

SEPTEMBER 2026: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Muffin (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
Labor Day 7	8	9	First Day Of School 10	11
Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V)	Maple Pancakes (V) Blueberry Topping (VE)	Breakfast Quesadilla (V) Salsa (VE) Home Fries (VE)	Banana Muffin (V) Yogurt Choice (V)
14	15	16	17	18
Zucchini Carrot Muffin (V)	Egg & Cheese on a Croissant (V)	French Toast Sticks (V) Warm Peach Topping (V)	Apple Pie Oatmeal (VE) Blueberry Muffin (V) Yogurt Choice (V)	Caprese Egg Sandwich on Ciabatta (V) Hashbrowns (VE)
Yom Kippur 21	22	23	24	25
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Muffin (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
28	29	30		
Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V)	Maple Pancakes (V) Blueberry Topping (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Cold Cereal Choices
Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat Toasted Oats (VE)

OFFERED DAILY
Options may vary by location

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:




ATTENTION:
• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



SEPTEMBER 2026: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Breakfast Griddle Sandwich (V) Breakfast Bar (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Muffin (V) Breakfast Bar (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
Labor Day 7	8	9	First Day Of School 10	11
Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V) Breakfast Bar (V)	Maple Pancakes (V) Blueberry Topping (VE)	Breakfast Quesadilla (V) Salsa (VE) Home Fries (VE)	Banana Muffin (V) Breakfast Bar (V)
14	15	16	17	18
Zucchini Carrot Muffin (V)	Egg & Cheese on a Croissant (V) Breakfast Bar (V)	French Toast Sticks (V) Warm Peach Topping (V)	Apple Pie Oatmeal (VE) Blueberry Muffin (V) Breakfast Bar (V)	Caprese Egg Sandwich on Ciabatta (V) Hashbrowns (VE)
Yom Kippur 21	22	23	24	25
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V) Breakfast Bar (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Muffin (V) Breakfast Bar (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
28	29	30		
Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V) Breakfast Bar (V)	Maple Pancakes (V) Blueberry Topping (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Breakfast Bar Yogurts (V) Assorted Berries & Fresh Cut Fruit (VE) Assorted Granola (V)

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>Cold Cereal Choices Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V) Cinnamon Vanilla Granola (VE) Honey Toasted Oats (V) Shredded Wheat Toasted Oats (VE)</p>	<p>OFFERED DAILY Options may vary by location</p> <p><u>Breakfast After the Bell</u> <u>Grab and Go</u></p> <p><u>Alternative Breakfast</u> <u>Grab and Go</u> <u>(Cereal, Fruit and Milk)</u></p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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ATTENTION:
• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

SEPTEMBER 2026: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Cinnamon Burst Pancakes (V)	Sweet Potato Oatmeal Muffin (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Honey Corn Muffin (V) Honey Roasted Sunflower Seeds (V)
Labor Day 7	8	9	First Day Of School 10	11
Honey Toasted Oats (V) Apple Cinnamon Granola (V) Raisins (VE)	Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Whole Grain Croissant (V) with Jelly (VE) Honey Roasted Sunflower Seeds (V)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)	Banana Muffin (V) Cheddar Cheese Stick (V)
14	15	16	17	18
Berry Toasted Oats (VE) Honey Roasted Sunflower Seeds (V) Applesauce (VE)	Whole Grain Croissant (V) with Jelly (VE) Cheddar Cheese Stick (V)	Zucchini Carrot Muffin (V)	Yogurt Choice (V) Blueberry Granola (V) Raisins (VE)	Blueberry Muffin (V) Colby Jack Cheese Cubes (V)
Yom Kippur 21	22	23	24	25
Cinnamon Burst Pancakes (V)	Frosted Mini Wheats Honey Graham Cracker (V) Plain or Strawberry Banana Applesauce (VE)	Sweet Potato Oatmeal Muffin (V)	Yogurt Choice (V) Apple Cinnamon Granola (V) Raisins (VE)	Honey Corn Muffin (V) Honey Roasted Sunflower Seeds (V)
28	29	30		
Honey Toasted Oats (V) Apple Cinnamon Granola (V) Raisins (VE)	Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Whole Grain Croissant (V) with Jelly (VE) Honey Roasted Sunflower Seeds (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Cold Cereal Choices
Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat Toasted Oats (VE)

OFFERED DAILY
Options may vary by location

Breakfast After the Bell
[Grab and Go](#)

Alternative Breakfast
[Grab and Go](#)
(Cereal, Fruit and Milk)

Seasonal Fresh Fruit

Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

SEPTEMBER 2026: Puree Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
Labor Day 7	8	9	First Day Of School 10	11
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
14	15	16	17	18
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
Yom Kippur 21	22	23	24	25
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Bananas (VE)	Zucchini Carrot Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Applesauce (VE)
28	29	30		
Sweet Potato Oatmeal Muffin (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Sliced Peaches (VE)	Egg Omelet on a Soft Roll (V) Hot Oatmeal (V) <i>Fruit Offering</i> Flavored Applesauce (VE)	Croissant (V) Yogurt Choice (V) Hot Oatmeal (V) <i>Fruit Offering</i> Diced Pears (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

Options may vary by location
Assorted Yogurts
Other Fruits
Applesauce, Sliced Peaches, Diced Pears, Pineapples

Cold Cereal Choices
Berry Toasted Oats (VE)
Blueberry Granola (VE)
Cereal with Oat Clusters (V)
Cinnamon Vanilla Granola (VE)
Honey Toasted Oats (V)
Shredded Wheat
Toasted Oats (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

ATTENTION:

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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SEPTEMBER 2026: Infant - Toddler Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Breakfast Griddle Sandwich (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Yogurt Choice (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Sweet Potato Home Fries (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
Labor Day 7	8	9	First Day Of School 10	11
<p>Zucchini Carrot Muffin (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>Maple Pancakes (V) Blueberry Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Breakfast Quesadilla (V)</p> <p>Home Fries (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Yogurt Choice (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
14	15	16	17	18
<p>Zucchini Carrot Muffin (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Egg & Cheese on a Croissant (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>French Toast Sticks (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Apple Pie Oatmeal (VE)</p> <p>Yogurt Choice (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Caprese Egg Sandwich on a Soft Roll (V)</p> <p>Hashbrowns (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
Yom Kippur 21	22	23	24	25
<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Breakfast Griddle Sandwich (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Yogurt Choice (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Sweet Potato Home Fries (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>
28	29	30		
<p>Zucchini Carrot Muffin (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Egg & Cheese on a Soft Roll (V)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>	<p>Maple Pancakes (V) Blueberry Topping (VE)</p> <p>Hot Oatmeal (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>		<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

