

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2025: Pre-K - 8 Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
10	Veterans Day 11	12	13	14
Sweet Potato Oatmeal Muffin (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Home Fries (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
17	18	19	20	21
Banana Breakfast Bread (V) Colby Jack Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Burrito (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE) Fresh New York Bagel Stick Assortment French Toast (V) Cinnamon Raisin (V) Plain (V)
OFFERED DAILY				
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Breakfast After the Bell Grab and Go Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)	Options may vary by location Cold Cereal Choices Shredded Wheat Multi-Grain Oats (VE) Toasted Oats (VE)	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE) Condiments Syrup (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
ATTENTION: • All Pre-K Students CANNOT be Offered CHOCOLATE MILK • Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
O.F.N.S. Office of Food & Nutrition Services NYC Public Schools Food Alliance Menu subject to change. Our menus are pork free.				



NOVEMBER 2025: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Hashbrowns (VE) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
10	Veterans Day 11	12	13	14
Sweet Potato Oatmeal Muffin (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Home Fries (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
17	18	19	20	21
Banana Breakfast Bread (V) Colby Jack Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Burrito (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Hashbrowns (VE) Breakfast Bar (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
				Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE) Fresh New York Bagel Stick Assortment French Toast (V) Cinnamon Raisin (V) Plain (V) Breakfast Bar Yogurts (V) Assorted Berries & Fresh Cut Fruit (VE) Assorted Granola (V)

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Honey Cheerios (V) Honey Graham Cracker (V) or Animal Crackers (V) Applesauce (VE)	Honey Corn Breakfast Bread (V) Honey Roasted Sunflower Seeds (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Seasonal Fresh Fruit (VE)
10	Veterans Day 11	12	13	14
Sweet Potato Oatmeal Muffin (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Scooters (V) Blueberry Granola (V) Strawberry Banana Applesauce (VE)	Whole Grain Croissant (V) Colby Jack Cheese Cubes (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Seasonal Fresh Fruit (VE)
17	18	19	20	21
Banana Breakfast Bread (V) Colby Jack Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Zucchini Carrot Breakfast Bread (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Seasonal Fresh Fruit (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE) Seasonal Fresh Fruit (VE)	Honey Cheerios (V) Honey Graham Cracker (V) or Animal Crackers (V) Applesauce (VE)	Honey Corn Breakfast Bread (V) Honey Roasted Sunflower Seeds (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Seasonal Fresh Fruit (VE)
			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE)

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
10	Veterans Day 11	12	13	14
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
17	18	19	20	21
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Breakfast Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

Condiments
Syrup (VE)

Options may vary by location

Cold Cereal Choices
Shredded Wheat
Multi-Grain Oats (VE)
Toasted Oats (VE)

Assorted Yogurts

Other Fruits
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

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- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S.
Office of Food & Nutrition Services

NYC PUBLIC SCHOOLS
FOOD ALLIANCE

Menu subject to change.
Our menus are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
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3	Election Day 4	5	6	7
Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Bagel (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg & Cheese on a Croissant (V) Hashbrowns (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
10	Veterans Day 11	12	13	14
Sweet Potato Oatmeal Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Caprese Egg Sandwich on a Soft Roll (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	French Toast Sticks (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
17	18	19	20	21
Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Breakfast Burrito (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Zucchini Carrot Breakfast Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Bagel (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Egg & Cheese on a Croissant (V) Hashbrowns (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fresh NY Bagel Half (VE) served with Cream Cheese (V) & Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Seasonal Fresh Fruit	<u>OFFERED DAILY</u>	OFNS has an extensive Diet that includes all of the following:
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- PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months.
Formula is to be provided by the parent.



NOVEMBER 2025: Pre-K - 8 Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
10	Veterans Day 11	12	13	14
Sweet Potato Oatmeal Muffin (V) Mozzarella Cheese Stick (V) Seasonal Fresh Fruit (VE)	Caprese Egg Sandwich on Ciabatta (V) Home Fries (V) Seasonal Fresh Fruit (VE)	French Toast Sticks (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Croissant (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
17	18	19	20	21
Banana Breakfast Bread (V) Colby Jack Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Soft Roll (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Breakfast Burrito (V) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Blueberry Breakfast Bread (V) Cheddar Cheese Stick (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Bagel (V) Yogurt Choice (V) Seasonal Fresh Fruit (VE)	Buttermilk Pancakes (V) Cherry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)	Egg & Cheese on a Buttermilk Biscuit (V) Hashbrowns (VE) Seasonal Fresh Fruit (VE)	Assorted Fresh NY Bagels (VE) served with Cream Cheese (V) Jelly (VE) Assorted Fresh NY Bagel Sticks (V) served with Cream Cheese (V) Jelly (VE) Hot Oatmeal (V) Seasonal Fresh Fruit (VE)
			WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Fresh New York Bagel Assortment Cinnamon Raisin (VE) Plain (VE) Fresh New York Bagel Stick Assortment French Toast (V) Cinnamon Raisin (V) Plain (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)

