Pizza (V)</li> <li>Chicken Bites &amp; Dinner Roll</li> <li>Seasoned Wedge Fries (VE)</li> </ul>

On designated Plant-Powered Menu days; meat-based products will not be offered.

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

#### ATTENTION:

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

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## MARCH 2026: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Crispy Tortilla (VE) Salsa (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Cinnamon Vanilla Granola (VE) Milk (V)	Animal Crackers (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
9	10	11	12	13
Cereal with Oat Clusters (V) Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Berry Toasted Oats (VE) Milk (V)
16	17	18	19	Eid al-Fitr 20
Croissant (V) with Jelly (VE) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Colby Jack Cheese Stick (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Yogurt Choice (V) Blueberry Granola (V)
23	24	25	26	27
Crispy Tortilla (VE) Salsa (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Cinnamon Vanilla Granola (VE) Milk (V)	Animal Crackers (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
30	31			
Cereal with Oat Clusters (V) Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

All Fruit Offerings are 1 cup

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Berry Toasted Oats (VE) Milk (V)
9	10	11	12	13
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
16	17	18	19	Eid al-Fitr 20
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Berry Toasted Oats (VE) Milk (V)
23	24	25	26	27
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
30	31			
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk  
Whole Milk (V)  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit

Apple Slices, Bananas, Blueberries, Mandarins, Oranges, Strawberries (VE)

Other Fruits  
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

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- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
White Bean Salad Wrap (VE) Seasoned Green Beans (VE) Fruit Offering Oranges	Crispy Chicken Sesame Noodle Bowl Asian Cucumber Salad (VE) Fruit Offering Pears	Hummus Grab & Go Salad (VE) Crunchy Carrot Sticks (VE) Fruit Offering Grapefruit	Crispy Chicken Caesar Wrap Classic Potato Salad (V) Fruit Offering Apple Slices	Chicken Breaded Bite Grab & Go Salad Fresh Cilantro Healthy Coleslaw (V) Fruit Offering Red Grapes
9	10	11	12	13
BBQ Veggie Nugget Wrap (VE) Confetti Corn Salad (VE) Fruit Offering Mandarins	Chicken Salad Hoagie Kid Friendly Kale Salad (V) Fruit Offering Apples	Black Bean & Corn Grab & Go Salad (VE) Ranch Carrot Sticks (V) Fruit Offering Bananas	Chimichurri Chicken Wrap Pinto Bean Salad (VE) Fruit Offering Green Grapes	Mediterranean Chicken Grab & Go Pasta Salad Bruschetta Tomato Salad (V) Fruit Offering Pears
16	17	18	19	Eid al-Fitr 20
Red White & Green Panini (V) Marinated Bean Salad (VE) Fruit Offering Grapefruit	Tuna Salad Grab & Go Carrot Raisin Salad (V) Fruit Offering Oranges	Chicken Tender Wrap Black Bean Salad (VE) Fruit Offering Red Grapes	Falafel Grab & Go Salad (V) Kachumber (VE) Fruit Offering Bananas	Balsamic Chicken Salad Wrap Basil Corn Salad (VE) Fruit Offering Apple Slices
23	24	25	26	27
White Bean Salad Wrap (VE) Seasoned Green Beans (VE) Fruit Offering Oranges	Crispy Chicken Sesame Noodle Bowl Asian Cucumber Salad (VE) Fruit Offering Pears	Hummus Grab & Go Salad (VE) Crunchy Carrot Sticks (VE) Fruit Offering Grapefruit	Crispy Chicken Caesar Wrap Classic Potato Salad (V) Fruit Offering Apple Slices	Chicken Breaded Bite Grab & Go Salad Fresh Cilantro Healthy Coleslaw (V) Fruit Offering Red Grapes
30	31		<b>Daily Supper Specials</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

## OFFERED DAILY

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
Fat Free Chocolate (V)  
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