OFFERED DAILY

Seasonal Fresh Fruit

Apple Slices, Bananas, Cantaloupe, Grapefruit, Honeydew, Nectarines, Oranges, Peaches, Plums, Strawberries, Watermelon (VE)

Other Fruits

Applesauce, Sliced Peaches, Diced Pears, Pineapples

Cold Cereal Choices
Berry Toasted Oats (VE)
Toasted Oats (VE)

Options may vary by location

Assorted Yogurts

OFNS has an extensive Prohibitive Ingredients List available at:



Milk
Whole Milk (V)
Alternative options are available upon request


(V) Indicates Vegetarian
(VE) Indicates Vegan

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PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 23 months. Formula is to be provided by the parent.

SEPTEMBER 2026: Pre-K - 8 Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Muffin (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
Labor Day 7	8	9	First Day Of School 10	11
Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V)	Maple Pancakes (V) Blueberry Topping (VE)	Breakfast Quesadilla (V) Salsa (VE) Home Fries (VE)	Banana Muffin (V) Yogurt Choice (V)
14	15	16	17	18
Zucchini Carrot Muffin (V)	Egg & Cheese on a Croissant (V)	French Toast Sticks (V) Warm Peach Topping (V)	Apple Pie Oatmeal (VE) Blueberry Muffin (V) Yogurt Choice (V)	Caprese Egg Sandwich on Ciabatta (V) Hashbrowns (VE)
Yom Kippur 21	22	23	24	25
Sweet Potato Oatmeal Muffin (V)	Breakfast Griddle Sandwich (V)	Rise and Shine Waffles (V) Cinnamon Apple Topping (VE)	Honey Corn Muffin (V) Yogurt Choice (V)	Egg & Cheese on a Bagel (V) Sweet Potato Home Fries (VE)
28	29	30		
Apple Cinnamon Muffin (V) Colby Jack Cheese Stick (V)	Egg & Cheese on a Buttermilk Biscuit (V)	Maple Pancakes (V) Blueberry Topping (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>Cold Cereal Choices Berry Toasted Oats (VE) Blueberry Granola (VE) Cereal with Oat Clusters (V) Cinnamon Vanilla Granola (VE) Honey Toasted Oats (V) Toasted Oats (VE)</p>	<p>OFFERED DAILY Options may vary by location</p> <p>Breakfast After the Bell Grab and Go</p> <p>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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ATTENTION:
• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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SEPTEMBER 2026: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) Or Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
Labor Day 7	8	9	First Day Of School 10	11
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Chicken Tenders with Dipping Sauce Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Black Bean Burger (VE) Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V) <i>Salad Bar</i> Zen & Zest Bar	<i>Plastic Free Lunch Day</i> Bean & Cheese Taquito (V) Empanada (V) Salsa (VE) Sweet Plantains (VE) <i>Salad Bar</i> Plastic Free Bar
14	15	16	17	18
Personal Pizza (V) Green Beans and Mushrooms (VE) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Honey Mustard Crispy Chicken Sandwich On a Pretzel Bun Roasted Dill Potatoes (VE) <i>Salad Bar</i> Leafy Green Bar	Three Cheese Grilled Cheese (V) BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Muffin (V) Ranchy Broccoli (VE) <i>Salad Bar</i> Rainbow Bar	Arroz Con Pollo Spanish Rice and Chicken Salsa (VE) Stewed Black Beans (VE) <i>Salad Bar</i> Fiesta Bar	Cowboy Veggie Burger (VE) Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar
Yom Kippur 21	22	23	24	25
Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Pizza Slice (V) Parmigiana Peas (V) Herbacious Corn (VE) <i>Salad Bar</i> Pizza Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) Or Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
28	29	30		
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Chicken Tenders with Dipping Sauce Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Black Bean Burger (VE) Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	• Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p>Milk 1% Low-Fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p>Pre-K – 8 with CEE Service Tuesday - Friday Options • Chicken Breaded Bite • Grab & Go Salad • Chicken Tender Wrap</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p>
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



SEPTEMBER 2026: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sunburst Chicken Wrap Kachumber (VE)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)
Labor Day 7	8	9	First Day Of School 10	11
Super Hero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chicken Tender Wrap Fresh Tomato Salad (V)	Tangy Tuna Wrap Colorful Green Bean Salad (V)	Crispy Chicken Sesame Noodle Bowl Asian Harvest Broccoli Salad (V)	Grab & Go Black Bean Salad (VE) Zesty Corn Salad (VE)
14	15	16	17	18
Caprese on Ciabatta (V) Savory Green Beans (VE)	Honey Mustard Crispy Chicken Wrap Pickle Potato Salad (V)	Hummus Grab & Go Salad (VE) Ranch Carrot Sticks (V)	Grilled Chipotle Chicken Wrap Black Bean Salad (VE)	Chicken Caesar Salad Broccoli Salad (V)
Yom Kippur 21	22	23	24	25
Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Herbalicious Corn Salad (VE)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Sunburst Chicken Wrap Kachumber (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)
28	29	30		
Super Hero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chicken Tender Wrap Fresh Tomato Salad (V)	Tangy Tuna Wrap Colorful Green Bean Salad (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

SEPTEMBER 2026: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V)	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)
Labor Day 7	8	9	First Day Of School 10	11
Sicilian Slice Pizza (V) Creamed Spinach (V) Roasted Chickpeas (VE)	Chicken Tenders with Dipping Sauce Garlic Knot (V) Parmesan Carrot Sticks (V)	Black Bean Burger (VE) Seasoned Wedge Fries (VE)	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V)	Empanada (V) Salsa (VE) Sweet Plantains (VE)
14	15	16	17	18
Sicilian Slice Pizza (V) Green Beans and Mushrooms (VE) Italian Chickpeas (VE)	Honey Mustard Crispy Chicken Sandwich on a Pretzel Bun Roasted Dill Potatoes (VE)	BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Muffin (V) Ranchy Broccoli (VE)	Arroz Con Pollo Spanish Rice and Chicken Salsa (VE) Stewed Black Beans (VE)	Cowboy Cheeseburger Sweet Potato Waffle Fries (VE)
Yom Kippur 21	22	23	24	25
Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)	Sicilian Slice Pizza (V) Parmigiana Peas (V) Herbalicious Corn (VE)	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V)	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)
28	29	30		
Sicilian Slice Pizza (V) Creamed Spinach (V) Roasted Chickpeas (VE)	Chicken Tenders with Dipping Sauce Garlic Knot (V) Parmesan Carrot Sticks (V)	Black Bean Burger (VE) Seasoned Wedge Fries (VE)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