Options may vary by location

Cold Cereal Choices
Multi-Grain Oats (VE)
Toasted Oats (VE)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

Condiments
Syrup (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2025: Pre-K - 8 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
French Bread Pizza (V) Italian Roasted Carrots (VE) <i>Salad Bar</i> Pizza Bar	North African Lentils (VE) Jalapeno Popper Grilled Cheese (V) Brown Rice (VE) Spiced Green Beans (VE) <i>Salad Bar</i> Leafy Green Bar	Garlic Parmesan Veggie Nuggets (V) Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE) <i>Salad Bar</i> Mediterranean Bar	Empanada (V) Baja Fish Burrito Salsa (VE) Zesty Corn (VE) <i>Salad Bar</i> Fiesta Bar with Black Bean Salad (VE)	Apple Glazed Chicken Butternut Squash Mac & Cheese (V) Roasted Broccoli (VE) <i>Salad Bar</i> Rainbow Bar
10	Veterans Day 11	12	13	14
Pizza Slice (V) Corn, Peas, Carrots (VE) <i>Salad Bar</i> Pizza Bar	<i>Brunch For Lunch</i> Chicken and Waffles Sweet Potato Wedge Fries (VE) <i>Salad Bar</i> Brunch Bar	Mozzarella Sticks (V) with Herbed Marinara (VE) Fish Sticks with Dipping Sauces (V) Creamy Arugula Salad (V) <i>Salad Bar</i> Leafy Green Bar	Hummus Grab & Go Salad (VE) Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Cucumber Salad (V) <i>Salad Bar</i> Mediterranean Bar	Turkey Picadillo Sweet Roasted Plantains (VE) Yellow Rice (VE) <i>Salad Bar</i> Fiesta Bar with Black Bean Salad (VE)
17	18	19	20	21
Bruschetta Pizza (V) Personal Pizza (V) Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar with Balsamic Chickpea Salad (V)	Honey Garlic Chicken with Broccoli Sesame Noodles (VE) Ginger Carrots (V) <i>Salad Bar</i> Zen & Zest Bar	Chickpea Masala (VE) Veggie Nuggets (VE) with Dipping Sauce Spiced Brown Rice (VE) Saag Spinach (VE) <i>Salad Bar</i> Eastern Harvest Bar	Chicken Paprika Roasted Dill Potatoes (VE) Buttermilk Biscuit (V) <i>Salad Bar</i> Rainbow Bar	<i>Plastic Free Lunch Day</i> Caribbean Style Beef Patty Fish and Cheese Sandwich with Tartar Sauce (V) Fresh Cucumber Slices (VE) with Ranch Dressing (V) <i>Salad Bar</i> Plastic Free Bar
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
French Bread Pizza (V) Italian Roasted Carrots (VE) <i>Salad Bar</i> Pizza Bar	North African Lentils (VE) Jalapeno Popper Grilled Cheese (V) Brown Rice (VE) Spiced Green Beans (VE) <i>Salad Bar</i> Leafy Green Bar	Apple Glazed Chicken Herb Roasted Potatoes (VE) Glazed Carrots (VE) Buttermilk Biscuit (V) Honey Graham Crackers (V) <i>Salad Bar</i> Rainbow Bar	Empanada (V) Baja Fish Burrito Salsa (VE) Roasted Broccoli (VE) <i>Salad Bar</i> Fiesta Bar with Black Bean Salad (VE)	Garlic Parmesan Veggie Nuggets (V) Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE) <i>Salad Bar</i> Mediterranean Bar
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
DAILY OFFERINGS				
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Rainbow Wrap (VE)
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	CEE Service Options Tuesday - Friday • Chicken Breaded Bite Grab & Go Salad • Chicken Tender Wrap	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
O.F.N.S. Office of Food & Nutrition Services NYC Public Schools FOOD ALLIANCE Menu subject to change. Our menus are pork free.				



