



NOVEMBER 2026: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Bread (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
9	10	Veterans Day 11	12	13
Apple Cinnamon Bread (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V)	Maple Pancakes (V) Blueberry Topping (VE)	Banana Muffin (V) Yogurt Choice (V)	Breakfast Quesadilla (V) Salsa (VE) Home Fries (VE)
16	17	18	19	20
Zucchini Carrot Bread (V)	Egg & Cheese on a Croissant (V)	French Toast Sticks (V) Warm Peach Topping (V)	Apple Pie Oatmeal (VE) Blueberry Bread (V) Yogurt Choice (V)	Caprese Egg Sandwich on Ciabatta (V) Hashbrowns (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Bread (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
30				
Maple Pancakes (V) Blueberry Topping (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Cold Cereal Choices
Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat Toasted Oats (VE)

OFFERED DAILY
Options may vary by location

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S. Office of Food & Nutrition Services 

Menu subject to change.
Our menus are pork free.



NOVEMBER 2026: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V) Breakfast Bar (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Bread (V) Breakfast Bar (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
9	10	Veterans Day 11	12	13
Apple Cinnamon Bread (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V) Breakfast Bar (V)	Maple Pancakes (V) Blueberry Topping (VE)	Banana Muffin (V) Breakfast Bar (V)	Breakfast Quesadilla (V) Salsa (VE) Home Fries (VE)
16	17	18	19	20
Zucchini Carrot Bread (V)	Egg & Cheese on a Croissant (V) Breakfast Bar (V)	French Toast Sticks (V) Warm Peach Topping (V)	Apple Pie Oatmeal (VE) Blueberry Bread (V) Breakfast Bar (V)	Caprese Egg Sandwich on Ciabatta (V) Hashbrowns (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V) Breakfast Bar (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Bread (V) Breakfast Bar (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
30				
Maple Pancakes (V) Blueberry Topping (VE)			Breakfast Bar Yogurts (V) Assorted Berries & Fresh Cut Fruit (VE) Assorted Granola (V)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Cold Cereal Choices
Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat Toasted Oats (VE)

OFFERED DAILY
Options may vary by location

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

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ATTENTION:

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Office of Food & Nutrition Services

NYC Public Schools

NOVEMBER 2026: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Cinnamon Burst Pancakes (V)	Sweet Potato Oatmeal Muffin (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Honey Corn Bread (V) Honey Roasted Sunflower Seeds (V)
9	10	Veterans Day 11	12	13
Honey Toasted Oats (V) Apple Cinnamon Granola (V) Raisins (VE)	Apple Cinnamon Bread (V) Colby Jack Cheese Stick (V)	Whole Grain Croissant (V) with Jelly (VE) Honey Roasted Sunflower Seeds (V)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)	Banana Muffin (V) Cheddar Cheese Stick (V)
16	17	18	19	20
Berry Toasted Oats (VE) Honey Roasted Sunflower Seeds (V) Applesauce (VE)	Whole Grain Croissant (V) with Jelly (VE) Cheddar Cheese Stick (V)	Zucchini Carrot Bread (V)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)	Blueberry Bread (V) Colby Jack Cheese Cubes (V)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Cinnamon Burst Pancakes (V)	Sweet Potato Oatmeal Muffin (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Honey Corn Bread (V) Honey Roasted Sunflower Seeds (V)
30				
Honey Toasted Oats (V) Apple Cinnamon Granola (V) Raisins (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk

1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)

Alternative options are available upon request

Cold Cereal Choices

Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat
Toasted Oats (VE)

OFFERED DAILY

Options may vary by location

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit

Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

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Office of Food & Nutrition Services

NYC Public Schools

NOVEMBER 2026: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
9	10	Veterans Day 11	12	13
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
16	17	18	19	20
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Bread (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
30				
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

OFFERED DAILY

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)	Options may vary by location Assorted Yogurts <u>Other Fruits</u> Applesauce, Sliced Peaches, Diced Pears, Pineapples	<u>Cold Cereal Choices</u> Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V) Cinnamon Vanilla Granola (VE) Honey Toasted Oats (V) Shredded Wheat Toasted Oats (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

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- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sweet Potato Oatmeal Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Breakfast Griddle Sandwich (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Sweet Potato Home Fries (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
9	10	Veterans Day 11	12	13
Zucchini Carrot Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Maple Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Breakfast Quesadilla (V) Home Fries (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
16	17	18	19	20
Zucchini Carrot Bread (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Egg & Cheese on a Croissant (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	French Toast Sticks (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Apple Pie Oatmeal (VE) Yogurt Choice (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Caprese Egg Sandwich on a Soft Roll (V) Hashbrowns (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sweet Potato Oatmeal Muffin (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Breakfast Griddle Sandwich (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Yogurt Choice (V) Hot Oatmeal (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Egg & Cheese on a Soft Roll (V) Sweet Potato Home Fries (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)
30				
Maple Pancakes (V) Blueberry Topping (VE) Hot Oatmeal (V) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
Whole Milk (V)
Alternative options are available upon request