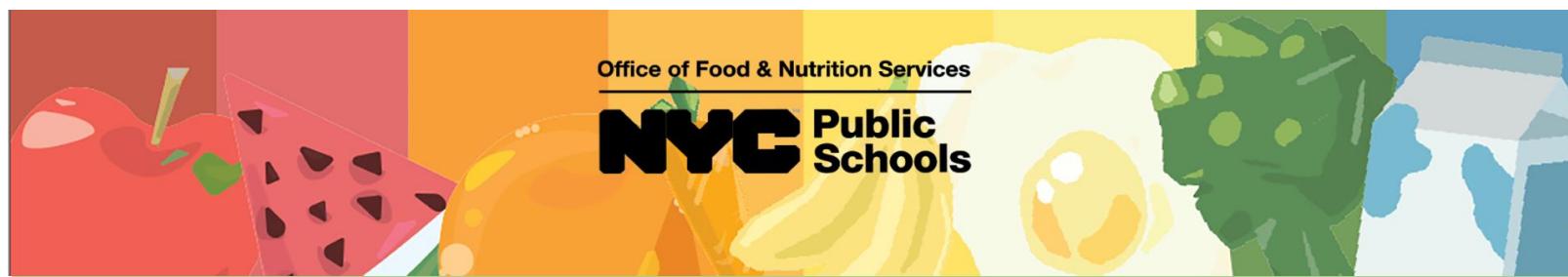
Assorted Dressings

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



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- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



## MARCH 2026: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Southwest Burrito (V) Guacamole (VE) Confetti Corn (VE) Green Garden Salad (VE) Fruit Offering Oranges	Spicy Crispy Chicken Sandwich Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering Pears	Plant Powered BBQ Pizza (V) Seasoned Pinto Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Rustic White Beans (VE) Pasta & Peas (V) Roasted Zucchini (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Garlic Parmesan Chicken Bites Herb Roasted Potatoes (VE) Green Garden Salad (VE) Fruit Offering Red Grapes
9	10	11	12	13
Three Cheese Grilled Cheese (V) Sweet Plantains (VE) Green Garden Salad (VE) Fruit Offering Mandarins	Hamburger Whole Wheat Bun Cheeseburger Whole Wheat Bun Seasoned Wedge Fries (VE) Mixed Green Salad (VE) Fruit Offering Apples	Stewed Black Beans (VE) Spiced Sweet Potatoes (VE) Brown Rice (VE) Green Garden Salad (VE) Fruit Offering Bananas	Pesto Pizza (V) Italian Roasted Carrots (VE) Mixed Green Salad (VE) Fruit Offering Green Grapes	Fish Nuggets with Dipping Sauce Sweet and Tangy Braised Kale (V) Green Garden Salad (VE) Fruit Offering Pears
16	17	18	19	Eid al-Fitr 20
Mozzarella Sticks (V) with Herbed Marinara Pizzalicious Green Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Chicken Cheese Steak Roasted Dill Potatoes (VE) Mixed Green Salad (V) Fruit Offering Oranges	Pineapple Pizza (V) Fresh Cilantro Healthy Coleslaw (V) Green Garden Salad (VE) Fruit Offering Red Grapes	Chicken Tenders with Dipping Sauce Corn, Peas and Carrots (VE) Mixed Green Salad (V) Fruit Offering Bananas	Black Bean Cheeseburger (V) Guacamole (VE) Chipotle Broccoli (V) Green Garden Salad (VE) Fruit Offering Apple Slices
23	24	25	26	27
Southwest Burrito (V) Guacamole (VE) Confetti Corn (VE) Green Garden Salad (VE) Fruit Offering Oranges	Spicy Crispy Chicken Sandwich Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering Pears	Plant Powered BBQ Pizza (V) Seasoned Pinto Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Rustic White Beans (VE) Pasta & Peas (V) Roasted Zucchini (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Garlic Parmesan Chicken Bites Herb Roasted Potatoes (VE) Green Garden Salad (VE) Fruit Offering Red Grapes
30	31			
Three Cheese Grilled Cheese (V) Sweet Plantains (VE) Green Garden Salad (VE) Fruit Offering Mandarins	Hamburger Whole Wheat Bun Cheeseburger Whole Wheat Bun Seasoned Wedge Fries (VE) Mixed Green Salad (VE) Fruit Offering Apples		<b>Daily Supper Specials</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