SEPTEMBER 2026: Puree Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Sunburst Chicken</p> <p>Naan (VE)</p> <p>Roasted Carrot Coins (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>Homestyle Mashed Potato Bowl with Crispy Chicken Bites</p> <p>Confetti Corn (VE) Gravy (V)</p> <p>Buttermilk Biscuit (V)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Lentil Bolognese (VE) with Pasta Marinara (VE)</p> <p>Cauli-Crunchers (V)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Apple Glazed Grilled Chicken</p> <p>Harvest Butternut Squash Pasta (VE)</p> <p>Sweet and Tangy Braised Kale (V)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
Labor Day 7	8	9	First Day Of School 10	11
<p>Stuffed Shells (V) With Herbed Marinara</p> <p><i>Soft Roll (VE)</i></p> <p>Creamed Spinach (V)</p> <p>Roasted Chickpeas (VE)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Fish Nuggets with Tartar Sauce</p> <p>Garlic Knot (V)</p> <p>Parmesan Carrot Sticks (V)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>Black Bean Burger (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Sweet Ginger Grilled Chicken</p> <p>Garlic Noodles (VE)</p> <p>Steamed Garden Medley (V)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Empanada (V)</p> <p>Salsa (VE)</p> <p>Sweet Plantains (VE)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
14	15	16	17	18
<p>Stuffed Shells (V) With Herbed Marinara</p> <p><i>Soft Roll (VE)</i></p> <p>Green Beans and Mushrooms (VE)</p> <p>Italian Chickpeas (VE)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Honey Mustard Crispy Chicken Sandwich on a Pretzel Bun</p> <p>Roasted Dill Potatoes (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>BBQ Tofu (VE)</p> <p>Macaroni & Cheese (V)</p> <p><i>Honey Corn Muffin (V)</i></p> <p>Ranchy Broccoli (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Arroz Con Pollo Spanish Rice and Chicken</p> <p>Salsa (VE)</p> <p>Stewed Black Beans (VE)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Cowboy Cheeseburger</p> <p>Sweet Potato Waffle Fries (VE)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
Yom Kippur 21	22	23	24	25
<p>Lentil Bolognese (VE) with Pasta Marinara (VE)</p> <p>Cauli-Crunchers (V)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Stuffed Shells (V) With Herbed Marinara</p> <p><i>Soft Roll (VE)</i></p> <p>Parmigiana Peas (V)</p> <p>Herbalicious Corn (VE)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>Homestyle Mashed Potato Bowl with Crispy Chicken Bites</p> <p>Confetti Corn (VE) Gravy (V)</p> <p>Buttermilk Biscuit (V)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Sunburst Chicken</p> <p>Naan (VE)</p> <p>Roasted Carrot Coins (VE)</p> <p><i>Fruit Offering</i> Applesauce (VE)</p>	<p>Apple Glazed Grilled Chicken</p> <p>Harvest Butternut Squash Pasta (VE)</p> <p>Sweet and Tangy Braised Kale (V)</p> <p><i>Fruit Offering</i> Bananas (VE)</p>
28	29	30		
<p>Stuffed Shells (V) With Herbed Marinara</p> <p><i>Soft Roll (VE)</i></p> <p>Creamed Spinach (V)</p> <p>Roasted Chickpeas (VE)</p> <p><i>Fruit Offering</i> Flavored Applesauce (VE)</p>	<p>Fish Nuggets with Tartar Sauce</p> <p>Garlic Knot (V)</p> <p>Parmesan Carrot Sticks (V)</p> <p><i>Fruit Offering</i> Diced Pears (VE)</p>	<p>Black Bean Burger (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Fruit Offering</i> Sliced Peaches (VE)</p>	<p>Daily Lunch Specials</p> <ul style="list-style-type: none"> • Hummus and Soft Roll (VE) • 8 oz. Yogurt (V) • Tuna 	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

OFFERED DAILY

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p> <p>(V) Indicates Vegetarian (VE) Indicates Vegan</p>	<p>Options may vary by location</p> <p>Assorted Dressings</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p> <p>Other Fruits Applesauce, Sliced Peaches, Diced Pears, Pineapples</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