(V) Indicates Vegetarian
(VE) Indicates Vegan

Seasonal Fresh Fruit
Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Honeydew, Mandarins, Oranges, Strawberries, Watermelon (VE)

Other Fruits
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFFERED DAILY

Cold Cereal Choices
Berry Toasted Oats (VE)
Toasted Oats (VE)

Options may vary by location

Assorted Yogurts

OFNS has an extensive **Prohibitive Ingredients List** available at:



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PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 23 months. Formula is to be provided by the parent.

O.F.N.S. Office of Food & Nutrition Services

NYC PUBLIC SCHOOLS UNION SQUARE ALLIANCE

Menu subject to change. Our menus are pork free.



NOVEMBER 2026: Pre-K - 8 Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Bread (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
9	10	Veterans Day 11	12	13
Apple Cinnamon Bread (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V)	Maple Pancakes (V) Blueberry Topping (VE)	Banana Muffin (V) Yogurt Choice (V)	Breakfast Quesadilla (V) Salsa (VE) Home Fries (VE)
16	17	18	19	20
Zucchini Carrot Bread (V)	Egg & Cheese on a Croissant (V)	French Toast Sticks (V) Warm Peach Topping (V)	Apple Pie Oatmeal (VE) Blueberry Bread (V) Yogurt Choice (V)	Caprese Egg Sandwich on Ciabatta (V) Hashbrowns (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Bread (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
30				
Maple Pancakes (V) Blueberry Topping (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Cold Cereal Choices
Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Toasted Oats (VE)

OFFERED DAILY
Options may vary by location

Breakfast After the Bell
Grab and Go

Alternative Breakfast
Grab and Go
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

- All Pre-K Students CANNOT be Offered CHOCOLATE MILK
- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2026: Pre-K - 8 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Pizza Slice (V) Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) Or Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
9	10	Veterans Day 11	12	13
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Chicken Tenders with Dipping Sauce Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Black Bean Burger (VE) Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V) <i>Salad Bar</i> Zen & Zest Bar	Bean & Cheese Taquito (V) Empanada (V) Salsa (VE) Sweet Plantains (VE) <i>Salad Bar</i> Fiesta Bar
16	17	18	19	20
<i>Plastic Free Lunch Day</i> Personal Pizza (V) Green Beans and Mushrooms (VE) <i>Salad Bar</i> Plastic Free Bar with Sliced Cucumbers (VE)	Honey Mustard Crispy Chicken Sandwich On a Pretzel Bun Roasted Dill Potatoes (VE) <i>Salad Bar</i> Leafy Green Bar	Three Cheese Grilled Cheese (V) BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE) <i>Salad Bar</i> Rainbow Bar	Arroz Con Pollo Spanish Rice and Roasted Chicken Salsa (VE) Stewed Black Beans (VE) <i>Salad Bar</i> Fiesta Bar	Cowboy Veggie Burger (V) Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Pizza Slice (V) Parmigiana Peas (V) Herbalicious Corn (VE) <i>Salad Bar</i> Pizza Bar	Crispy Chicken Bites with Dipping Sauces Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar	Apple Glazed Chicken Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar
30				
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.
DAILY OFFERINGS				
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Rainbow Wrap (VE)
On designated Plant-Powered Menu days; meat-based products will not be offered.				
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available <u>ATTENTION:</u> All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	<u>Pre-K – 8 with CEE Service</u> <u>Tuesday - Friday Options</u> • Chicken Breaded Bite • Grab & Go Salad • Chicken Tender Wrap	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
 Office of Food & Nutrition Services			Menu subject to change. Our menus are pork free.	