NOVEMBER 2025: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Super Hero Spinach Wrap (V) Ranch Carrot Sticks (V)	Hummus Grab & Go Salad (VE) Savory Green Beans (VE)	Caesar Veggie Nugget Wrap (V) White Bean Salad (VE)	Chipotle Chicken Wrap Salsa (VE) Zesty Corn Salad (VE)	BBQ Chicken Bite Grab & Go Salad Broccoli Salad (V)
10	Veterans Day 11	12	13	14
Red White & Green Panini (V) Marinated Bean Salad (VE)	Crispy Chicken Grab & Go Salad Fresh Tomato Salad (V)	Classic Tuna on Ciabatta Creamy Arugula Salad (V)	Falafel Grab & Go Salad (V) Greek Cucumber Salad (V)	Southwest Black Bean Cobb Salad (V) Confetti Corn Salad (VE)
17	18	19	20	21
Cheese Lettuce & Tomato Wrap (V) Balsamic Chickpea Salad (V)	Sesame Noodle Bowl Crunchy Carrot Sticks (VE)	Mediterranean Chickpea Wrap (VE) Seasoned Green Beans (VE)	Chopped Salad Grab & Go Classic Potato Salad (V)	Chicken Salad Hoagie Fresh Cucumber Slices (VE) with Ranch Dressing (V)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Super Hero Spinach Wrap (V) Ranch Carrot Sticks (V)	Hummus Grab & Go Salad (VE) Savory Green Beans (VE)	BBQ Chicken Bite Grab & Go Salad Classic Potato Salad (V) Honey Graham Crackers (V)	Chipotle Chicken Wrap Salsa (VE) Broccoli Salad (V)	Caesar Veggie Nugget Wrap (V) White Bean Salad (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)
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Milk

1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit

Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Sicilian Slice Pizza (V) Italian Roasted Carrots (VE)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE)	Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE)	Empanada (V) Salsa (VE) Zesty Corn (VE) Black Bean Salad (VE)	Apple Glazed Chicken Butternut Squash Mac & Cheese (V) Roasted Broccoli (VE)
10	Veterans Day 11	12	13	14
Sicilian Slice Pizza (V) Corn, Peas, Carrots (VE) Italian Chickpeas (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Sweet Potato Wedge Fries (VE)	Fish Sticks with Dipping Sauces (V) Dinner Roll (V) Crispy Broccoli (V) Adobo Green Beans (VE)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Roasted Zucchini (VE)	Turkey Picadillo Salsa (VE) Sweet Roasted Plantains (VE) Yellow Rice (VE)
17	18	19	20	21
Sicilian Slice Pizza (V) Parmigiana Peas (V) Roasted Chickpeas (VE)	Honey Garlic Chicken with Broccoli Sesame Noodles (VE) Ginger Carrots (V)	Chickpea Masala (VE) Spiced Brown Rice (VE) Saag Spinach (VE)	Chicken Paprika Roasted Dill Potatoes (VE) Braised Cabbage (VE) Buttermilk Biscuit (V)	Caribbean Style Beef Patty Sweet Potato Waffle Fries (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Sicilian Slice Pizza (V) Italian Roasted Carrots (VE)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE)	Apple Glazed Chicken Herb Roasted Potatoes (VE) Buttermilk Biscuit (V) Honey Graham Crackers (V)	Empanada (V) Salsa (VE) Roasted Broccoli (VE) Black Bean Salad (VE)	Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS				
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

Milk

1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2025: Puree Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Manicotti (V) Italian Roasted Carrots (VE) Fruit Offering Flavored Applesauce (VE)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE) Fruit Offering Diced Pears (VE)	Italian Chicken Tenders Soft Roll (V) Seasoned Wedge Fries (VE) Fruit Offering Sliced Peaches (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Salsa (VE) Zesty Corn (VE) Black Bean Salad (VE) Fruit Offering Applesauce (VE)	Apple Glazed Grilled Chicken Pasta (VE) Roasted Broccoli (VE) Fruit Offering Bananas (VE)
10	Veterans Day 11	12	13	14
Manicotti (V) Corn, Peas, Carrots (VE) Super Hero Spinach (VE) Fruit Offering Flavored Applesauce (VE)	Ranch Chicken Tenders Soft Roll (V) Sweet Potato Wedge Fries (VE) Fruit Offering Diced Pears (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Seasoned Wedge Fries (VE) Fruit Offering Sliced Peaches (VE)	Braised Tuna with Tomato Sauce Broccoli With Roasted Garlic (VE) Soft Roll (VE) Fruit Offering Applesauce (VE)	Turkey Picadillo Sweet Roasted Plantains (VE) Yellow Rice (VE) Fruit Offering Bananas (VE)
17	18	19	20	21
Manicotti (V) Parmigiana Peas (V) Fruit Offering Flavored Applesauce (VE)	Honey Garlic Chicken with Broccoli Sesame Noodles (VE) Ginger Carrots (V) Fruit Offering Diced Pears (VE)	Chickpea Masala (VE) Spiced Brown Rice (VE) Saag Spinach (VE) Fruit Offering Sliced Peaches (VE)	Paprika Grilled Chicken Soft Roll (VE) Roasted Dill Potatoes (VE) Braised Cabbage (VE) Fruit Offering Applesauce (VE)	Fish and Cheese Sandwich Whole Wheat Bun Roasted Zucchini (VE) Fruit Offering Bananas (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Manicotti (V) Italian Roasted Carrots (VE) Fruit Offering Flavored Applesauce (VE)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE) Fruit Offering Diced Pears (VE)	Apple Glazed Grilled Chicken Soft Roll (VE) Herb Roasted Potatoes (VE) Fruit Offering Sliced Peaches (VE)	Hamburgers & Cheeseburgers Whole Wheat Bun Salsa (VE) Roasted Broccoli (VE) Black Bean Salad (VE) Fruit Offering Applesauce (VE)	Italian Chicken Tenders Soft Roll (V) Seasoned Wedge Fries (VE) Fruit Offering Bananas (VE)
			Daily Lunch Specials • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
OFFERED DAILY				
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available (V) Indicates Vegetarian (VE) Indicates Vegan	Options may vary by location Assorted Dressings	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE) Other Fruits Applesauce, Sliced Peaches, Diced Pears, Pineapples	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
Available Daily Upon Request: Transitional, Thick Puree or Thin Puree				
O.F.N.S. Office of Food & Nutrition Services NYC Public Schools			Menu subject to change. Our menus are pork free.	