### OFFERED DAILY

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

**Seasonal Fresh Fruit**  
 Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



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## MARCH 2026: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>Southwest Burrito (V)</b> Guacamole (VE) Confetti Corn (VE) <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Oranges	<b>Veggie Nuggets (VE)</b> with Dipping Sauce <b>Sweet Potato</b> <b>Waffle Fries (VE)</b> <b>Mixed Green Salad (V)</b> <b>Fruit Offering</b> Pears	<b>Plant Powered</b> <b>BBQ Pizza (V)</b> <b>Seasoned Pinto Beans (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Grapefruit	<b>Rustic</b> <b>White Beans (VE)</b> <b>Pasta &amp; Peas (V)</b> <b>Roasted Zucchini (VE)</b> <b>Mixed Green Salad (V)</b> <b>Fruit Offering</b> Apple Slices	<b>Fiesta Quesadilla (V)</b> <b>Salsa (VE)</b> <b>Herb Roasted Poatoes (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Red Grapes
9	10	11	12	13
<b>Three Cheese</b> <b>Grilled Cheese (V)</b> <b>Sweet Plantains (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Mandarins	<b>Veggie Burgers (VE)</b> <b>Veggie</b> <b>Cheeseburgers (V)</b> <b>Seasoned Wedge Fries (VE)</b> <b>Mixed Green Salad (VE)</b> <b>Fruit Offering</b> Apples	<b>Stewed</b> <b>Black Beans (VE)</b> <b>Spiced Sweet Potatoes (VE)</b> <b>Brown Rice (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Bananas	<b>Pesto Pizza (V)</b> <b>Italian Roasted Carrots (VE)</b> <b>Mixed Green Salad (VE)</b> <b>Fruit Offering</b> Green Grapes	<b>Empanada (V)</b> <b>Sweet and Tangy</b> <b>Braised Kale (V)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Pears
16	17	18	19	Eid al-Fitr 20
<b>Mozzarella Sticks (V)</b> with Herbed Marinara <b>Pizzalicious</b> <b>Green Beans (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Grapefruit	<b>Falafel (VE)</b> With Tzatziki (V) <b>Roasted Dill Potatoes (VE)</b> <b>Mixed Green Salad (V)</b> <b>Fruit Offering</b> Oranges	<b>Pineapple Pizza (V)</b> <b>Fresh Cilantro Healthy</b> <b>Coleslaw (V)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Red Grapes	<b>Manicotti (V)</b> in Marinara Sauce <b>Corn, Peas and Carrots (VE)</b> <b>Mixed Green Salad (V)</b> <b>Fruit Offering</b> Bananas	<b>Black Bean</b> <b>Cheeseburger (V)</b> <b>Guacamole (VE)</b> <b>Chipotle Broccoli (V)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Apple Slices
23	24	25	26	27
<b>Southwest Burrito (V)</b> Guacamole (VE) Confetti Corn (VE) <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Oranges	<b>Veggie Nuggets (VE)</b> with Dipping Sauce <b>Sweet Potato</b> <b>Waffle Fries (VE)</b> <b>Mixed Green Salad (V)</b> <b>Fruit Offering</b> Pears	<b>Plant Powered</b> <b>BBQ Pizza (V)</b> <b>Seasoned Pinto Beans (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Grapefruit	<b>Rustic</b> <b>White Beans (VE)</b> <b>Pasta &amp; Peas (V)</b> <b>Roasted Zucchini (VE)</b> <b>Mixed Green Salad (V)</b> <b>Fruit Offering</b> Apple Slices	<b>Fiesta Quesadilla (V)</b> <b>Salsa (VE)</b> <b>Herb Roasted Poatoes (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Red Grapes
30	31			
<b>Three Cheese</b> <b>Grilled Cheese (V)</b> <b>Sweet Plantains (VE)</b> <b>Green Garden Salad (VE)</b> <b>Fruit Offering</b> Mandarins	<b>Veggie Burgers (VE)</b> <b>Veggie</b> <b>Cheeseburgers (V)</b> <b>Seasoned Wedge Fries (VE)</b> <b>Mixed Green Salad (VE)</b> <b>Fruit Offering</b> Apples		<b>Daily Supper Specials</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