NOVEMBER 2026: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
BBQ Veggie Nugget Wrap (VE) Herbalicious Corn Salad (VE)	Sunburst Chicken Wrap Kachumber (VE)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)
9	10	Veterans Day 11	12	13
Super Hero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chicken Tender Wrap Fresh Tomato Salad (V)	Tangy Tuna Wrap Colorful Green Bean Salad (V)	Crispy Chicken Sesame Noodle Bowl Asian Harvest Broccoli Salad (V)	Grab & Go Black Bean Salad (VE) Zesty Corn Salad (VE)
16	17	18	19	20
Caprese on Ciabatta (V) Savory Green Beans (VE)	Honey Mustard Crispy Chicken Wrap Pickle Potato Salad (V)	Hummus Grab & Go Salad (VE) Ranch Carrot Sticks (V)	Chipotle Chicken Wrap Black Bean Salad (VE)	Chicken Caesar Salad Broccoli Salad (V)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
BBQ Veggie Nugget Wrap (VE) Herbalicious Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Sunburst Chicken Wrap Kachumber (VE)
30				
Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Balsamic Chickpea Salad (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2026: Pre-K - 8 Express Hot Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sicilian Slice Pizza (V) Parmigiana Peas (V) Italian Chickpeas (VE)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)
9	10	Veterans Day 11	12	13
Sicilian Slice Pizza (V) Creamed Spinach (V) Roasted Chickpeas (VE)	Chicken Tenders with Dipping Sauce Garlic Knot (V) Parmesan Carrot Sticks (V)	Black Bean Burger (VE) Seasoned Wedge Fries (VE)	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V)	Empanada (V) Salsa (VE) Sweet Plantains (VE)
16	17	18	19	20
Sicilian Slice Pizza (V) Green Beans and Mushrooms (VE) Italian Chickpeas (VE)	Honey Mustard Crispy Chicken Sandwich on a Pretzel Bun Roasted Dill Potatoes (VE)	BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE)	Arroz Con Pollo Spanish Rice and Roasted Chicken Salsa (VE) Stewed Black Beans (VE)	Cowboy Cheeseburger Sweet Potato Waffle Fries (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sicilian Slice Pizza (V) Parmigiana Peas (V) Herbalicious Corn (VE)	Crispy Chicken Bites with Dipping Sauces Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)	Apple Glazed Chicken Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)
30				
Sicilian Slice Pizza (V) Creamed Spinach (V) Roasted Chickpeas (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.
DAILY OFFERINGS				
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)
On designated Plant-Powered Menu days; meat-based products will not be offered.				
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
 Office of Food & Nutrition Services			Menu subject to change. Our menus are pork free.	

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2026: Puree Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Stuffed Shells (V) With Herbed Marinara Soft Roll (VE) Parmigiana Peas (V) Italian Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE) Fruit Offering Diced Pears (VE)	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) Fruit Offering Sliced Peaches (VE)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) Fruit Offering Applesauce (VE)	Apple Glazed Grilled Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) Fruit Offering Bananas (VE)
9	10	Veterans Day 11	12	13
Stuffed Shells (V) With Herbed Marinara Soft Roll (VE) Creamed Spinach (V) Roasted Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)	Fish Nuggets with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) Fruit Offering Diced Pears (VE)	Black Bean Burger (VE) Seasoned Wedge Fries (VE) Fruit Offering Sliced Peaches (VE)	Sweet Ginger Grilled Chicken Garlic Noodles (VE) Steamed Garden Medley (V) Fruit Offering Applesauce (VE)	Empanada (V) Salsa (VE) Sweet Plantains (VE) Fruit Offering Bananas (VE)
16	17	18	19	20
Stuffed Shells (V) With Herbed Marinara Soft Roll (VE) Green Beans and Mushrooms (VE) Italian Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)	Honey Mustard Crispy Chicken Sandwich on a Pretzel Bun Roasted Dill Potatoes (VE) Fruit Offering Diced Pears (VE)	BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE) Fruit Offering Sliced Peaches (VE)	Arroz Con Pollo Spanish Rice and Chicken Salsa (VE) Stewed Black Beans (VE) Fruit Offering Applesauce (VE)	Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) Fruit Offering Bananas (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Stuffed Shells (V) With Herbed Marinara Soft Roll (VE) Parmigiana Peas (V) Herbalicious Corn (VE) Fruit Offering Flavored Applesauce (VE)	Crispy Chicken Bites with Dipping Sauces Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) Fruit Offering Diced Pears (VE)	Apple Glazed Grilled Chicken Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE) Fruit Offering Sliced Peaches (VE)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) Fruit Offering Applesauce (VE)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE) Fruit Offering Bananas (VE)
30				
Stuffed Shells (V) With Herbed Marinara Soft Roll (VE) Creamed Spinach (V) Roasted Chickpeas (VE) Fruit Offering Flavored Applesauce (VE)			Daily Lunch Specials • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.
OFFERED DAILY Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available (V) Indicates Vegetarian (VE) Indicates Vegan Options may vary by location Assorted Dressings Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE) Other Fruits Applesauce, Sliced Peaches, Diced Pears, Pineapples OFNS has an extensive Prohibitive Ingredients List available at: 				
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
Available Daily Upon Request: Transitional, Thick Puree or Thin Puree				
O.F.N.S. OFFICE OF FOOD & NUTRITION SERVICES NYC PUBLIC SCHOOLS ALLIANCE Menu subject to change. Our menus are pork free.				