NOVEMBER 2025: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
French Bread Pizza (V) Italian Roasted Carrots (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Garlic Parmesan Chicken Bites Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fish Nuggets with Dipping Sauce Black Bean Salad (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Nuggets (VE) with Dipping Sauce Butternut Squash Mac & Cheese (V) Roasted Broccoli (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
10	Veterans Day 11	12	13	14
Pizza Slice (V) Garlicky Green Beans (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Brunch For Lunch Chicken and Waffles Sweet Potato Wedge Fries (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Green Garden Salad (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Italian Marinated Cucumber Salad (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Turkey Picadillo Sweet Roasted Plantains (VE) Yellow Rice (VE) Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
17	18	19	20	21
Personal Pizza (V) Parmigiana Peas (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Teriyaki Grilled Chicken Sesame Noodles (VE) Roasted Carrots Coins (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Chickpea Masala (VE) Spiced Brown Rice (VE) Saag Spinach (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fish and Cheese Sandwich Roasted Dill Potatoes (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Caribbean Style Beef Patty Fresh Cucumber Slices (VE) with Ranch Dressing (V) Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
French Bread Pizza (V) Italian Roasted Carrots (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Garlic Parmesan Chicken Bites Herb Roasted Potatoes (VE) Roasted Carrots Coins (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Fish Nuggets with Dipping Sauce Black Bean Salad (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Veggie Nuggets (VE) with Dipping Sauce Butternut Squash Mac & Cheese (V) Roasted Broccoli (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
			Daily Lunch Specials • Hot or Cold Cheese Sandwich (V) • Hummus and Soft Roll (VE) • 4 oz. Yogurt (V) • Tuna Sandwich	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk*
Whole Milk (V)
*Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apple Slices, Bananas, Cantaloupe, Honeydew, Mandarins, Oranges, Plums, Strawberries (VE)

Other Fruits
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 24 months. Formula is to be provided by the parent.
Consistencies upon request: puree, mashed and finely chopped.

Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
French Bread Pizza (V) Italian Roasted Carrots (VE) <i>Salad Bar</i> Pizza Bar	North African Lentils (VE) Jalapeno Popper Grilled Cheese (V) Brown Rice (VE) Spiced Green Beans (VE) <i>Salad Bar</i> Leafy Green Bar	Garlic Parmesan Veggie Nuggets (V) Dinner Roll (V) Seasoned Wedge Fries (VE) <i>Salad Bar</i> Mediterranean Bar	Empanada (V) Salsa (VE) Zesty Corn (VE) <i>Salad Bar</i> Fiesta Bar with Black Bean Salad (VE)	Three Bean Chili (VE) Butternut Squash Mac & Cheese (V) Roasted Broccoli (VE) <i>Salad Bar</i> Rainbow Bar
10	Veterans Day 11	12	13	14
Pizza Slice (V) Corn, Peas, Carrots (VE) <i>Salad Bar</i> Pizza Bar	<i>Brunch For Lunch</i> Egg & Cheese on a Buttermilk Biscuit (V) Sweet Potato Wedge Fries (VE) <i>Salad Bar</i> Brunch Bar	Mozzarella Sticks (V) with Herbed Marinara (VE) Creamy Arugula Salad (V) <i>Salad Bar</i> Leafy Green Bar	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Cucumber Salad (V) <i>Salad Bar</i> Mediterranean Bar	Guisado Kidney Beans (VE) Sweet Roasted Plantains (VE) Yellow Rice (VE) <i>Salad Bar</i> Fiesta Bar with Black Bean Salad (VE)
17	18	19	20	21
Bruschetta Pizza (V) Personal Pizza (V) Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Teriyaki Veggie Nuggets (VE) Sesame Noodles (VE) Ginger Carrots (V) <i>Salad Bar</i> Zen & Zest Bar	Chickpea Masala (VE) Spiced Brown Rice (VE) Saag Spinach (VE) <i>Salad Bar</i> Eastern Harvest Bar	Veggie Cheeseburgers (V) Whole Wheat Bun Roasted Dill Potatoes (VE) <i>Salad Bar</i> Classic Toppings Bar	<i>Plastic Free Lunch Day</i> Red White and Green Panini (V) Fresh Cucumber Slices (VE) with Ranch Dressing (V) <i>Salad Bar</i> Plastic Free Bar
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
French Bread Pizza (V) Italian Roasted Carrots (VE) <i>Salad Bar</i> Pizza Bar	North African Lentils (VE) Jalapeno Popper Grilled Cheese (V) Brown Rice (VE) Spiced Green Beans (VE) <i>Salad Bar</i> Leafy Green Bar	Garlic Parmesan Veggie Nuggets (V) Herb Roasted Potatoes (VE) Glazed Carrots (VE) Buttermilk Biscuit (V) Honey Graham Crackers (V) <i>Salad Bar</i> Rainbow Bar	Empanada (V) Salsa (VE) Roasted Broccoli (VE) <i>Salad Bar</i> Fiesta Bar with Black Bean Salad (VE)	Three Bean Chili (VE) Dinner Roll (V) Seasoned Wedge Fries (VE) <i>Salad Bar</i> Mediterranean Bar
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)
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Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Super Hero Spinach Wrap (V) Ranch Carrot Sticks (V)	Hummus Grab & Go Salad (VE) Savory Green Beans (VE)	Caesar Veggie Nugget Wrap (V) White Bean Salad (VE)	Chipotle Chicken Wrap Salsa (VE) Zesty Corn Salad (VE)	BBQ Chicken Bite Grab & Go Salad Broccoli Salad (V)
10	Veterans Day 11	12	13	14
Red White & Green Panini (V) Marinated Bean Salad (VE)	Crispy Chicken Grab & Go Salad Fresh Tomato Salad (V)	Classic Tuna on Ciabatta Creamy Arugula Salad (V)	Falafel Grab & Go Salad (V) Greek Cucumber Salad (V)	Southwest Black Bean Cobb Salad (V) Confetti Corn Salad (VE)
17	18	19	20	21
Cheese Lettuce & Tomato Wrap (V) Balsamic Chickpea Salad (V)	Sesame Noodle Bowl Crunchy Carrot Sticks (VE)	Mediterranean Chickpea Wrap (VE) Seasoned Green Beans (VE)	Chopped Salad Grab & Go Classic Potato Salad (V)	Chicken Salad Hoagie Fresh Cucumber Slices (VE) with Ranch Dressing (V)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Super Hero Spinach Wrap (V) Ranch Carrot Sticks (V)	Hummus Grab & Go Salad (VE) Savory Green Beans (VE)	BBQ Chicken Bite Grab & Go Salad Classic Potato Salad (V) Honey Graham Crackers (V)	Chipotle Chicken Wrap Salsa (VE) Broccoli Salad (V)	Caesar Veggie Nugget Wrap (V) White Bean Salad (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS				
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Sicilian Slice Pizza (V) Italian Roasted Carrots (VE)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE)	Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE)	Empanada (V) Salsa (VE) Zesty Corn (VE)	Apple Glazed Chicken Butternut Squash Mac & Cheese (V) Roasted Broccoli (VE)
10	Veterans Day 11	12	13	14
Sicilian Slice Pizza (V) Italian Chickpeas (VE)	Chicken Tenders with Dipping Sauce Honey Herb Knot (V) Sweet Potato Wedge Fries (VE)	Fish Sticks with Dipping Sauces (V) Dinner Roll (V) Crispy Broccoli (V)	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Roasted Zucchini (VE)	Turkey Picadillo Salsa (VE) Sweet Roasted Plantains (VE) Yellow Rice (VE)
17	18	19	20	21
Sicilian Slice Pizza (V) Parmigiana Peas (V)	Honey Garlic Chicken with Broccoli Sesame Noodles (VE) Ginger Carrots (V)	Chickpea Masala (VE) Spiced Brown Rice (VE) Saag Spinach (VE)	Chicken Paprika Roasted Dill Potatoes (VE) Buttermilk Biscuit (V)	Caribbean Style Beef Patty Sweet Potato Waffle Fries (VE)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Sicilian Slice Pizza (V) Italian Roasted Carrots (VE)	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE)	Apple Glazed Chicken Herb Roasted Potatoes (VE) Buttermilk Biscuit (V) Honey Graham Crackers (V)	Empanada (V) Salsa (VE) Roasted Broccoli (VE)	Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS				
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:

All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2025: Food Court Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Manicotti (V) in Marinara Sauce Italian Roasted Carrots (VE) Salad Bar Pizza Bar	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE) Salad Bar Leafy Green Bar	Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE) Salad Bar Mediterranean Bar	Baja Fish Burrito Salsa (VE) Zesty Corn (VE) Salad Bar Fiesta Bar	Apple Glazed Chicken Butternut Squash Mac & Cheese (V) Roasted Broccoli (VE) Salad Bar Rainbow Bar
10	Veterans Day 11	12	13	14
Empanada (V) Corn, Peas, Carrots (VE) Salad Bar Pizza Bar	Brunch For Lunch Chicken and Waffles Sweet Potato Wedge Fries (VE) Salad Bar Brunch Bar	Fish Sticks with Dipping Sauces (V) Garlic Knot (V) Creamy Arugula Salad (V) Salad Bar Leafy Green Bar	Falafel (VE) With Tzatziki (V) Flat Bread (VE) Greek Cucumber Salad (V) Salad Bar Mediterranean Bar	Turkey Picadillo Sweet Roasted Plantains (VE) Yellow Rice (VE) Salad Bar Fiesta Bar with Black Bean Salad (VE)
17	18	19	20	21
Veggie Burger (VE) on Whole Wheat Bun (VE) Parmigiana Peas (V) Salad Bar Pizza Bar	Honey Garlic Chicken with Broccoli Sesame Noodles (VE) Ginger Carrots (V) Salad Bar Zen & Zest Bar	Chickpea Masala (VE) Spiced Brown Rice (VE) Saag Spinach (VE) Salad Bar Eastern Harvest Bar	Chicken Paprika Roasted Dill Potatoes (VE) Buttermilk Biscuit (V) Salad Bar Rainbow Bar	Caribbean Style Beef Patty Sweet Potato Waffle Fries (VE) Salad Bar Leafy Green Bar
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Manicotti (V) in Marinara Sauce Italian Roasted Carrots (VE) Salad Bar Pizza Bar	North African Lentils (VE) Brown Rice (VE) Spiced Green Beans (VE) Salad Bar Leafy Green Bar	Apple Glazed Chicken Herb Roasted Potatoes (VE) Buttermilk Biscuit (V) Honey Graham Crackers (V) Salad Bar Rainbow Bar	Baja Fish Burrito Salsa (VE) Roasted Broccoli (VE) Salad Bar Fiesta Bar	Garlic Parmesan Chicken Bites Dinner Roll (V) Seasoned Wedge Fries (VE) Salad Bar Mediterranean Bar
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.
DAILY OFFERINGS				
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) • Pizza (V) • Seasoned Wedge Fries (VE)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Empanada (V) • Seasoned Wedge Fries (VE)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Tuna Sandwich • Pizza (V) • Chicken Bites & Dinner Roll • Seasoned Wedge Fries (VE)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Empanada (V) • Seasoned Wedge Fries (VE)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Tuna Sandwich • Pizza (V) • Chicken Bites & Dinner Roll • Seasoned Wedge Fries (VE)
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
O.F.N.S. OFFICE OF FOOD & NUTRITION SERVICES URBAN SCHOOL FOOD ALLIANCE				Menu subject to change. Our menus are pork free.