## OFFERED DAILY

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

## Assorted Dressings

Seasonal Fresh Fruit  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
<b>Yogurt Choice (V)</b> <b>Apples (VE)</b>	<b>Blueberry Breakfast Bread (V)</b> <b>Milk (V)</b>	<b>Croissant (V) with Jelly (VE)</b> <b>Oranges (VE)</b>	<b>Sweet Potato Oatmeal Muffin (V)</b> <b>Milk (V)</b>	
				<b>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</b>

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
**Fat Free Chocolate (V)**  
Alternative options are available upon request

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



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- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
Buttermilk Pancakes (V)  Apples (VE)	Rise and Shine Waffles (V)  Milk (V)	French Toast Sticks (V)  Oranges (VE)	Sweet Potato Oatmeal Muffin (V)  Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
 Fat Free Chocolate (V)  
 Alternative options are  
 available upon request

**Seasonal Fresh Fruit**  
 Apples, Apple Slices,  
 Bananas, Blueberries,  
 Grapefruit, Grapes,  
 Mandarins, Oranges, Pears,  
 Strawberries (VE)

OFNS has an extensive  
Prohibitive Ingredients List  
available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

## MARCH 2026: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
<b>Assorted Cold Sandwiches and Wraps</b>  Seasoned Corn (VE)  Apples (VE) Milk (V)	<b>Assorted Cold Sandwiches and Wraps</b>  Classic Potato Salad (V)  Mandarins (VE) Milk (V)	<b>Assorted Cold Sandwiches and Wraps</b>  Ranch Carrot Snackers (V)  Pears (VE) Milk (V)	<b>Assorted Cold Sandwiches and Wraps</b>  Broccoli Salad (V)  Oranges (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

### OFFERED DAILY

**Milk**  
 1% Low-fat (V)  
 Fat Free (V)  
**Fat Free Chocolate (V)**  
 Alternative options are  
 available upon request

Assorted Dressings

**Seasonal Fresh Fruit**  
 Apples, Apple Slices,  
 Bananas, Blueberries,  
 Grapefruit, Grapes,  
 Mandarins, Oranges, Pears,  
 Strawberries (VE)

OFNS has an extensive  
 Prohibitive Ingredients List  
 available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services

**NYC** Public Schools

## MARCH 2026: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
<b>Chicken Tenders</b> Garlic Knot (V) Confetti Corn (VE) Apples (VE) Milk (V)	<b>Hamburgers &amp; Cheeseburgers</b> Seasoned Wedge Fries (VE) Mandarins (VE) Milk (V)	<b>Mozzarella Sticks (V)</b> with Herbed Marinara Crispy Broccoli (V) Pears (VE) Milk (V)	<b>Chicken Bites</b> Dinner Roll (VE) Herb Roasted Potatoes (VE) Oranges (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

### OFFERED DAILY

**Milk**  
1% Low-fat (V)  
Fat Free (V)  
**Fat Free Chocolate (V)**  
Alternative options are available upon request

Assorted Dressings

**Seasonal Fresh Fruit**  
Apples, Apple Slices,  
Bananas, Blueberries,  
Grapefruit, Grapes,  
Mandarins, Oranges, Pears,  
Strawberries (VE)

OFNS has an extensive  
Prohibitive Ingredients List  
available at:



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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