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2026: Infant - Toddler Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Pizza Slice (V) Parmigiana Peas (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Veggie Nuggets (VE) Mashed Potatoes (V) with Gravy (V) Dinner Roll (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Crispy Chicken Bites Harvest Butternut Squash Pasta (VE) Roasted Broccoli (VE) Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
9	10	Veterans Day 11	12	13
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Fish Sticks with Tartar Sauce Basil Parmesan Carrots (V) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Chicken Cheeseburger Seasoned Wedge Fries (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Chicken Tenders with Teriyaki Dipper Garlic Noodles (VE) Steamed Green Beans (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Bean & Cheese Taquito (V) Sweet Plantains (VE) Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)
16	17	18	19	20
Personal Pizza (V) Green Beans and Mushrooms (VE) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Crispy Chicken Sandwich on a Pretzel Bun Roasted Dill Potatoes (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	BBQ Tofu (VE) Macaroni & Cheese (V) Ranchy Broccoli (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Arroz Con Pollo Spanish Rice and Chicken Tenders Stewed Black Beans (VE) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Pizza Slice (V) Parmigiana Peas (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)	Veggie Nuggets (VE) Harvest Butternut Squash Pasta (VE) Roasted Broccoli (VE) Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)	Crispy Chicken Bites Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Dinner Roll (VE) Animal Crackers (VE) Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE) Seasonal Fresh Fruit Flavored Apple Sauce (VE) Milk (V)
30				
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) Seasonal Fresh Fruit or Applesauce (VE) Milk (V)			Daily Lunch Specials • Hot or Cold Cheese Sandwich (V) • Hummus and Soft Roll (VE) • 4 oz. Yogurt (V) • Tuna Sandwich	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.
On designated Plant-Powered Menu days; meat-based products will not be offered.				
ATTENTION: Milk* Whole Milk (V) *Alternative options are available upon request All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available Seasonal Fresh Fruit Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Honeydew, Mandarins, Oranges, Strawberries, Watermelon (VE) Other Fruits Applesauce, Sliced Peaches, Diced Pears, Pineapples OFNS has an extensive Prohibitive Ingredients List available at: 				
PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 23 months. Formula is to be provided by the parent. Consistencies upon request: puree, mashed and finely chopped.				
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
O.F.N.S. Office of Food & Nutrition Services  Menu subject to change. Our menus are pork free.				

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2026: Pre-K - 8 Vegetarian Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Pizza Slice (V) Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Three Bean Chili (VE) Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
9	10	Veterans Day 11	12	13
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Mozzarella Sticks (V) with Herbed Marinara Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Black Bean Burger (VE) Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Veggie Nuggets (VE) with Teriyaki Dipper (VE) Garlic Noodles (VE) Steamed Garden Medley (V) <i>Salad Bar</i> Zen & Zest Bar	Bean & Cheese Taquito (V) Empanada (V) Salsa (VE) Sweet Plantains (VE) <i>Salad Bar</i> Fiesta Bar
16	17	18	19	20
<i>Plastic Free Lunch Day</i> Personal Pizza (V) Green Beans and Mushrooms (VE) <i>Salad Bar</i> Plastic Free Bar with Sliced Cucumbers (VE)	Three Cheese Grilled Cheese (V) Roasted Dill Potatoes (VE) <i>Salad Bar</i> Leafy Green Bar	BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE) <i>Salad Bar</i> Rainbow Bar	Guisado Kidney Beans (VE) Spanish Rice (VE) Salsa (VE) Zesty Corn (VE) <i>Salad Bar</i> Fiesta Bar	Cowboy Veggie Burger (V) Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Pizza Slice (V) Parmigiana Peas (V) Herbalicious Corn (VE) <i>Salad Bar</i> Pizza Bar	Three Bean Chili (VE) Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar	Veggie Nuggets (VE) with Dipping Sauces Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar
30				
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.
DAILY OFFERINGS				
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)
<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
Office of Food & Nutrition Services OFFICE OF FOOD & NUTRITION SERVICES Menu subject to change. Our menus are pork free.				

Office of Food & Nutrition Services NYC Public Schools				
NOVEMBER 2026: High School Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Pizza Slice (V) Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) Or Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
9	10	Veterans Day 11	12	13
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Chicken Tenders with Dipping Sauce Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Black Bean Burger (VE) Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V) <i>Salad Bar</i> Zen & Zest Bar	Bean & Cheese Taquito (V) Empanada (V) Salsa (VE) Sweet Plantains (VE) <i>Salad Bar</i> Fiesta Bar
16	17	18	19	20
<i>Plastic Free Lunch Day</i> Personal Pizza (V) Green Beans and Mushrooms (VE) <i>Salad Bar</i> Plastic Free Bar	Honey Mustard Crispy Chicken Sandwich On a Pretzel Bun Roasted Dill Potatoes (VE) <i>Salad Bar</i> Leafy Green Bar	Three Cheese Grilled Cheese (V) BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE) <i>Salad Bar</i> Rainbow Bar	Arroz Con Pollo Spanish Rice and Roasted Chicken Salsa (VE) Stewed Black Beans (VE) <i>Salad Bar</i> Fiesta Bar	Cowboy Veggie Burger (V) Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Pizza Slice (V) Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar	Crispy Chicken Bites with Dipping Sauces Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar	Apple Glazed Chicken Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar
30				
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.
DAILY OFFERINGS				
<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads • Rainbow Wrap (VE)
On designated Plant-Powered Menu days; meat-based products will not be offered.				
Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.				
• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy. • Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.				
O.F.N.S. Office of Food & Nutrition Services NYC Public Schools			Menu subject to change. Our menus are pork free.	