NOVEMBER 2025: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Croissant (V) with Jelly (VE) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Yogurt Choice (V) Blueberry Granola (V)
10	Veterans Day 11	12	13	14
Crispy Tortilla (VE) Salsa (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Animal Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
17	18	19	20	21
Mini Wheats Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)	Colby Jack Cheese Cubes (V) Fresh Fruit (VE)	Multi-Grain Oats (VE) Milk (V)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Croissant (V) with Jelly (VE) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Mozzarella Cheese Stick (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Yogurt Choice (V) Blueberry Granola (V)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk

1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available

All Fruit
Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Plums, Strawberries (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
10	Veterans Day 11	12	13	14
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Multi-Grain Oats (VE) Milk (V)
17	18	19	20	21
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Animal Crackers (V) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Multi-Grain Oats (VE) Milk (V)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
Whole Milk (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apple Slices, Bananas, Cantaloupe, Honeydew, Mandarins, Oranges, Plums, Strawberries (VE)

Other Fruits
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

NOVEMBER 2025: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Black Bean & Corn Wrap (VE) Seasoned Green Beans (VE)	Chicken Tender Wrap Classic Potato Salad (V)	Balsamic Chicken Salad Wrap Zucchini Tomato Parmesan Salad (V)	Curried Chicken Wrap Kachumber (VE)	Hummus Grab & Go Salad (VE) Ranch Carrot Sticks (V)
10	Veterans Day 11	12	13	14
Cheese Plate Grab & Go (V) Crunchy Carrot Sticks (VE)	Asian Sesame Crispy Chicken Grab & Go Salad Broccoli Salad (V)	Chicken Salad Hoagie Seasoned Corn (VE)	Chicken Breaded Bite Grab & Go Salad Savory Green Beans (VE)	BBQ Veggie Nugget Wrap (VE) Classic Coleslaw (V)
17	18	19	20	21
Super Hero Spinach Wrap (V) Pinto Bean Salad (VE)	Italian Crispy Chicken Wrap Basil Corn Salad (VE)	Crispy Chicken Grab & Go Salad Carrot Raisin Salad (V)	Classic Tuna Wrap Cilantro Black Bean Salad (VE)	Red White and Green Panini (V) Balsamic Chickpea Salad (V)
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Black Bean & Corn Wrap (VE) Seasoned Green Beans (VE)	Chicken Tender Wrap Classic Potato Salad (V)	Balsamic Chicken Salad Wrap Zucchini Tomato Parmesan Salad (V)	Curried Chicken Wrap Kachumber (VE)	Hummus Grab & Go Salad (VE) Ranch Carrot Sticks (V)
			Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Mozzarella Sticks (V) with Herbed Marinara (VE) Super Hero Spinach (VE) Green Garden Salad (VE) Fruit Offering Cantaloupe	BBQ Chicken Melt Herb Roasted Potatoes (VE) Mixed Green Salad (V) Fruit Offering Pears	Kidney Bean Rajma (VE) Brown Rice (VE) Garlicky Green Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Vegetable Pizza (V) Green Garden Salad (VE) Fruit Offering Red Grapes
10	Veterans Day 11	12	13	14
Manicotti (V) in Marinara Sauce Seasoned Peas (VE) Green Garden Salad (VE) Fruit Offering Honeydew	Fish Nuggets Mixed Green Salad (V) Fruit Offering Bananas	Three Bean Chili Cheese Fries (V) Corn Bread (V) Green Garden Salad (VE) Fruit Offering Apples	Chicken Tenders with Dipping Sauce Seasoned Bread Knot (V) Chipotle Broccoli (V) Mixed Green Salad (V) Fruit Offering Plums	Pepper and Onion Pizza (V) Corn, Peas, Carrots (VE) Green Garden Salad (VE) Fruit Offering Strawberries
17	18	19	20	21
Empanada (V) Guacamole (VE) Seasoned Pinto Beans (VE) Green Garden Salad (VE) Fruit Offering Oranges	Chicken Bites with Dipping Sauce Seasoned Wedge Fries (VE) Garlic Knot (V) Mixed Green Salad (V) Fruit Offering Green Grapes	Pesto Pizza (V) Italian Roasted Carrots (VE) Green Garden Salad (VE) Fruit Offering Pears	Soft Turkey Tacos Confetti Corn (VE) Guacamole (VE) Mixed Green Salad (V) Fruit Offering Bananas	Stewed Black Beans (VE) Sweet Plantains (VE) Brown Rice (VE) Green Garden Salad (VE) Fruit Offering Apple Slices
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Mozzarella Sticks (V) with Herbed Marinara (VE) Super Hero Spinach (VE) Green Garden Salad (VE) Fruit Offering Cantaloupe	BBQ Chicken Melt Herb Roasted Potatoes (VE) Mixed Green Salad (V) Fruit Offering Pears	Kidney Bean Rajma (VE) Brown Rice (VE) Garlicky Green Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Vegetable Pizza (V) Green Garden Salad (VE) Fruit Offering Red Grapes
			Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4	5	6	7
Mozzarella Sticks (V) with Herbed Marinara (VE) Super Hero Spinach (VE) Green Garden Salad (VE) Fruit Offering Cantaloupe	Veggie Nuggets (VE) with Dipping Sauce Herb Roasted Potatoes (V) Mixed Green Salad (V) Fruit Offering Pears	Kidney Bean Rajma (VE) Brown Rice (VE) Garlicky Green Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Veggie Burger (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Vegetable Pizza (V) Green Garden Salad (VE) Fruit Offering Red Grapes
10	Veterans Day 11	12	13	14
Manicotti (V) in Marinara Sauce Seasoned Peas (VE) Green Garden Salad (VE) Fruit Offering Honeydew	Southwest Burrito (V) Mixed Green Salad (V) Fruit Offering Bananas	Three Bean Chili Cheese Fries (V) Corn Bread (V) Green Garden Salad (VE) Fruit Offering Apples	Fiesta Quesadilla (V) Chipotle Broccoli (V) Mixed Green Salad (V) Fruit Offering Plums	Pepper and Onion Pizza (V) Corn, Peas, Carrots (VE) Green Garden Salad (VE) Fruit Offering Strawberries
17	18	19	20	21
Empanada (V) Guacamole (VE) Seasoned Pinto Beans (VE) Green Garden Salad (VE) Fruit Offering Oranges	Super Hero Spinach Wrap (V) Seasoned Wedge Fries (VE) Mixed Green Salad (V) Fruit Offering Green Grapes	Pesto Pizza (V) Italian Roasted Carrots (VE) Green Garden Salad (VE) Fruit Offering Pears	Homemade Grilled Cheese (V) Mixed Green Salad (V) Fruit Offering Bananas	Stewed Black Beans (VE) Sweet Plantains (VE) Brown Rice (VE) Green Garden Salad (VE) Fruit Offering Apple Slices
24	25	26	Thanksgiving Recess 27	Thanksgiving Recess 28
Mozzarella Sticks (V) with Herbed Marinara (VE) Super Hero Spinach (VE) Green Garden Salad (VE) Fruit Offering Cantaloupe	Veggie Nuggets (VE) with Dipping Sauce Herb Roasted Potatoes (V) Mixed Green Salad (V) Fruit Offering Pears	Kidney Bean Rajma (VE) Brown Rice (VE) Garlicky Green Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Veggie Burger (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun Sweet Potato Waffle Fries (VE) Mixed Green Salad (V) Fruit Offering Apple Slices	Vegetable Pizza (V) Green Garden Salad (VE) Fruit Offering Red Grapes
			Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are
available upon request

OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Plums, Strawberries (VE)

OFNS has an extensive
Prohibitive Ingredients List
available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
Yogurt Choice (V) Fresh Fruit (VE)	Blueberry Breakfast Bread (V) Milk (V)	Croissant (V) with Jelly (VE) Fresh Fruit (VE)	Sweet Potato Oatmeal Muffin (V) Milk (V)	Cinnamon Burst Pancakes (V) Fresh Fruit (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Plums, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
Buttermilk Pancakes (V) Fresh Fruit (VE)	Rise and Shine Waffles (V) Fresh Fruit (VE)	French Toast Sticks (V) Fresh Fruit (VE)	Sweet Potato Oatmeal Muffin (V) Fresh Fruit (VE)	Cinnamon Burst Pancakes (V) Fresh Fruit (VE)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Plums, Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
Assorted Cold Sandwiches and Wraps	Assorted Cold Sandwiches and Wraps	Assorted Cold Sandwiches and Wraps	Assorted Cold Sandwiches and Wraps	Assorted Cold Sandwiches and Wraps
Seasoned Corn (VE)	Classic Potato Salad (V)	Ranch Carrot Snackers (V)	Broccoli Salad (V)	Savory Green Beans (VE)
Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE) Milk (V)	Fresh Fruit (VE) Milk (V)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Plums, Strawberries (VE)

**OFNS has an extensive
Prohibitive Ingredients List
available at:**



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2025: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
1	8	15	22	29
Chicken Tenders Garlic Knots (V) Confetti Corn (VE) Fresh Fruit (VE) Milk (V)	Hamburgers & Cheeseburgers Seasoned Wedge Fries (VE) Fresh Fruit (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara (VE) Crispy Broccoli (V) Fresh Fruit (VE) Milk (V)	Chicken Bites Dinner Roll (V) Herb Roasted Potatoes (VE) Fresh Fruit (VE) Milk (V)	Three Cheese Grilled Cheese (V) Sweet Potato Waffle Fries (VE) Fresh Fruit (VE) Milk (V)
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Grapefruit, Grapes,
Honeydew, Mandarins,
Oranges, Pears,
Plums, Strawberries (VE)

**OFNS has an extensive
Prohibitive Ingredients List
available at:**



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.