Available Daily Upon Request: Transitional, Thick Puree or Thin Puree

SEPTEMBER 2026: Infant - Toddler Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Sunburst Chicken</p> <p>Naan (VE)</p> <p>Roasted Carrot Coins (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Veggie Nuggets (VE)</p> <p>Mashed Potatoes (V) with Gravy (V)</p> <p>Dinner Roll (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Lentil Bolognese (VE) with Pasta Marinara (VE)</p> <p>Cauli-Crunchers (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Crispy Chicken Bites</p> <p>Harvest Butternut Squash Pasta (VE)</p> <p>Roasted Broccoli (VE)</p> <p>Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)</p>
Labor Day 7	8	9	First Day Of School 10	11
<p>Broccoli Cheddar Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Creamed Spinach (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Fish Sticks with Tartar Sauce</p> <p>Basil Parmesan Carrots (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Chicken Cheeseburger</p> <p>Seasoned Wedge Fries (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Chicken Tenders with Teriyaki Dipper</p> <p>Garlic Noodles (VE)</p> <p>Steamed Green Beans (V)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Bean & Cheese Taquito (V)</p> <p>Sweet Plantains (VE)</p> <p>Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)</p>
14	15	16	17	18
<p>Personal Pizza (V)</p> <p>Green Beans and Mushrooms (VE)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Crispy Chicken Sandwich on a Pretzel Bun</p> <p>Roasted Dill Potatoes (VE)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>BBQ Tofu (VE)</p> <p>Macaroni & Cheese (V)</p> <p>Ranchy Broccoli (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Arroz Con Pollo Spanish Rice and Chicken</p> <p>Stewed Black Beans (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Cowboy Cheeseburger</p> <p>Sweet Potato Waffle Fries (VE)</p> <p>Seasonal Fresh Fruit or Flavored Applesauce (VE) Milk (V)</p>
Yom Kippur 21	22	23	24	25
<p>Lentil Bolognese (VE) with Pasta Marinara (VE)</p> <p>Cauli-Crunchers (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Pizza Slice (V)</p> <p>Parmigiana Peas (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Veggie Nuggets (VE)</p> <p>Mashed Potatoes (V) with Gravy (V)</p> <p>Dinner Roll (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p>Sunburst Chicken</p> <p>Naan (VE)</p> <p>Roasted Carrot Coins (VE)</p> <p>Seasonal Fresh Fruit or Sliced Peaches (VE) Milk (V)</p>	<p>Crispy Chicken Bites</p> <p>Harvest Butternut Squash Pasta (VE)</p> <p>Roasted Broccoli (VE)</p> <p>Seasonal Fresh Fruit or Flavored Apple Sauce (VE) Milk (V)</p>
28	29	30		
<p>Broccoli Cheddar Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Creamed Spinach (V)</p> <p>Seasonal Fresh Fruit or Applesauce (VE) Milk (V)</p>	<p>Fish Sticks with Tartar Sauce</p> <p>Basil Parmesan Carrots (V)</p> <p>Seasonal Fresh Fruit or Diced Pears (VE) Milk (V)</p>	<p>Chicken Cheeseburger</p> <p>Seasoned Wedge Fries (VE)</p> <p>Seasonal Fresh Fruit or Diced Pineapples (VE) Milk (V)</p>	<p><i>Daily Lunch Specials</i></p> <ul style="list-style-type: none"> • Hot or Cold Cheese Sandwich (V) • Hummus and Soft Roll (VE) • 4 oz. Yogurt (V) • Tuna Sandwich 	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p>Milk* Whole Milk (V) *Alternative options are available upon request</p>	<p>ATTENTION:</p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p><u>Seasonal Fresh Fruit</u> Apple Slices, Bananas, Cantaloupe, Grapefruit, Honeydew, Nectarines, Oranges, Peaches, Plums, Strawberries, Watermelon (VE)</p> <p><u>Other Fruits</u> Applesauce, Sliced Peaches, Diced Pears, Pineapples</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available to children 12 to 23 months. Formula is to be provided by the parent.
Consistencies upon request: puree, mashed and finely chopped.

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SEPTEMBER 2026: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Sunburst Chickpeas (VE)</p> <p>Naan (VE)</p> <p>Roasted Carrot Coins (VE)</p> <p><i>Salad Bar</i> Eastern Harvest Bar</p>	<p>Homestyle Mashed Potato Bowl with Veggie Nuggets (VE)</p> <p>Confetti Corn (VE) Gravy (V)</p> <p>Buttermilk Biscuit (V)</p> <p><i>Salad Bar</i> Leafy Green Bar</p>	<p>Lentil Bolognese (VE) with Pasta Marinara (VE)</p> <p>Cauli-Crunchers (V)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>	<p>Three Bean Chili (VE)</p> <p>Harvest Butternut Squash Pasta (VE)</p> <p>Sweet and Tangy Braised Kale (V)</p> <p><i>Salad Bar</i> Rainbow Bar</p>
Labor Day 7	8	9	First Day Of School 10	11
<p>Broccoli Cheddar Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Creamed Spinach (V)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Mozzarella Sticks (V) with Herbed Marinara</p> <p>Parmesan Carrot Sticks (V)</p> <p><i>Salad Bar</i> Leafy Green Bar</p>	<p>Black Bean Burger (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings Bar</p>	<p>Veggie Nuggets (VE) with Teriyaki Dipper (VE)</p> <p>Garlic Noodles (VE)</p> <p>Steamed Garden Medley (V)</p> <p><i>Salad Bar</i> Zen & Zest Bar</p>	<p><i>Plastic Free Lunch Day</i></p> <p>Bean & Cheese Taquito (V)</p> <p>Empanada (V)</p> <p>Salsa (VE)</p> <p>Sweet Plantains (VE)</p> <p><i>Salad Bar</i> Plastic Free Bar</p>
14	15	16	17	18
<p>Personal Pizza (V)</p> <p>Green Beans and Mushrooms (VE)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Three Cheese Grilled Cheese (V)</p> <p>Roasted Dill Potatoes (VE)</p> <p><i>Salad Bar</i> Leafy Green Bar</p>	<p>BBQ Tofu (VE)</p> <p>Macaroni & Cheese (V)</p> <p><i>Honey Corn Muffin (V)</i></p> <p>Ranchy Broccoli (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p>Guisado Kidney Beans (VE)</p> <p>Spanish Rice (VE)</p> <p>Salsa (VE)</p> <p>Zesty Corn (VE)</p> <p><i>Salad Bar</i> Fiesta Bar</p>	<p>Cowboy Veggie Burger (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings Bar</p>
Yom Kippur 21	22	23	24	25
<p>Lentil Bolognese (VE) with Pasta Marinara (VE)</p> <p>Cauli-Crunchers (V)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>	<p>Pizza Slice (V)</p> <p>Parmigiana Peas (V)</p> <p>Herbalicious Corn (VE)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p>Homestyle Mashed Potato Bowl with Veggie Nuggets (VE)</p> <p>Confetti Corn (VE) Gravy (V)</p> <p>Buttermilk Biscuit (V)</p> <p><i>Salad Bar</i> Leafy Green Bar</p>	<p>Sunburst Chickpeas (VE)</p> <p>Naan (VE)</p> <p>Roasted Carrot Coins (VE)</p> <p><i>Salad Bar</i> Eastern Harvest Bar</p>	<p>Three Bean Chili (VE)</p> <p>Harvest Butternut Squash Pasta (VE)</p> <p>Sweet and Tangy Braised Kale (V)</p> <p><i>Salad Bar</i> Rainbow Bar</p>
28	29	30		
<p>Broccoli Cheddar Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Creamed Spinach (V)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Mozzarella Sticks (V) with Herbed Marinara</p> <p>Parmesan Carrot Sticks (V)</p> <p><i>Salad Bar</i> Leafy Green Bar</p>	<p>Black Bean Burger (VE)</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings Bar</p>	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Rainbow Wrap (VE)

<p>Milk</p> <p>1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V)</p> <p>Alternative options are available upon request</p>	<p>ATTENTION:</p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

- **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
- **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.