NOVEMBER 2026: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
BBQ Veggie Nugget Wrap (VE) Herbalicious Corn Salad (VE)	Sunburst Chicken Wrap Kachumber (VE)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)
9	10	Veterans Day 11	12	13
Super Hero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chicken Tender Wrap Fresh Tomato Salad (V)	Tangy Tuna Wrap Colorful Green Bean Salad (V)	Crispy Chicken Sesame Noodle Bowl Asian Harvest Broccoli Salad (V)	Grab & Go Black Bean Salad (VE) Zesty Corn Salad (VE)
16	17	18	19	20
Caprese on Ciabatta (V) Savory Green Beans (VE)	Honey Mustard Crispy Chicken Wrap Pickle Potato Salad (V)	Hummus Grab & Go Salad (VE) Ranch Carrot Sticks (V)	Chipotle Chicken Wrap Black Bean Salad (VE)	Chicken Caesar Salad Broccoli Salad (V)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
BBQ Veggie Nugget Wrap (VE) Herbalicious Corn Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Sunburst Chicken Wrap Kachumber (VE)
30				
Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Balsamic Chickpea Salad (V)		Sunburst Chicken Wrap Kachumber (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

DAILY OFFERINGS

<u>Monday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Tuesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Wednesday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Thursday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V)	<u>Friday</u> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)
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On designated Plant-Powered Menu days; meat-based products will not be offered.

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	Assorted Dressings	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sicilian Slice Pizza (V) Parmigiana Peas (V)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)
9	10	Veterans Day 11	12	13
Sicilian Slice Pizza (V) Roasted Chickpeas (VE)	Chicken Tenders with Dipping Sauce Garlic Knot (V) Parmesan Carrot Sticks (V)	Black Bean Burger (VE) Seasoned Wedge Fries (VE)	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V)	Empanada (V) Salsa (VE) Super Hero Spinach (VE)
16	17	18	19	20
Sicilian Slice Pizza (V) Green Beans and Mushrooms (VE) Italian Chickpeas (VE)	Honey Mustard Crispy Chicken Sandwich on a Pretzel Bun Roasted Dill Potatoes (VE)	BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE)	Arroz Con Pollo Spanish Rice and Roasted Chicken Salsa (VE) Stewed Black Beans (VE)	Cowboy Cheeseburger Sweet Potato Waffle Fries (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sicilian Slice Pizza (V) Parmigiana Peas (V)	Crispy Chicken Bites with Dipping Sauces Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)	Apple Glazed Chicken Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)
30				
Sicilian Slice Pizza (V) Roasted Chickpeas (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

DAILY OFFERINGS

Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)
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On designated Plant-Powered Menu days; meat-based products will not be offered.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

NOVEMBER 2026: Food Court Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Veggie Nuggets (VE) with Dipping Sauce Parmigiana Peas (V) Salad Bar Pizza Bar	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) Salad Bar Eastern Harvest Bar	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) Salad Bar Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) Salad Bar Mediterranean Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) Salad Bar Rainbow Bar
9	10	Veterans Day 11	12	13
Stuffed Shells (V) With Herbed Marinara Super Hero Spinach (VE) Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)	Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) Salad Bar Leafy Green Bar	Black Bean Burger (VE) Chicken Cheeseburger Seasoned Wedge Fries (VE) Salad Bar Classic Toppings Bar	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V) Salad Bar Zen & Zest Bar	Bean & Cheese Taquito (V) Salsa (VE) Sweet Plantains (VE) Salad Bar Fiesta Bar
16	17	18	19	20
Three Cheese Grilled Cheese (V) Green Beans and Mushrooms (VE) Salad Bar Pizza Bar	Honey Mustard Crispy Chicken Sandwich On a Pretzel Bun Roasted Dill Potatoes (VE) Salad Bar Leafy Green Bar	BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Bread (V) Ranchy Broccoli (VE) Salad Bar Rainbow Bar	Arroz Con Pollo Spanish Rice and Roasted Chicken Salsa (VE) Stewed Black Beans (VE) Salad Bar Fiesta Bar	Cowboy Veggie Burger (V) Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) Salad Bar Classic Toppings Bar
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Veggie Nuggets (VE) with Dipping Sauce Parmigiana Peas (V) Salad Bar Pizza Bar	Crispy Chicken Bites with Dipping Sauces Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) Salad Bar Rainbow Bar	Apple Glazed Chicken Mashed Potatoes (V) with Gravy (V) Glazed Carrots (VE) Buttermilk Biscuit (V) Animal Crackers (VE) Salad Bar Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) Salad Bar Mediterranean Bar	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) Salad Bar Eastern Harvest Bar
30				
Stuffed Shells (V) With Herbed Marinara Super Hero Spinach (VE) Salad Bar Pizza Bar With Balsamic Chickpea Salad (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