Office of Food & Nutrition Services

NYC Public Schools

SEPTEMBER 2026: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) Or Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
Labor Day 7	8	9	First Day Of School 10	11
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Chicken Tenders with Dipping Sauce Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Black Bean Burger (VE) Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V) <i>Salad Bar</i> Zen & Zest Bar	<i>Plastic Free Lunch Day</i> Bean & Cheese Taquito (V) Empanada (V) Salsa (VE) Sweet Plantains (VE) <i>Salad Bar</i> Plastic Free Bar
14	15	16	17	18
Personal Pizza (V) Green Beans and Mushrooms (VE) <i>Salad Bar</i> Pizza Bar	Honey Mustard Crispy Chicken Sandwich on a Pretzel Bun Roasted Dill Potatoes (VE) <i>Salad Bar</i> Leafy Green Bar	Three Cheese Grilled Cheese (V) BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Muffin (V) Ranchy Broccoli (VE) <i>Salad Bar</i> Rainbow Bar	Arroz Con Pollo Spanish Rice and Chicken Salsa (VE) Stewed Black Beans (VE) <i>Salad Bar</i> Fiesta Bar	Cowboy Veggie Burger (VE) Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar
Yom Kippur 21	22	23	24	25
Lentil Bolognese (VE) with Pasta Marinara (VE) Mozzarella Sticks (V) with Herbed Marinara Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Pizza Slice (V) Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar	Homestyle Mashed Potato Bowl with Veggie Nuggets (VE) Or Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Sunburst Chicken Sunburst Chickpeas (VE) Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
28	29	30		
Broccoli Cheddar Pizza (V) French Bread Pizza (V) Creamed Spinach (V) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Chicken Tenders with Dipping Sauce Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Black Bean Burger (VE) Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Grab and Go Salads • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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• Vegetarian Item (V): A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.


SEPTEMBER 2026: High School Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sunburst Chicken Wrap Kachumber (VE)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)
Labor Day 7	8	9	First Day Of School 10	11
Super Hero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chicken Tender Wrap Fresh Tomato Salad (V)	Tangy Tuna Wrap Colorful Green Bean Salad (V)	Crispy Chicken Sesame Noodle Bowl Asian Harvest Broccoli Salad (V)	Grab & Go Black Bean Salad (VE) Zesty Corn Salad (VE)
14	15	16	17	18
Caprese on Ciabatta (V) Savory Green Beans (VE)	Honey Mustard Crispy Chicken Wrap Pickle Potato Salad (V)	Hummus Grab & Go Salad (VE) Ranch Carrot Sticks (V)	Grilled Chipotle Chicken Wrap Black Bean Salad (VE)	Chicken Caesar Salad Broccoli Salad (V)
Yom Kippur 21	22	23	24	25
Lemon & Herb Lentil Grab & Go Salad (VE) Cauliflower Salad (VE)	Hummus and Pretzels (VE), Peanut Butter and/or Sunflower Seed Butter & Jelly (VE) Herbalicious Corn Salad (VE)	Chicken Breaded Bite Grab & Go Salad Carrot Sticks (VE)	Sunburst Chicken Wrap Kachumber (VE)	Chicken Salad Hoagie Kid Friendly Kale Salad (V)
28	29	30		
Super Hero Spinach Wrap (V) Balsamic Chickpea Salad (V)	Chicken Tender Wrap Fresh Tomato Salad (V)	Tangy Tuna Wrap Colorful Green Bean Salad (V)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

DAILY OFFERINGS

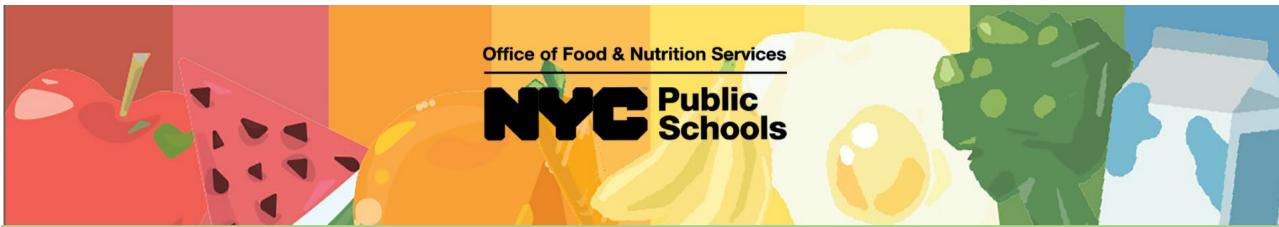
Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Cheese Sandwich (V) • Rainbow Wrap (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Assorted Dressings</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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SEPTEMBER 2026: High School Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)</p>	<p>Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V)</p>	<p>Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)</p>	<p>Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)</p>
Labor Day 7	8	9	First Day Of School 10	11
<p>Sicilian Slice Pizza (V) Roasted Chickpeas (VE)</p>	<p>Chicken Tenders with Dipping Sauce Garlic Knot (V) Parmesan Carrot Sticks (V)</p>	<p>Black Bean Burger (VE) Seasoned Wedge Fries (VE)</p>	<p>Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V)</p>	<p>Empanada (V) Salsa (VE) Super Hero Spinach (VE)</p>
14	15	16	17	18
<p>Sicilian Slice Pizza (V) Green Beans and Mushrooms (VE) Italian Chickpeas (VE)</p>	<p>Honey Mustard Crispy Chicken Sandwich on a Pretzel Bun Roasted Dill Potatoes (VE)</p>	<p>BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Muffin (V) Ranchy Broccoli (VE)</p>	<p>Arroz Con Pollo Spanish Rice and Chicken Salsa (VE) Stewed Black Beans (VE)</p>	<p>Cowboy Cheeseburger Sweet Potato Waffle Fries (VE)</p>
Yom Kippur 21	22	23	24	25
<p>Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V)</p>	<p>Sicilian Slice Pizza (V) Parmigiana Peas (V)</p>	<p>Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V)</p>	<p>Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE)</p>	<p>Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V)</p>
28	29	30		
<p>Sicilian Slice Pizza (V) Roasted Chickpeas (VE)</p>	<p>Chicken Tenders with Dipping Sauce Garlic Knot (V) Parmesan Carrot Sticks (V)</p>	<p>Black Bean Burger (VE) Seasoned Wedge Fries (VE)</p>		<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

DAILY OFFERINGS

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) 	<ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p>Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) Alternative options are available upon request</p>	<p>ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p>Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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SEPTEMBER 2026: Food Court Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
Labor Day 7	8	9	10	11
Empanada (V) Super Hero Spinach (VE) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	Sweet Ginger Chicken Garlic Noodles (VE) Steamed Garden Medley (V) <i>Salad Bar</i> Zen & Zest Bar	Bean & Cheese Taquito (V) Salsa (VE) Sweet Plantains (VE) <i>Salad Bar</i> Fiesta Bar
14	15	16	17	18
Three Cheese Grilled Cheese (V) Green Beans and Mushrooms (VE) <i>Salad Bar</i> Pizza Bar	Honey Mustard Crispy Chicken Sandwich On a Pretzel Bun Roasted Dill Potatoes (VE) <i>Salad Bar</i> Leafy Green Bar	BBQ Tofu (VE) Macaroni & Cheese (V) Honey Corn Muffin (V) Ranchy Broccoli (VE) <i>Salad Bar</i> Rainbow Bar	Arroz Con Pollo Spanish Rice and Chicken Salsa (VE) Stewed Black Beans (VE) <i>Salad Bar</i> Fiesta Bar	Cowboy Cheeseburger Sweet Potato Waffle Fries (VE) <i>Salad Bar</i> Classic Toppings Bar
Yom Kippur 21	22	23	24	25
Lentil Bolognese (VE) with Pasta Marinara (VE) Cauli-Crunchers (V) <i>Salad Bar</i> Mediterranean Bar	Veggie Nuggets (VE) with Dipping Sauce Parmigiana Peas (V) <i>Salad Bar</i> Pizza Bar	Homestyle Mashed Potato Bowl with Crispy Chicken Bites Confetti Corn (VE) Gravy (V) Buttermilk Biscuit (V) <i>Salad Bar</i> Leafy Green Bar	Sunburst Chicken Naan (VE) Roasted Carrot Coins (VE) <i>Salad Bar</i> Eastern Harvest Bar	Apple Glazed Chicken Harvest Butternut Squash Pasta (VE) Sweet and Tangy Braised Kale (V) <i>Salad Bar</i> Rainbow Bar
28	29	30		
Empanada (V) Super Hero Spinach (VE) <i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)	Fish Sticks with Tartar Sauce Garlic Knot (V) Parmesan Carrot Sticks (V) <i>Salad Bar</i> Leafy Green Bar	Chicken Cheeseburger Seasoned Wedge Fries (VE) <i>Salad Bar</i> Classic Toppings Bar	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

DAILY OFFERINGS				
Monday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads (V) • Pizza (V) • Seasoned Wedge Fries (VE)	Tuesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Empanada (V) • Seasoned Wedge Fries (VE)	Wednesday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Tuna Sandwich • Pizza (V) • Chicken Bites & Dinner Roll • Seasoned Wedge Fries (VE)	Thursday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap • Grab and Go Salads • Chicken Tenders & Dinner Roll • Mozzarella Sticks (V) • Empanada (V) • Seasoned Wedge Fries (VE)	Friday • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Grab and Go Salads • Tuna Sandwich • Pizza (V) • Chicken Bites & Dinner Roll • Seasoned Wedge Fries (VE)

On designated Plant-Powered Menu days; meat-based products will not be offered.

<p style="text-align: center;">Milk 1% Low-fat (V) Fat Free (V) Fat Free Chocolate (V) <small>Alternative options are available upon request</small></p>	<p style="text-align: center;">ATTENTION: All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p style="text-align: center;">OFNS Menu Support Seasonal Fresh Fruit and Vegetables when available</p>	<p style="text-align: center;">Seasonal Fresh Fruit Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)</p>
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SEPTEMBER 2026: After School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Berry Toasted Oats (VE) Milk (V)
Labor Day 7	8	9	First Day Of School 10	11
Croissant (V) with Jelly (VE) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Colby Jack Cheese Stick (V) Fresh Fruit (VE)	Apple Slices (VE) Peanut Butter (VE)	Yogurt Choice (V) Blueberry Granola (V)
14	15	16	17	18
Crispy Tortilla (VE) Salsa (VE)	Honey Roasted Sunflower Seeds (V) Fresh Fruit (VE)	Cinnamon Vanilla Granola (VE) Milk (V)	Animal Crackers (VE) Fresh Fruit (VE)	Crunchy Carrot Sticks (VE) Hummus Cup (VE)
Yom Kippur 21	22	23	24	25
Cereal with Oat Clusters (V) Milk (V)	Heart Shaped Pretzels (VE) Hummus Cup (VE)	Honey Graham Crackers (V) Milk (V)	Cheddar Cheese Stick (V) Fresh Fruit (VE)	Berry Toasted Oats (VE) Milk (V)
28	29	30		
Croissant (V) with Jelly (VE) Milk (V)	Honey Graham Biscuits (V) Milk (V)	Colby Jack Cheese Stick (V) Fresh Fruit (VE)	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

All Fruit Offerings are 1 cup

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

SEPTEMBER 2026: After School Infant - Toddler Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Berry Toasted Oats (VE) Milk (V)
Labor Day 7	8	9	First Day Of School 10	11
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
14	15	16	17	18
Animal Crackers (VE) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)	Cucumber Slices (VE) Tzatziki (V)	Berry Toasted Oats (VE) Milk (V)
Yom Kippur 21	22	23	24	25
Soft Roll (VE) Hummus Cup (VE)	Croissant (V) Diced Peaches (VE)	Toasted Oats (VE) Milk (V)	Yogurt Choice (V) Diced Pineapples (VE)	Fresh Banana (VE) Milk (V)
28	29	30		
Animal Crackers (VE) Milk (V)	Yogurt Choice (V) Diced Pears (VE)	Apple Slices (VE) Milk (V)		WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

<p>Milk Whole Milk (V) Alternative options are available upon request</p>	<p>OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available</p>	<p><u>Seasonal Fresh Fruit</u> Apple Slices, Bananas, Cantaloupe, Grapefruit, Honeydew, Nectarines, Oranges, Peaches, Plums, Strawberries, Watermelon (VE)</p> <p><u>Other Fruits</u> Applesauce, Sliced Peaches, Diced Pears, Pineapples</p>	<p>OFNS has an extensive Prohibitive Ingredients List available at:</p> 
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PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 23 months. Formula is to be provided by the parent.