DAILY OFFERINGS

Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) • Pizza (V) • Seasoned Wedge Fries (VE)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Empanada (V) • Seasoned Wedge Fries (VE)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Tuna Sandwich • Pizza (V) • Chicken Bites & Dinner Roll • Seasoned Wedge Fries (VE)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Empanada (V) • Seasoned Wedge Fries (VE)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Tuna Sandwich • Pizza (V) • Chicken Bites & Dinner Roll • Seasoned Wedge Fries (VE)
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On designated Plant-Powered Menu days; meat-based products will not be offered.

<u>Milk</u> 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request	ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone	OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available	<u>Seasonal Fresh Fruit</u> Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)	OFNS has an extensive Prohibitive Ingredients List available at: 
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Cereal with Oat Clusters (V) Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Berry Toasted Oats (VE) Milk (V)
9	10	Veterans Day 11	12	13
Croissant (V) with Jelly (VE) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Colby Jack Cheese Stick (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Yogurt Choice (V) Blueberry Granola (V)
16	17	18	19	20
Crispy Tortilla (VE) Salsa (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Cinnamon Vanilla Granola (VE) Milk (V)	Animal Crackers (VE) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Cereal with Oat Clusters (V) Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Berry Toasted Oats (VE) Milk (V)
30				
Croissant (V) with Jelly (VE) Milk (V)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

All Fruit Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
9	10	Veterans Day 11	12	13
Animal Crackers (VE) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Berry Toasted Oats (VE) Milk (V)
16	17	18	19	20
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Animal Crackers (VE) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Berry Toasted Oats (VE) Milk (V)
30				
Soft Roll (VE) Hummus Cup (VE)				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
Whole Milk (V)
Alternative options are available upon request

OFNS Menus Support
Seasonal Fresh Fruit and
Vegetables
when available

Seasonal Fresh Fruit
Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Honeydew, Mandarins, Oranges, Strawberries, Watermelon (VE)

Other Fruits
Applesauce, Sliced Peaches, Diced Pears, Pineapples

OFNS has an extensive Prohibitive Ingredients List available at:



PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 23 months. Formula is to be provided by the parent.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Red White & Green Panini (V) Pickle Potato Salad (V) Fruit Offering Strawberries	Greek Lemon Chicken Pita Deluxe with Tzatziki Sauce Mediterranean Zucchini and Tomato Salad (VE) Fruit Offering Apples	Cilantro Pinto Bean Wrap (VE) Green Garden Salad (VE) Fruit Offering Bananas	Crispy Chicken Grab & Go Pasta Salad Broccoli Salad (V) Fruit Offering Green Grapes	BBQ Crispy Chicken Wrap Marinated Bean Salad (VE) Fruit Offering Pears
9	10	Veterans Day 11	12	13
Caesar Veggie Nugget Wrap (V) Savory Green Beans (VE) Fruit Offering Grapefruit	Chicken Breaded Bite Grab & Go Salad Confetti Corn Salad (VE) Fruit Offering Oranges	Chipotle Chicken Wrap Black Bean Salad (VE) Fruit Offering Red Grapes	Chicken Salad Hoagie Classic Potato Salad (V) Fruit Offering Honeydew	Hummus Grab & Go Salad (VE) Kachumber (VE) Fruit Offering Apple Slices
16	17	18	19	20
Black Bean Salad Wrap (VE) Zesty Corn Salad (VE) Fruit Offering Oranges	Curried Chicken Wrap Kid Friendly Kale Salad (V) Fruit Offering Cantaloupe	Taco Spiced Chicken Bite Grab & Go Salad Fresh Cilantro Healthy Coleslaw (V) Fruit Offering Green Grapes	Classic Tuna on Ciabatta Bruschetta Tomato Salad (V) Fruit Offering Apple Slices	Asian Sesame Crispy Chicken Grab & Go Salad Asian Cucumber Salad (VE) Fruit Offering Watermelon
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Red White & Green Panini (V) Pickle Potato Salad (V) Fruit Offering Strawberries	BBQ Crispy Chicken Wrap Marinated Bean Salad (VE) Fruit Offering Apples	Cilantro Pinto Bean Wrap (VE) Green Garden Salad (VE) Fruit Offering Bananas	Crispy Chicken Grab & Go Pasta Salad Broccoli Salad (V) Fruit Offering Green Grapes	Greek Lemon Chicken Pita Deluxe with Tzatziki Sauce Mediterranean Zucchini and Tomato Salad (VE) Fruit Offering Pears
30				
Caesar Veggie Nugget Wrap (V) Savory Green Beans (VE) Fruit Offering Grapefruit			Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk