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SEPTEMBER 2026: After School Cold Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	BBQ Crispy Chicken Wrap Pickle Potato Salad (V) Fruit Offering Apples	Cilantro Pinto Bean Wrap (VE) Green Garden Salad (VE) Fruit Offering Bananas	Crispy Chicken Grab & Go Pasta Salad Broccoli Salad (V) Fruit Offering Green Grapes	Greek Lemon Chicken Pita Deluxe with Taziki Sauce Mediterranean Zucchini and Tomato Salad (VE) Fruit Offering Pears
Labor Day 7	8	9	First Day Of School 10	11
Caesar Veggie Nugget Wrap (V) Savory Green Beans (VE) Fruit Offering Grapefruit	Chicken Breaded Bite Grab & Go Salad Confetti Corn Salad (VE) Fruit Offering Oranges	Chipotle Chicken Wrap Black Bean Salad (VE) Fruit Offering Red Grapes	Chicken Salad Hoagie Classic Potato Salad (V) Fruit Offering Honeydew	Hummus Grab & Go Salad (VE) Kachumber (VE) Fruit Offering Apple Slices
14	15	16	17	18
Black Bean Salad Wrap (VE) Zesty Corn Salad (VE) Fruit Offering Oranges	Curried Chicken Wrap Kid Friendly Kale Salad (V) Fruit Offering Cantaloupe	Taco Spiced Chicken Bite Grab & Go Salad Fresh Cilantro Healthy Coleslaw (V) Fruit Offering Green Grapes	Classic Tuna on Ciabatta Bruschetta Tomato Salad (V) Fruit Offering Apple Slices	Asian Sesame Grilled Chicken Grab & Go Salad Asian Cucumber Salad (VE) Fruit Offering Watermelon
Yom Kippur 21	22	23	24	25
Red White & Green Panini (V) Pickle Potato Salad (V) Fruit Offering Strawberries	BBQ Crispy Chicken Wrap Marinated Bean Salad (VE) Fruit Offering Apples	Cilantro Pinto Bean Wrap (VE) Green Garden Salad (VE) Fruit Offering Bananas	Crispy Chicken Grab & Go Pasta Salad Broccoli Salad (V) Fruit Offering Green Grapes	Greek Lemon Chicken Pita Deluxe with Taziki Sauce Mediterranean Zucchini and Tomato Salad (VE) Fruit Offering Pears
28	29	30		
Caesar Veggie Nugget Wrap (V) Savory Green Beans (VE) Fruit Offering Grapefruit	Chicken Breaded Bite Grab & Go Salad Confetti Corn Salad (VE) Fruit Offering Oranges	Chipotle Chicken Wrap Black Bean Salad (VE) Fruit Offering Red Grapes	Daily Super Specials • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) Options may vary by location	WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
 Fat Free Chocolate (V)
 Alternative options are available upon request