1% Low-fat (V)

Fat Free (V)

Fat Free Chocolate (V)

Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit

Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S.

Office of Food & Nutrition Services

URBAN SCHOOLS

THE FOOD ALLIANCE

Menu subject to change.

Our menus are pork free.



NOVEMBER 2026: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Empanada (V) Guacamole (VE) Cinnamon Plantains (VE) Green Garden Salad (VE) Fruit Offering Strawberries	Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun Seasoned Wedge Fries (VE) Mixed Greens Salad (V) Fruit Offering Apples	Pesto Pizza (V) Crispy Broccoli (V) Green Garden Salad (VE) Fruit Offering Bananas	BBQ Crispy Chicken Sandwich Baked Beans (VE) Mixed Greens Salad (V) Fruit Offering Green Grapes	Three Bean Chili Cheese Fries (V) Honey Corn Bread (V) Green Garden Salad (VE) Fruit Offering Pears
9	10	Veterans Day 11	12	13
Mozzarella Sticks (V) with Herbed Marinara Pizzalicious Green Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit	Chipotle Garden Wrap (V) Spiced Sweet Potatoes (VE) Mixed Greens Salad (V) Fruit Offering Oranges	Hot Honey Pizza (V) Garbanzo Beans and Diced Tomatoes (VE) Green Garden Salad (VE) Fruit Offering Red Grapes	Crispy Chicken Bites Onion Rings (V) Lemon & Chive Peas (VE) Mixed Greens Salad (V) Fruit Offering Honeydew	Spicy Crispy Chicken Sandwich Mashed Potatoes (V) with Gravy (V) Green Garden Salad (VE) Fruit Offering Apple Slices
16	17	18	19	20
Black Bean Burger (VE) Sweet Potato Waffle Fries (VE) Green Garden Salad (VE) Fruit Offering Oranges	Fish Nuggets with Dipping Sauce Dinner Roll (VE) Zesty Corn (VE) Mixed Greens Salad (V) Fruit Offering Cantaloupe	Bruschetta Pizza (V) Roasted Zucchini and Tomatoes (VE) Green Garden Salad (VE) Fruit Offering Green Grapes	Chicken Tenders with Dipping Sauce Honey & Herb Knot (V) Rainbow Spinach (VE) Mixed Greens Salad (V) Fruit Offering Apple Slices	BBQ Crispy Chicken Sandwich Baked Beans (VE) Green Garden Salad (VE) Fruit Offering Watermelon
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Empanada (V) Guacamole (VE) Cinnamon Plantains (VE) Green Garden Salad (VE) Fruit Offering Strawberries	Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun Seasoned Wedge Fries (VE) Mixed Greens Salad (V) Fruit Offering Apples	Pesto Pizza (V) Crispy Broccoli (V) Green Garden Salad (VE) Fruit Offering Bananas	Hawaiian Chicken on Ciabatta Colorful Green Beans (V) Mixed Greens Salad (V) Fruit Offering Green Grapes	Three Bean Chili Cheese Fries (V) Honey Corn Bread (V) Green Garden Salad (VE) Fruit Offering Pears
30				
Mozzarella Sticks (V) with Herbed Marinara Pizzalicious Green Beans (VE) Green Garden Salad (VE) Fruit Offering Grapefruit			Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

OFFERED DAILY

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Empanada (V) Guacamole (VE) Cinnamon Plantains (VE) Green Garden Salad (VE) Fruit Offering Strawberries	Veggie Burgers (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun Seasoned Wedge Fries (VE) Mixed Greens Salad (V) Fruit Offering Apples	Pesto Pizza (V) Crispy Broccoli (V) Green Garden Salad (VE) Fruit Offering Bananas	Homemade Grilled Cheese (V) Baked Beans (VE) Mixed Greens Salad (V) Fruit Offering Green Grapes	Chipotle Garden Wrap (V) Spiced Sweet Potatoes (VE) Green Garden Salad (VE) Fruit Offering Pears
9	10	Veterans Day 11	12	13
Super Hero Spinach Wrap (V) Mashed Potatoes (V) with Gravy (V) Green Garden Salad (VE) Fruit Offering Grapefruit	Three Bean Chili Cheese Fries (V) Honey Corn Bread (V) Mixed Greens Salad (V) Fruit Offering Oranges	Hot Honey Pizza (V) Garbanzo Beans and Diced Tomatoes (VE) Green Garden Salad (VE) Fruit Offering Red Grapes	Southwest Burrito (V) Onion Rings (V) Seasoned Peas (VE) Mixed Greens Salad (V) Fruit Offering Honeydew	Mozzarella Sticks (V) with Herbed Marinara Pizzalicious Green Beans (VE) Green Garden Salad (VE) Fruit Offering Apple Slices
16	17	18	19	20
Black Bean Burger (VE) Sweet Potato Waffle Fries (VE) Green Garden Salad (VE) Fruit Offering Oranges	Veggie Nuggets (VE) with Dipping Sauce Dinner Roll (VE) Zesty Corn (VE) Mixed Greens Salad (V) Fruit Offering Cantaloupe	Bruschetta Pizza (V) Roasted Zucchini and Tomatoes (VE) Green Garden Salad (VE) Fruit Offering Green Grapes	Stuffed Shells (V) With Herbed Marinara Honey & Herb Knot (V) Rainbow Spinach (VE) Mixed Greens Salad (V) Fruit Offering Apple Slices	Fiesta Quesadilla (V) Salsa (VE) Colorful Green Beans (V) Green Garden Salad (VE) Fruit Offering Watermelon
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Empanada (V) Guacamole (VE) Cinnamon Plantains (VE) Green Garden Salad (VE) Fruit Offering Strawberries	Veggie Burgers (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun Seasoned Wedge Fries (VE) Mixed Greens Salad (V) Fruit Offering Apples	Pesto Pizza (V) Crispy Broccoli (V) Green Garden Salad (VE) Fruit Offering Bananas	Homemade Grilled Cheese (V) Baked Beans (VE) Mixed Greens Salad (V) Fruit Offering Green Grapes	Chipotle Garden Wrap (V) Spiced Sweet Potatoes (VE) Green Garden Salad (VE) Fruit Offering Pears
30				
Super Hero Spinach Wrap (V) Mashed Potatoes (V) with Gravy (V) Green Garden Salad (VE) Fruit Offering Grapefruit			Daily Supper Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

O.F.N.S.
Office of Food & Nutrition Services

DEBRA SCHOOL FOOD ALLIANCE

Menu subject to change. Our menus are pork free.



NOVEMBER 2026: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
Yogurt Choice (V) Apples (VE)	Blueberry Bread (V) Milk (V)	Croissant (V) with Jelly (VE) Oranges (VE)	Sweet Potato Oatmeal Muffin (V) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Clementines, Grapefruit,
Grapes, Honeydew,
Mandarins, Oranges,
Pears, Strawberries,
Watermelon (VE)

**OFNS has an extensive
Prohibitive Ingredients List
available at:**



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
Buttermilk Pancakes (V) Apples (VE)	Rise and Shine Waffles (V) Milk (V)	French Toast Sticks (V) Oranges (VE)	Sweet Potato Oatmeal Muffin (V) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

**WE PROUDLY SUPPORT
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PRODUCED FOOD FROM NEW
YORK.**

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Clementines, Grapefruit,
Grapes, Honeydew,
Mandarins, Oranges,
Pears, Strawberries,
Watermelon (VE)



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NOVEMBER 2026: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
Assorted Cold Sandwiches and Wraps Seasoned Corn (VE) Oranges (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Classic Potato Salad (V) Green Grapes (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Ranch Carrot Snackers (V) Pears (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Broccoli Salad (V) Apple Slices (VE) Milk (V)	
			Daily Lunch Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are
 available upon request

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices,
Bananas, Cantaloupe,
Clementines, Grapefruit,
Grapes, Honeydew,
Mandarins, Oranges,
Pears, Strawberries,
Watermelon (VE)

**OFNS has an extensive
Prohibitive Ingredients List
available at:**



- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



NOVEMBER 2026: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
7	14	21	28	
Chicken Tenders Garlic Knot (V) Confetti Corn (VE) Oranges (VE) Milk (V)	Hamburgers & Cheeseburgers Seasoned Wedge Fries (VE) Green Grapes (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara Crispy Broccoli (V) Pears (VE) Milk (V)	Chicken Bites Dinner Roll (VE) Herb Roasted Potatoes (VE) Apple Slices (VE) Milk (V)	
			Daily Lunch Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD FROM NEW YORK.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Cantaloupe, Clementines, Grapefruit, Grapes, Honeydew, Mandarins, Oranges, Pears, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

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