OFNS Menu Support
 Seasonal Fresh Fruit and Vegetables
 when available

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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SEPTEMBER 2026: After School Hot Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Apples</p>	<p>Pesto Pizza (V)</p> <p>Crispy Broccoli (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Bananas</p>	<p>BBQ Crispy Chicken Sandwich</p> <p>Baked Beans (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Green Grapes</p>	<p>Three Bean Chili Cheese Fries (V)</p> <p>Corn Bread (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Pears</p>
Labor Day 7	8	9	First Day Of School 10	11
<p>Mozzarella Sticks (V) with Herbed Marinara</p> <p>Pizzalicious Green Beans (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Grapefruit</p>	<p>Chipotle Garden Wrap (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Oranges</p>	<p>Hot Honey Pizza (V)</p> <p>Garbanzo Beans and Diced Tomatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Red Grapes</p>	<p>Crispy Chicken Bites</p> <p>Onion Rings (VE)</p> <p>Lemon & Chive Peas (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Honeydew</p>	<p>Spicy Crispy Chicken Sandwich</p> <p>Mashed Potatoes (V) with Gravy (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Apple Slices</p>
14	15	16	17	18
<p>Black Bean Burger (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Oranges</p>	<p>Fish Nuggets with Dipping Sauce</p> <p>Dinner Roll (VE)</p> <p>Zesty Corn (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Cantaloupe</p>	<p>Bruschetta Pizza (V)</p> <p>Roasted Zucchini and Tomatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Green Grapes</p>	<p>Chicken Tenders with Dipping Sauce</p> <p>Honey & Herb Knot (V)</p> <p>Rainbow Spinach (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Apple Slices</p>	<p>Hawaiian Chicken on Ciabatta</p> <p>Colorful Green Beans (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Watermelon</p>
Yom Kippur 21	22	23	24	25
<p>Empanada (V)</p> <p>Gaucamole (VE)</p> <p>Cinnamon Plantains (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Strawberries</p>	<p>Hamburgers Whole Wheat Bun Cheeseburgers Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Apples</p>	<p>Pesto Pizza (V)</p> <p>Crispy Broccoli (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Bananas</p>	<p>BBQ Crispy Chicken Sandwich</p> <p>Baked Beans (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Green Grapes</p>	<p>Three Bean Chili Cheese Fries (V)</p> <p>Corn Bread (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Pears</p>
28	29	30		
<p>Mozzarella Sticks (V) with Herbed Marinara</p> <p>Pizzalicious Green Beans (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Grapefruit</p>	<p>Chipotle Garden Wrap (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Oranges</p>	<p>Hot Honey Pizza (V)</p> <p>Garbanzo Beans and Diced Tomatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Red Grapes</p>	<p>Daily Super Specials</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) <p>Options may vary by location</p>	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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SEPTEMBER 2026: After School Vegetarian Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<p>Veggie Burgers (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Apples</p>	<p>Pesto Pizza (V)</p> <p>Crispy Broccoli (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Bananas</p>	<p>Homemade Grilled Cheese (V)</p> <p>Baked Beans (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Green Grapes</p>	<p>Chipotle Garden Wrap (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Pears</p>
Labor Day 7	8	9	First Day Of School 10	11
<p>Super Hero Spinach Wrap (V)</p> <p>Mashed Potatoes (V) with Gravy (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Grapefruit</p>	<p>Three Bean Chili Cheese Fries (V)</p> <p>Corn Bread (V)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Oranges</p>	<p>Hot Honey Pizza (V)</p> <p>Garbanzo Beans and Dice Tomatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Red Grapes</p>	<p>Southwest Burrito (V)</p> <p>Onion Rings (VE)</p> <p>Seasoned Peas (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Honeydew</p>	<p>Mozzarella Sticks (V) with Herbed Marinara</p> <p>Pizzalicious Green Beans (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Apple Slices</p>
14	15	16	17	18
<p>Black Bean Burger (VE)</p> <p>Sweet Potato Waffle Fries (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Oranges</p>	<p>Veggie Nuggets (VE) with Dipping Sauce</p> <p>Dinner Roll (VE)</p> <p>Zesty Corn (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Cantaloupe</p>	<p>Bruschetta Pizza (V)</p> <p>Roasted Zucchini and Tomatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Green Grapes</p>	<p>Stuffed Shells (V) With Herbed Marinara</p> <p>Honey & Herb Knot (V)</p> <p>Rainbow Spinach (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Apple Slices</p>	<p>Fiesta Quesadilla (V)</p> <p>Salsa (VE)</p> <p>Colorful Green Beans (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Watermelon</p>
Yom Kippur 21	22	23	24	25
<p>Empanada (V)</p> <p>Gaucamole (VE)</p> <p>Cinnamon Plantains (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Strawberries</p>	<p>Veggie Burgers (VE) Whole Wheat Bun Veggie Cheeseburgers (V) Whole Wheat Bun</p> <p>Seasoned Wedge Fries (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Apples</p>	<p>Pesto Pizza (V)</p> <p>Crispy Broccoli (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Bananas</p>	<p>Homemade Grilled Cheese (V)</p> <p>Baked Beans (VE)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Green Grapes</p>	<p>Chipotle Garden Wrap (V)</p> <p>Spiced Sweet Potatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Pears</p>
28	29	30		
<p>Super Hero Spinach Wrap (V)</p> <p>Mashed Potatoes (V) with Gravy (V)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Grapefruit</p>	<p>Three Bean Chili Cheese Fries (V)</p> <p>Corn Bread (V)</p> <p>Mixed Greens Salad (V)</p> <p>Fruit Offering Oranges</p>	<p>Hot Honey Pizza (V)</p> <p>Garbanzo Beans and Dice Tomatoes (VE)</p> <p>Green Garden Salad (VE)</p> <p>Fruit Offering Red Grapes</p>	<p><i>Daily Supper Specials</i></p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hot or Cold Cheese Sandwich (V) • Hummus and Pretzel Grab & Go (VE) <p>Options may vary by location</p>	<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

OFFERED DAILY

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

OFNS Menus Support Seasonal Fresh Fruit and Vegetables when available

Assorted Dressings

Seasonal Fresh Fruit
Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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Office of Food & Nutrition Services




SEPTEMBER 2026: Saturday Cold Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
<p>Yogurt Choice (V)</p> <p>Apples (VE)</p>	<p>Blueberry Muffin (V)</p> <p>Milk (V)</p>	<p>Croissant (V) with Jelly (VE)</p> <p>Oranges (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Milk (V)</p>	
				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are available upon request

Seasonal Fresh Fruit
 Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.

SEPTEMBER 2026: Saturday Hot Morning Snack Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
<p>Buttermilk Pancakes (V)</p> <p>Apples (VE)</p>	<p>Rise and Shine Waffles (V)</p> <p>Milk (V)</p>	<p>French Toast Sticks (V)</p> <p>Oranges (VE)</p>	<p>Sweet Potato Oatmeal Muffin (V)</p> <p>Milk (V)</p>	
				<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

Milk
 1% Low-fat (V)
 Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are available upon request

Seasonal Fresh Fruit
 Apples, Apple Slices, Bananas, Blueberries, Cantaloupe, Grapefruit, Grapes, Honeydew, Nectarines, Oranges, Peaches, Pears, Plums, Strawberries, Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



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Office of Food & Nutrition Services



SEPTEMBER 2026: Saturday Cold Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
Assorted Cold Sandwiches and Wraps Seasoned Corn (VE) Oranges (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Classic Potato Salad (V) Green Grapes (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Ranch Carrot Snackers (V) Pears (VE) Milk (V)	Assorted Cold Sandwiches and Wraps Broccoli Salad (V) Apple Slices (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are available upon request

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices,
 Bananas, Blueberries,
 Cantaloupe, Grapefruit,
 Grapes, Honeydew,
 Nectarines, Oranges,
 Peaches, Pears, Plums,
 Strawberries,
 Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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SEPTEMBER 2026: Saturday Hot Lunch Menu

Saturday	Saturday	Saturday	Saturday	Saturday
5	12	19	26	
Chicken Tenders Garlic Knot (V) Confetti Corn (VE) Oranges (VE) Milk (V)	Hamburgers & Cheeseburgers Seasoned Wedge Fries (VE) Green Grapes (VE) Milk (V)	Mozzarella Sticks (V) with Herbed Marinara Crispy Broccoli (V) Pears (VE) Milk (V)	Chicken Bites Dinner Roll (VE) Herb Roasted Potatoes (VE) Apple Slices (VE) Milk (V)	
				WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

OFFERED DAILY

Milk
 1% Low-fat (V)
 Fat Free (V)
Fat Free Chocolate (V)
 Alternative options are available upon request

Assorted Dressings

Seasonal Fresh Fruit
 Apples, Apple Slices,
 Bananas, Blueberries,
 Cantaloupe, Grapefruit,
 Grapes, Honeydew,
 Nectarines, Oranges,
 Peaches, Pears, Plums,
 Strawberries,
 Watermelon (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
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